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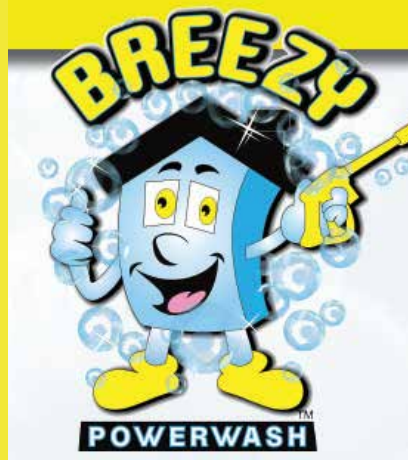
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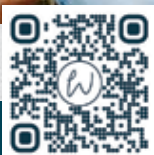
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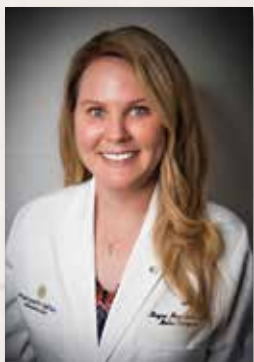
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RESCUED HISTORY

Local resident saves vintage Spring Hill keepsakes from the dumpster

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Event in Spring Hill will showcase local businesses and organizations



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ON THE COVER *Although Maury County is experiencing rapid growth, there are still plenty of backroads to enjoy a scenic drive. Photo by Robbie Mathis*

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Wesley Marshall displays vintage items he saved from being discarded. Photography by Michael Tedesco

A RESCUE OF FAMILY HEIRLOOMS

JASON ZASKY

"I grew up in Spring Hill but went to college at MTSU and lived in Murfreesboro for 15 years before moving back in 2016. Not long afterward, I got into metal detecting, which I was doing at places around town, including White Hall," begins Wesley Marshall, referring to the two-story historic mansion on Duplex Road, which was built for surgeon Dr. Aaron White in 1844.

"In 2018, I found a Civil War period belt buckle under the back porch of White Hall," he continues. This was Marshall's first connection to the famous residence, which sits on 30 acres and has been on the National Register of Historic Places since the spring of 1984.

After the house changed ownership, Marshall, a sales manager for Mt. Juliet-based Quality Roofing, Restoration & Construction, went back to see if he could get permission from the new owner to continue metal detecting on the property.

He happened to pull up the driveway on a day in which the house was being renovated, and the construction crew was "throwing away Antebellum period items. They were tossing them into a dumpster," says Marshall, getting agitated at the thought, before noting that an 1850s piano would be next to get trashed—if he didn't intervene.

"I said, 'Don't throw it away, I'll come get it,'" recalls Marshall, speaking of what turned out to be an 1855 Bradbury square grand. But that was just the first of many historical treasures that

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Photography by Michael Tedesco



< FROM PAGE 8

Marshall would rescue, as he offered to buy—sight unseen—all the White family heirlooms that the renovators had found in the house, which were stored in a half-dozen cardboard boxes.

“I could tell the boxes were really old, that the cardboard was from the early 1900s. When I got home, I started unpacking and could not believe what was in there, including a wedding dress from 1854, in the original box from Paris. Everything was labeled—identifying what it was and who it belonged to in the White family,” says Marshall.

“There were five or six silk dresses, a couple silk shawls, and several bonnets, including a bonnet from the 1700s. There were also two samplers, one from the early 1800s and one by Margaret Fain White (Dr. Aaron White’s wife) from November 1842,” he adds, with samplers being a piece of embroidery or cross-stitching

that demonstrates skill in needlework.

“It was something cherished for a young woman to have a sampler,” explains Marshall, who calls the collection of heirlooms “priceless,” at least to him.

Marshall says he expects to hold onto the collection for the foreseeable future, and has done his best to properly store the items, having re-wrapped everything in acid-free tissue paper. Yet he is not opposed to finding a new, permanent home for the collection.

In the meantime, Marshall says he hopes his story reminds locals that there’s a lot of history in Maury County—some of it waiting to be discovered, or re-discovered.

“It lets people know that Spring Hill still has history that hasn’t been destroyed,” he concludes.

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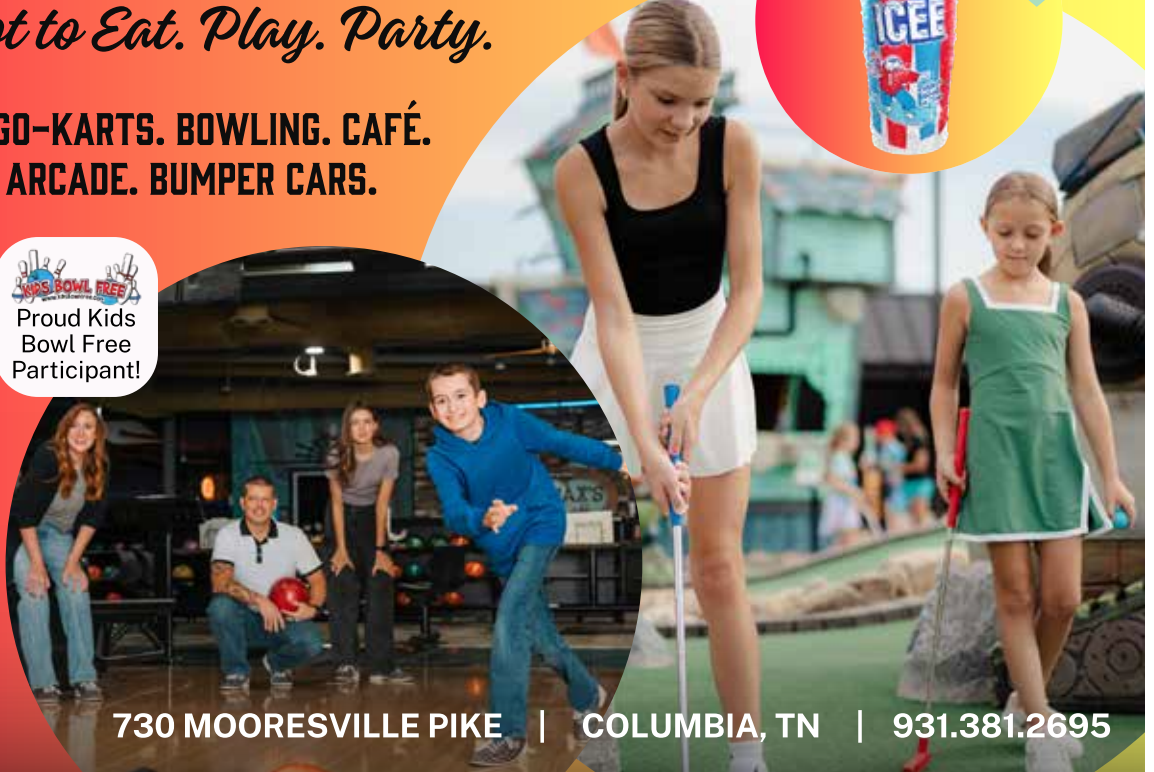
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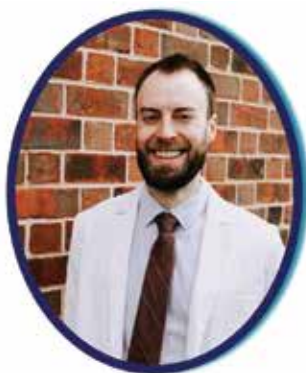
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Caring Hearts Home Healthcare owner Kelly Dobson. Photography by Michael Tedesco

CARE FROM THE HEART

JASON ZASKY

“My grandmother and mother started Caring Hearts,” begins owner Kelly Dobson, reflecting on how the family’s personal experience inspired them to launch the business. “My great-grandmother had asked to stay at home until the very end (of her life), so my grandmother and her siblings took turns taking care of her, even as they continued to work full-time and care for their own families. But after months and months, my grandmother was exhausted, and she thought there had to be a better solution.”

Indeed, Dobson’s grandmother had a better solution: providing in-home care services for older adults and the disabled, as well as individuals in need of temporary care. Caring Hearts now serves clients in Maury, Lawrence, and Williamson counties, as well as Wayne, Hickman, Marshall, and Giles counties.

“We can come in as little as one day a week for four hours, and we can provide as many hours as a client needs,” explains Dobson. “We can help with light housecleaning, do laundry, run errands, and go pick up groceries and prescriptions. We can help with bath assistance—from supervision to being completely hands-on—and sometimes we help get our clients to medical appointments. We can also be there for companionship. If someone doesn’t need the other services but just wants someone to talk to or do crosswords with, we can provide that too.”

Dobson says that most of Caring Hearts’ clients simply want to remain in their own home and don’t want to—or simply aren’t ready—to go into a nursing home or assisted living facility.

“But we also help with short-term clients, like when family members are going on vacation for a week or two and they need someone to handle the caregiving tasks they normally do. Then

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Photo provided

< FROM PAGE 16

there are those who have recently had surgery and need someone to help them with meals or bath assistance and things like that,” she adds. Dobson’s caregivers—a team of 35—are sometimes hired to go into nursing homes and assisted living facilities when client families feel their loved one needs companionship, or more care than the facility is providing.

We have ten employees who have been with us for three-plus years, five who have been with us from five to seven years, and one who has been with us for 14 years. In this kind of business, there is typically a lot of turnover, but we have dedicated and committed employees who have stuck with us,” relates Dobson, who has worked hard to create a family-like atmosphere for her team.

“When I became owner, I told God I would be His hands and His feet for His company—that this was His company. And that I wanted to honor Him in everything we do at Caring Hearts. We treat our employees like they are family,” she adds. “It’s not about the numbers for us. We are not here to get rich, because this is not the field for that. Our caregivers know they can make more money

(elsewhere), but they are loyal because they have a heart to do this.”

Dobson says it’s especially gratifying to hear from appreciative clients, who are happy they can remain in their own homes.

“We also hear testimonials from family members who are relieved that they don’t have to come in every single day to help (their loved ones). And then witness our clients and their family members saying how grateful they are for our caregivers. They become like family to the clients,” she adds.

It’s a sentiment that fits in well with the positive energy of Columbia and the rest of Middle Tennessee.

“Everyone works together here, even similar companies that you might call competitors,” concludes Dobson. “I don’t consider them competitors because we are all in this together for one goal: to help the community and to deliver the services that are needed.”

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THE SPRING HILL EXPERIENCE

PAM WINDSOR

Be sure to mark your calendars for the third Saturday in June. It's that time of year when residents, visitors, and local business owners come together to get to know and celebrate all Spring Hill has to offer.

The annual "Experience Spring Hill, The Event" is set for Saturday, June 21st at Battle Creek High School at 130 Battle Creek Way, in Spring Hill. It's family-friendly and has something for everybody. There will be food, entertainment, interactive events for the kids, and exhibits and demonstrations from dance studios, gyms, and more.

"We describe it as business expo meets community festival," says Jill Murrah with the Spring Hill Chamber of Commerce, Project Manager of this year's event. "There are family fun activities, prizes and giveaways, and performances, but it's also a business expo where companies set up their display tables and you can walk around like it's a mini-Spring Hill."

In years past, it's been held at Summit High School and Spring Hill High School, but this summer the spotlight is on the area's newest high school. The Battle Creek High School Band and Cheer Team will kick things off on their home turf with a performance when the doors open at 10 am.

"We have one entrance this year, so everyone starts at the same spot," Murrah says. "You'll walk in, receive a bag from our presenting sponsor, TriStar Spring Hill ER, then walk around and talk with businesses, see your neighbors, and just have a great time."

More than 140 businesses will be on hand to highlight what they do. Each will have their own booths with representatives ready to demonstrate their services and/or products, get to know current and potential customers, and answer questions. And with so many different vendors, you can expect a variety of setups and displays.

"A lot of our vendors go above and beyond in getting their booths set up," says Murrah, "and always have cool, fun things they're bringing and adding."

Among the many attractions, there will be a food court featuring local cuisine, a City of Spring Hill informative area, and a Tennessee Travels showcase, highlighting some of the best tourist spots to visit.

Kids will have a good time with everything from face painting and balloon art, to games, to getting to see some of their favorite "superhero" and "celebrity" characters.

Murrah says this easy-going, hassle-free gathering is an excellent way for the community to connect.

"I love how residents and visitors can actually meet the people behind the businesses. And the business owners get to meet customers face-to-face, so it really creates a relationship between the two. Most of us like doing business with people we know."

It's a popular event that tends to draw bigger crowds every year. It goes from 10 am to 2 pm this year, and admission is free.

To learn more, visit
experiencespringhill.com/experience-spring-hill-event.

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CITY OF COLUMBIA CELEBRATES MAYOR'S YOUTH COUNCIL GRADUATION; RIVERWALK PARK SIGNAGE UNVEILING TO SHOWCASE STUDENT PROJECT

The City of Columbia is proud to announce the graduation of the 2024–25 Columbia Mayor's Youth Council.

The 2024–25 Columbia Mayor's Youth Council graduates include: Allen Basurto, Brylie Blade, Alexa Bowins, Zacharias Burgess, Sam Fuller, Amiya Gardenhire, Brooke Gibbs, Lollie Jo Greene, Mary Claire Griffith, Catherine Henson, Ariana Johnson, Zareena Jones, Madie King, Riley Krimmel, Carter Lawrence, Ke'Veontae Martin, Tre'Veontae Martin, Presly Miller, Melanie Recalde, Tyler Sparks, Addison Thomas, and Caleb Wallbrech.



NEW FAST STOP MARKETS IN COLUMBIA TO HOST GRAND OPENING DAY AND RIBBON CUTTING

Fast Stop Markets is hosting a grand opening day for the newest Columbia store at 4015 Trotwood Avenue, Thursday, June 5. While the store has already been open for several months, an official ribbon cutting ceremony will be scheduled at 10 am on the day of this event. The event will also offer customers grand opening day deals while supplies last on Freshly prepared food in Mama Jane's Kitchen. Limited free food items, snacks and drinks will also be available along with opportunities to win prizes.



COLUMBIA STATE HIRES LEGGETT FOR HEAD COACH OF THE LADY CHARGERS BASKETBALL TEAM

Chris Leggett stepped into the interim head coach role in January 2025 and led the Lady Chargers to a second-place finish in conference play. Leggett, a Meridian, Mississippi native, earned his bachelor's degree in university studies and health and human services from the University of Mississippi in 2021. Prior to Columbia State, Leggett spent three seasons as the assistant coach and recruiting coordinator for the men's basketball program at Fort Valley State University in Georgia. His coaching journey also includes a season at Rust College in Holly Springs, MS.



CPWS NAMES NEW COMMUNICATIONS SPECIALIST

In a continued effort to better inform its customers and the public, Columbia Power & Water Systems (CPWS) named longtime area journalist Chris Yow as its new communications specialist. A veteran of the news industry, Yow joins CPWS after spending the last eight years in Middle Tennessee serving Spring Hill, Columbia and surrounding communities at local newspapers, the Spring Hill Advertiser News, Columbia Daily Herald and Main Street Maury.



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