



## **Winter 2026 Package Deals**

**1- 1 hour Personal Training Session \$85**

**1- “In Home” 1 hour Personal Training Session \$95**

**10- 1 Hour Personal Training Sessions \$750**

**10- 1 Hour “In Home” Personal Training Sessions \$850**

**Four Seasons Fitness Center, 1- 45 minute Session \$75**

**Four Seasons Fitness Center, 10- 45 minute Sessions \$650**

**Walter- Personal Training Folsom (714) 916-3422**