

Broccoli Salad



SERVINGS: 4-6

INGREDIENTS:

2 MEDIUM HEADS BROCCOLI

2 APPLES

LEMON JUICE

1 CARROT

1 CUP BLUEBERRIES

1 CUP DRIED CRANBERRIES

1 CUP SUNFLOWER SEEDS

1 CUP PECANS

1 PACKAGE (2 1/2 OUNCES) REAL BACON PIECES

DRESSING:

1 CUP MAYONNAISE

1/3 CUP MILK

1/3 CUP APPLE CIDER VINEGAR

2/3 CUP SUGAR

2 TABLESPOONS POPPY SEEDS

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salad ideas.

PREPARATION:

Coarsely chop broccoli and place in large bowl. Coarsely chop apples and brush with lemon juice to prevent browning; add to bowl. Shred carrot and add to bowl with blueberries, cranberries, sunflower seeds, pecans and bacon.

To make dressing: Mix mayonnaise, milk, apple cider vinegar, sugar and poppy seeds. Pour over broccoli salad and mix well.