recharge

WOMEN OF INFLUENCE

FEBRUARY 7 - 9, 2024

FEB 7	ACTIVITY	HOST
2:00 PM	**Poolside Peace** Wind down from the last three days beside the pool with our retreat guests. Appetizers & drinks will be available.	Emma Fox
6:00 PM	**Welcome Reception & Dinner** Toast to the kick-off of the first ReCharge Retreat with your fellow women of influence followed by a group dinner.	Megan Chiarello
8:00 PM	**Values Vault** A group exercise in sharing our values and honing in on what drives and inspires us in our professional and personal lives.	Sarah Taylor

FEB 8	ACTIVITY	HOST
8:00 AM	**Yoga & Meditation** Start the day with a calm mind and limber body.	Yoga Instructor
9:00 AM	**Breakfast & Bevvies** A healthy and nourishing breakfast will be served with optional bloody marys, mimosas, & non-alcoholic options.	Emma Fox
10:00 AM	**Spa Services & Socializing** Complimentary 60 minute massage or facial & connecting in the women's lounge.	Alexandra Griffin

FEB 8	ACTIVITY	HOST
2:00 PM	**Intention Setting Workgroup** Work through setting intentions for the year ahead and assign our accountability buddies. Workbook provided.	Megan Chiarello
4:00 PM	**Break** Go ahead and get gussied up for Ladies Night Out in Old San Juan!	YOU!
6:00 PM	**Ladies Night Out** Join us in Old San Juan for music, dancing, & rum tasting. Transportation provided. *(Shuttle returns to hotel at 10 PM)*	Emma Fox & Megan Chiarello
10:00 PM	**Night Caps** Still got juice? Gather in the beachside terrace to wind down for a good nights sleep.	Emma Fox & Megan Chiarello

FEB 9	ACTIVITY	HOST
8:00 AM	**Yoga & Meditation** Start the last day with a calm mind and limber body.	Yoga Instructor
9:00 AM	**Breakfast** Grab something nutritious before we head into the last activity of the retreat.	Emma Fox
10:00 AM	**Healing Circle** Bring your whole heart to our healing circle and allow your fellow women of influence to hold your space.	Megan Chiarello
12:00 PM	**Farewells** We'll send you off with a special keepsake of your time with women of influence before we depart for home.	Emma Fox & Megan Chiarello