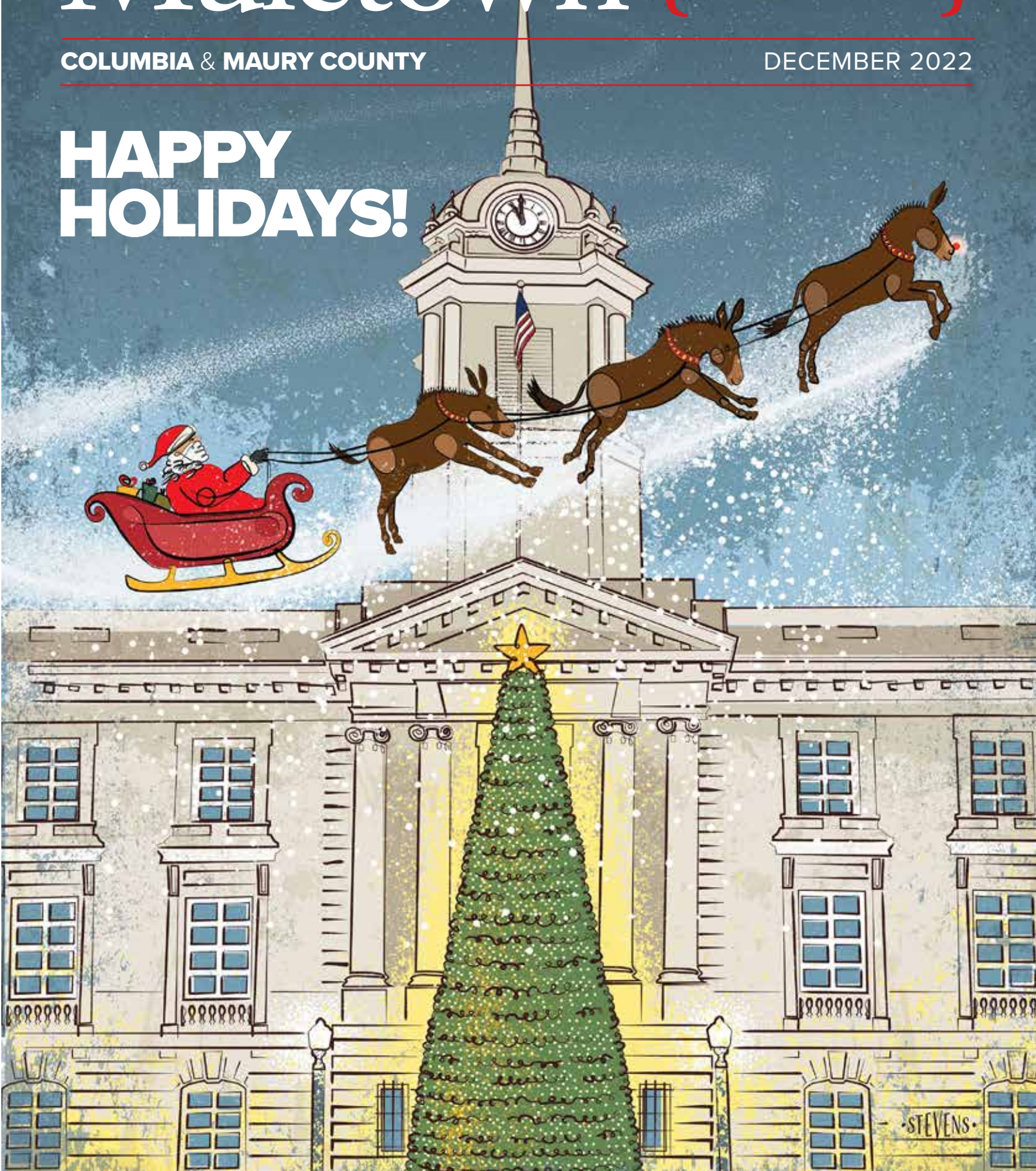


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Inside {local} December '22

HOLIDAY EVENTS SPECIAL ISSUE

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MULETOWN AREA HOLIDAY EVENTS

One of the great things about living in Maury and Williamson Counties is the abundance of events, parties, and activities going on in our area, especially in the next few weeks, as we get deeper into the holiday season.

We have gathered a list of events (abundant but by no means comprehensive) for your consideration this season.

We wish you well this holiday season and remind you to take time to enjoy spending the season with family, friends and neighbors...

PAGE 8 >

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MAURY CHRISTMAS HISTORIC HOME TOUR

DECEMBER 2 -3, 9 AM TO 4 PM
VARIOUS HOMES

Christmas Historic Home Tour - Come to Maury County and tour homes festively dressed for the season while benefitting the Athenaeum Rectory!

The Maury Christmas Historic Home Tour will take place Friday, December 2, 2022, 9-4, and Saturday, December 3, 2022, 9-4. Tickets are \$25 and are valid for both days. For more information, visit maurychristmas.org or call 931-797-3316

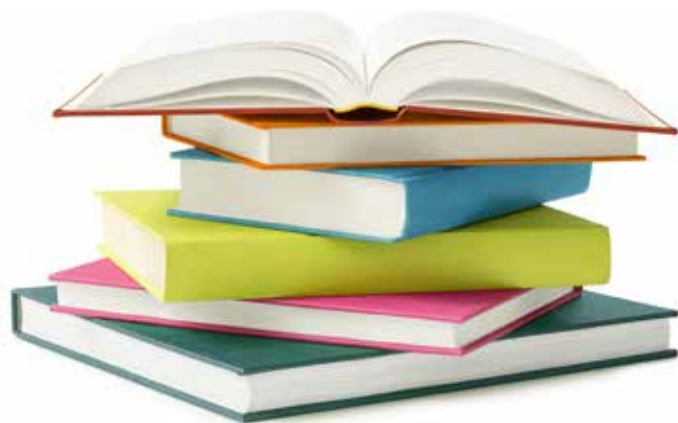


CRAFT CREW: BOOK PAGE ORNAMENT IN-PERSON

WEDNESDAY DEC 7, 1PM – 3 PM
SPRING HILL LIBRARY

In this class, we will take our old book pages to the next dimension...three!!! Here we will create lovely Christmas ornaments with a vintage look. A wide range of difficulty levels will ensure fun for all. All materials supplied.

This class is for adults. Sign up required.



COLUMBIA MAIN STREET PARADE AND TREE LIGHTING

DECEMBER 3, 6 PM
DOWNTOWN COLUMBIA

The City of Columbia, in partnership with the Columbia Main Street Corporation, invites you to attend the annual Columbia Main Street Parade and Tree Lighting! This nighttime parade kicks off at 6:00 PM beginning at the Trotwood/W. 7th Street split and marches eastward into downtown and around the Courthouse Square, lasting approximately 1 1/2 hours. Stay with us as we transition from the parade to the tree lighting with about 20 minutes of live entertainment to allow time for parade participants to return to the Square for the tree lighting. Master of Ceremonies, Blair Garner, and musical guest, Makky Kaylor.





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THE KIWANIS CLUB OF SPRING HILL 2022 CHRISTMAS PARADE

DECEMBER 10, 5 PM
MAIN STREET SPRING HILL

The community is invited to the Annual Spring Hill Christmas Parade themed "Electric Boogaloo" on Saturday, Dec. 10! The fun and festive parade, presented by the Spring Hill Parks & Recreation Department and Kiwanis Club of Spring Hill, TN, will start at 5:00 p.m. and is expected to end at about 6:30 p.m. Restaurants will be open along the parade route on Main Street. The parade will begin on Main St at Spring Hill Elementary and Toone Prados St. Floats will enter Main Street and travel north. They will then turn left onto Beechcroft Rd and then travel to Evans park where they will take a left to unload and tear down within the park.

If you have any questions about the parade, please contact Gerald Beckham at 615-801-4364 or gerald@buysellmidtn.com.



CANDLELIT CHRISTMAS TOUR

PRESIDENT JAMES K. POLK HOME AND MUSEUM
301 WEST 7TH STREET COLUMBIA
SAT, DECEMBER 10, 2022, 4:30 PM – 6:00 PM

This tour will help get even the biggest scrooge in the holiday spirit! Look back on Christmases past with this candlelit, guided tour. Our guides will explain historic traditions, how the Polk's celebrated, and more. Guests will be treated to a hot drink and a discount in the museum shop after the tour.



FPO8 ONE CHRISTMAS EVENING ROOM FOR ONE MORE

DECEMBER 10, 7:00 PM TO 9:00 PM
PLEASANT HEIGHTS BAPTIST CHURCH
2712 TROTWOOD AVENUE COLUMBIA

The Christmas concert is back for 2022. One Christmas Evening-Room For One More. This year's show is at Pleasant Heights Baptist Church. Last year's sold-out show was so much fun. This year's proceeds are again going to the Maury County Sheriff's Department SRO's Shop With A Cop Program, giving a Christmas to less fortunate kids. This year's production promises to be the best ever, with our full ensemble performing.



COLUMBIA EYE
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Ophthalmologists **Timothy Gordon, M.D.** and **Ralph Hamilton, M.D.** board certified ophthalmologists, are excited to welcome Dr. Jacob Fleenor to their practice at Columbia Eye Physicians, PLLC. Dr. Fleenor is from Rogersville, TN., and attended UT Knoxville. He received his MD degree from Quillen College of Medicine in Johnson City and completed his ophthalmology training at Baylor Scott and White Medical Center in Temple, TX.

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APPALACHIA-INSPIRED CHRISTMAS PROGRAM
DECEMBER 17, 8 PM
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John Driskell Hopkins, a founding member of the GRAMMY-winning Zac Brown Band, brings this Appalachia-inspired Christmas program to the Mulehouse stage featuring the bluegrass virtuosos Balsam Range with special guest Debby Boone, winner of the Best New Artist GRAMMY in 1977 and granddaughter of the Opry pioneer Red Foley. Hopkins' fourth Christmas album, "Let's Get Frosty," released November 2022, features a duet with Debby Boone on the song "Snow," performed previously by Rosemary Clooney. A special evening celebrating the sounds of the season. A portion of proceeds benefits Hop On A Cure to end ALS.

NEW YEAR'S EVE PARTY AT THE MULEHOUSE

DECEMBER 31, DOORS OPEN AT 7 PM
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812 S HIGH ST, COLUMBIA

Back this year following our incredible 2022 Great Gatsby Party with "Saturday Night Fever: 2023"! This year patrons can look forward to A Champagne Toast, Hors d'oeuvres, a fantastic DJ, A balloon drop at midnight, Disco Ball, and a Light Show with Multiple Full Bars, including the Lounge.

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Everything Else	25%

FIRST ANNUAL WHITE CANE DAY

DECEMBER 10, 10AM TO 2 PM
LIBERTY HALL AT THE FACTORY AT FRANKLIN

Come one, come all to the first White Cane Day celebration! FREE and open to the public through generous support from the Nashville Predators Foundation, visit Liberty Hall for some holiday cheer exploring braille, white canes, adapted sports and more. Includes complimentary photos with Santa and Mrs. Claus! Hosted by Blind Early Services TN, this is an event you don't want to miss and is sure to become a family favorite!



DICKENS OF A CHRISTMAS

DECEMBER 10-11, 2022
SATURDAY: 10 AM – 6 PM
SUNDAY: 11 AM – 5 PM
MAIN STREET, DOWNTOWN FRANKLIN

Dickens of a Christmas presented by Wilson Bank & Trust recreates the time of Charles Dickens using historic downtown Franklin's charming architecture as the backdrop. A variety of musicians, dancers and Dickens characters will fill the streets. Expect to see and interact with the nefarious Fagin from Oliver Twist; Jacob Marley, Ebenezer Scrooge, Tiny Tim and the rest of the Cratchit family from A Christmas Carol; and of course, a Victorian Father and Mother Christmas with treats for children. The festival is produced by the Heritage Foundation of Williamson County.





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Photography by Robbie Mathis.

FATHER AND SON OPERATE THEIR OWN THRIVING SMALL BUSINESSES

BY JASON ZASKY

More than two decades ago, Craig Eilermann opened a souvenir shop turned flag store on Broadway & 3rd in downtown Nashville, where he employed his son, Ethan. Today, father and son both own businesses in Columbia, with Craig still operating Flag World, and Ethan and his wife Anna the co-owners of Ollie & Finn's Counter, a sandwich shop located in the Columbia Arts Building.

"Our menu features unique and irreverent sandwich concoctions," explains Ethan, citing the 'American Werewolf in Columbia' sandwich as a representative example. "It's a roast beef sandwich with smoked gouda cheese, and our house-made collard greens and our house-made slaw," he elaborates, before noting that the

shop also does "little tweaks and takes" on classic sandwiches and sells homemade soups.

Ollie & Finn's, named after the couple's two dogs, opened in January of 2022 and has been thriving from the get-go, with Ethan crediting his father for teaching him everything from work ethic to customer service to the importance of asking for advice whenever needed.

Meanwhile, Flag World (found at 32 Public Square) offers an impressive and diverse array of flags, pins, and patches.

"I have over 4,000 flags in stock. We carry the U.S. flag and the state flag of Tennessee in all sizes. We also have all the international flags and every state flag, as well as decorative porch flags, garden flags, and mailbox covers, plus wind items like kites and outdoor spinners for yards," explains Craig.

PAGE 24 >

A basketball game in progress. A player in a blue jersey is dribbling the ball while being defended by a player in a maroon jersey. Another player in a maroon jersey is visible in the background. A basketball hoop is visible at the top of the frame.

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Photography by Robbie Mathis.



< FROM PAGE 22

"We also sell many different military flags and have over three-thousand military lapel pins and more than a thousand different military patches," he adds.

Flag World also does a brisk business in custom flags, which it creates for businesses, churches, schools, and local government. It also sells and installs flagpoles for businesses and individuals alike, having done installations throughout Middle Tennessee and as far away as southern Kentucky and northern Mississippi.

"It takes two trips to the site," says Craig about the process of installing a flagpole. "First you dig the hole and set the ground sleeve in concrete. Then you come back out and assemble and launch the pole," he adds, before noting that he has installed flag poles that are 40, 50, and up to 80 feet tall.

Both Craig and Ethan say they are enjoying living and working in Columbia, having both previously lived in Franklin.

"I love living in Columbia because you feel like you are out in the country. I like the fact that I'm not in Nashville automobile

traffic anymore," says Craig with a laugh.

"We love Columbia," chimes in Ethan. "We have been here almost five years, and we love its growth and how it's developing," he adds, speaking on behalf of himself and his wife and five-year-old daughter, as it's not just a great place to raise a family but a great place to do business.

"You have other like-minded people and other small business owners that are trying to be supportive of what you are doing. That community has embraced us, and we try to embrace them and keep that small business dream alive," he concludes. "Even direct competitors are friendly here. Everybody tries to lift each other up instead of tearing each other down. That's what makes Columbia the ideal spot to take a mom & pop family business and see what you can do with it."

Flag World is located at 32 Public Square in Columbia, and Ollie & Finn's Counter is at 307 W. 11th St. in Columbia. See their ads on page 20 for more info.

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AN ALTERNATIVE TO ‘TYPICAL’ ORTHODONTIC CARE

BY JASON ZASKY

In a world filled with busy, hurried healthcare practices, Dr. Wes Orthodontics is the exception to the rule. “We’re an alternative to the typical orthodontics practice, where a lot of patients are seen each day, treatment duties are delegated to team members, and the orthodontist isn’t able to spend much time with each patient,” begins Dr. Wes Chladny, who started his career at just such a practice in Illinois.

“We don’t do it that way,” he continues. “We see a patient or two in the office at a time, and I do virtually all the treatment care and communicate directly with patients. We also have a really open office that invites the families back into the treatment area, so they can see what’s happening and ask any questions they may have.”

The practice also leverages high-tech tools to make treatment

more predictable, efficient, and comfortable, thereby producing better patient experiences and better outcomes.

That includes taking digital impressions (as opposed to messy impressions or molds), which capture 3D images of teeth and supporting tissue with amazing precision. Dr. Chladny also utilizes 3D printing technology and a software tool called SureSmile® (which is used to digitally plan customized smiles and bites unique to each individual patient), among other high-tech solutions.

It all starts with an initial consult in which Dr. Chladny explains the process, conducts a thorough examination, and makes recommendations for treatment, including whether treatment is necessary.

“Anyone who is unhappy with their smile is a candidate for treatment,” offers Dr. Chladny, who says his youngest patients are between six and seven years old and that he treats several octogenarians.

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The holidays can be a rough time on your skin. The combination of colder, drier weather and traveling can lead to many unwanted changes. Here are some basic tips to keep your skin in tip-top shape during the holidays.

MOISTURIZE, MOISTURIZE, MOISTURIZE.

Winter brings colder and drier weather, which can dry out the skin, leading to red and flaky areas. A good moisturizer routine daily can help combat this. Make sure your morning moisturizer has at least SPF 30 and your evening moisturizer is thick enough to fend off any dry skin you may be experiencing.

DON'T FORGET THE SPF! Just because we see less sun in the winter, doesn't make it any less harmful to our skin. Remember to apply SPF 30 above every day (preferably in your morning moisturizer) and to reapply every 2-3 hours when you are outside.

MODULATE YOUR RETINOID USE. Although retinoids are an important part of skin care regimens, they can be very drying during the winter. Oftentimes using these every other day, and moisturizing the days in between, can make retinoid use much more tolerable.

STAY HYDRATED! Hydration is very important to skin health, especially during times of travel. Make sure to drink plenty of water to keep your skin looking great.

For more information, please go to harpethvalleydermatology.com or call us at **615-905-8083**.



Dr. Benjamin Bashline



Dr. Megan Morrison



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Photography by Michael Tedesco.

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“But a lot of times kids are between 11-and-a-half and 12-and-a-half years old when they start treatment,” he says, and for most, the process is easier than they think. “It’s usually a pretty short adjustment,” he adds, whether the patient gets braces, Invisalign®, or custom aligners.

And speaking of kids, Dr. Chladny and his wife April — who also works at the practice — are parents of three and have put down strong roots in the area since moving to Thompson’s Station from central Illinois, having first discovered the allure of the Nashville area on a weekend trip to attend a country music festival.

“It’s a great community to live and raise a family,” says Dr. Chladny, before adding that “it’s a safe area and people are nice, and there are a lot of great opportunities nearby.”

That said, the practice supports several local causes, including The Well Outreach, which serves Spring Hill and surrounding

communities by providing food assistance through its food pantry and mobile food pantry.

“We do a retainer fundraiser the last two months of the year where I make retainers for anyone in the area in exchange for a donation to The Well. It’s a huge saving on a regular retainer, and I donate the materials and my time to make them,” notes Dr. Chladny, who says his work is as rewarding as ever since leaving behind the high-volume practice up north.

“You can see some serious changes in the confidence of patients,” concludes Dr. Chladny. “I’ve always loved what I do. I wasn’t loving how I was doing it when I was in the big practice and didn’t a lot of time to spend with patients. By limiting the number of people I see and allowing me more time with each one, I have found joy in it again.”

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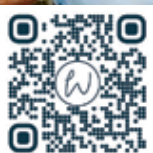
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