



WHEN SHOULD YOUR CHILD HAVE THEIR FIRST EYE CHECKUP?

Recommended Eye Checkups



Birth to 3 Years

(At least one vision screening)

To detect early eye problems and abnormalities in visual development.



3-5 Years

(At least one comprehensive eye examination)

To identify refractive errors, squint and amblyopia (lazy eye).



5-8 Years

(At least one comprehensive eye examination)

To detect vision problems that may affect learning and visual development.



Ongoing

Every Years

(Regular follow-ups as advised by an eye care specialist)

To monitor vision changes and detect emerging eye problems early.



Children don't always know how "NORMAL" vision is supposed to feel.

If they're struggling to see the blackboard or read a book, they might assume it's normal. That's why regular pediatric eye exams are key.