

Muletown *{local}*

COLUMBIA & MAURY COUNTY

JANUARY 2023





Care in the comfort of *home*

PERSONALIZED CARE FOR HOMEBOUND PATIENTS

Whether recovering from surgery or due to a chronic illness, there are times when a patient needs care at home.

For more than 35 years, Maury Regional Home Services has provided clinical excellence and compassionate care for southern Middle Tennessee homebound residents with a skilled team of clinical experts.

If you or someone you love is in need of **homebound care**, call:

931.490.4600



Nursing care, including IV infusion, medication management, wound care, ostomy care and more



Physical, occupational and speech therapy



Chronic disease management



Medical social workers who assist patients needing additional clinical, financial or community resources



**MAURY REGIONAL
HOME SERVICES**

MauryRegional.com/HomeServices

Custom Artisan Woodworks Designed. Built. Loved.

TRANSITIONAL | MODERN | FARMHOUSE



"This team exceeded all expectations in delivering a high quality, beautiful legacy piece of furniture...." – A. Shumaker. *Thompson's Station*



2022
Wood & Wood
Reader's Favorite Award
#1 Wood Furniture Company

Karmal
SKILLINGTON est. 1996

Call today for a free quote on your custom project

615-460-7197

Visit us online at karmalskillington.com

CALL FOR APPOINTMENT

50+ Google ★★★★★ Reviews

Serving Franklin, Brentwood & Nashville +



We specialize in custom exterior
DOORS-any size.



ORAL & MAXILLOFACIAL
SURGERY

YOUR PREMIER
ORAL SURGERY CENTER
SERVING MIDDLE
TENNESSEE AND
SURROUNDING REGIONS



Our new, state-of-the-art center is conveniently located in Spring Hill and expertly designed to provide the best and most comfortable patient experience.

CALL FOR A CONSULTATION APPOINTMENT

WE PROVIDE A FULL SCOPE OF
ORAL & MAXILLOFACIAL SURGERY INCLUDING:

DENTAL IMPLANTS

WISDOM TOOTH REMOVAL

CALL TODAY! 615.302.8471 | SPRINGHILLOMS.COM

DR. D. CARL JACKSON | SPRING HILL ORAL & MAXILLOFACIAL SURGERY

4012 O'HALLORN DRIVE, SUITE A | SPRING HILL

Inside {local} January '23



8

FROM WASHINGTON TO MOUNT PLEASANT

Custom guitar builder relocates for a better life

14

HOMEGROWN AND PROUD

Local business owner finds his place at home



LOCAL FOCUS COMMUNITY SNAPSHOTS 6 SERVICE DIRECTORY 20, 21

Visit our website muletownlocal.com

ON THE COVER: *Veritas Custom Guitars relocated from Washington State to the heart of Mount Pleasant. They create custom made guitars tailored to the musicians who play them. Read their story on page 8.*

ADVERTISING INFORMATION Interested in advertising to over 7,200 homes in Maury County? We can promote your business through direct mail delivery and social media promotions. We offer very creative opportunities to local businesses, reach out today for more details. Contact Jeff at 615-828-2542, or email jbryant@wilcolocal.com

Muletown Local is published by WilcoLocal Media & Marketing, published twelve times per year, and delivered both online and by postal delivery to over 7,200 homes in the Columbia area. Advertising claims are the sole responsibility of the consumer to check the validity and honesty of the offer made by the business. WilcoLocal Media and Muletown Local are not responsible for claims made by the business owners. Please submit any questions or comments to jbryant@wilcolocal.com.

For advertising information contact Jeff Bryant at 615-828-2542, or jbryant@wilcolocal.com

COMMUNITY SNAPSHOTS



LOCAL BUSINESS RECOGNIZED

The SBA designated Tallgrass Meat Co. as the state's 2020 Small Business Startup of the Year. The year is not a typo; the SBA is just now presenting awards for 2020. Case Weber was unable to attend. Amelia Bozeman, Director of the TSBDC, collected his award and presented it to Casey on December 13th.



THE SURGICAL CLINIC

The Surgical Clinic in Columbia, specializes in advanced laparoscopic, endovascular, open vascular, general and venous surgical procedures, and is committed to providing each patient with an exceptional level of care and attention. The Surgical Clinic is located at 832 Westover Drive, Suite 200, Columbia.



GRINDER'S SWITCH WINERY

A self-proclaimed "hobby out of control", Grinder's Switch Winery has been growing and producing award-winning wine for nearly a decade. Grinder's Switch Winery is the brainchild of Joey and Gail Chessor, the small-town couple who turned their dream into a reality and a thriving family business. The Columbia tasting room is their newest location. This fun and funky tasting lounge offers tastings, wine by the glass, cheese boards and comfortable seating. They are located at 510 N Garden Street, Suite D, Columbia.



POOCH PARADISE

Pooch Paradise is a full-service Dog Grooming Salon. Located at 310B South Main Street, Mount Pleasant. Owned by Lauren Laws.





The New Year is a great time to review your coverage.

Call us today for your *FREE* insurance review!



Proudly representing Erie Insurance since 2003



Protecting Your Family through the Changes Life Brings. Call, Click or Come by Today.

DeBerryInsurance.com

931.486.3300 5232 Main Street | Spring Hill



**VOTED MAURY COUNTY'S #1 FAMILY ENTERTAINMENT CENTER
& #1 PLACE TO HAVE A BIRTHDAY PARTY**

GREAT FOOD AND FULL SERVICE BAR | 32 BOWLING LANES | HUGE ARCADE | LASER TAG | BUMPER CARS | PRIVATE PARTY ROOMS

730 Mooresville Pike , Columbia | 931.381.BOWL | tennpin.com



Photography by Michael Tedesco

CUSTOM GUITARS MADE IN MAURY

PAM WINDSOR

Casey Marvin opened Veritas Guitars more than a decade ago in Vancouver, Washington. He's proud of how it's grown into the operation it is today – now based in Mount Pleasant, Tennessee.

"I started the company in 2010 in my garage by myself," he says. "It was a one-man shop for a long time, and just kept growing and growing. I never thought it would be as big as it is."

Veritas builds custom-made guitars for a wide range of clients, from those who play music for fun to professional musicians. Well-known artists, he's proud to call customers include Thomp-

son Square, Russell Dickerson, Kelsea Ballerini, Mercy Me, Zach Williams, and others.

Marvin developed his passion for guitars at a young age.

"I fell in love with the guitar at the age of 10," he recalls, "and I wanted to start a band. Then, when I was 12, I took apart the Squier Strat my parents bought me, because I wanted to see how it worked. My mom was really upset when she came in and saw my whole guitar taken apart."

She was also surprised when he successfully put it all back together. From then on, he had a fascination with the way guitars

PAGE 10 >

clean + healthy crawl space = healthy family

Improve your indoor air quality!

crawl space encapsulation

- Protect your home and health from moisture
- Improve air quality
- Protect floors from warping
- Reduce heating & cooling costs by up to 15%
- Increase your resale value
- Eliminate mold and mildew



The Clean Air Co. LLC

615-758-3717

TheCleanAirCo.com

WE ALSO OFFER
**AIR DUCT
CLEANING**

“WHAT YOU CAN’T SEE CAN HURT YOU”



Photography by Michael Tedesco

< FROM PAGE 8

are built and how they sound.

“I began modifying and tweaking a lot of my friends’ guitars. Then, at 16, I decided I wanted a really nice guitar, and since I couldn’t afford one, I was going to build my own.”

As soon as he finished, he realized he’d made some mistakes.

“I strung it up, strummed one chord, then took it apart and started on my next guitar. And that’s when I fell in love with designing guitars.”

It would be a while before he did it for a living. A talented musician in his own right, Marvin played semi-professionally for years.

Later, after hanging up life on the road to start a family, he built guitars on the side. Then, someone suggested he do more with it.

“A friend of mine who owns a drum company called Truth Drums kind of pushed me into doing it as a career. I decided to give it a shot and call it Veritas, which means truth, since he encouraged me to do it.”

His guitars are all tailor-made, specifically designed for the musician who will play them.

“They’re all original; I design all of them,” he says. “I love vintage guitars and have always been a big vintage guitar guy but could

PAGE 12 >



COLUMBIA EYE
PHYSICIANS

Jacob Fleenor, M.D.

Ophthalmologists **Timothy Gordon, M.D.** and **Ralph Hamilton, M.D.** board certified ophthalmologists, are excited to welcome Dr. Jacob Fleenor to their practice at Columbia Eye Physicians, PLLC. Dr. Fleenor is from Rogersville, TN., and attended UT Knoxville. He received his MD degree from Quillen College of Medicine in Johnson City and completed his ophthalmology training at Baylor Scott and White Medical Center in Temple, TX.

1050 N. JAMES CAMPBELL BLVD. COLUMBIA | 931-375-1050
MON-THURS 7:30 - 4:00 FRI 7:30 - 11:00 | COLUMBIAEYE.NET



DUMPSTER AND DUMP TRAILER RENTALS
COMMERCIAL OR RESIDENTIAL WASTE
HOME AND ESTATE CLEAN OUT
YARD & BRUSH DEBRIS
RENT BY THE DAY, WEEK, OR WEEKEND

*14 FT DUMP TRAILER | *16 FT DUMP TRAILER
*13 YARD DUMPSTER | *21 YARD DUMPSTER

HEATH FITZGERALD, OWNER
931-797-8564



SHEDS | WOOD BUILDINGS
METAL BUILDINGS | CARPORTS
OUTDOOR FURNITURE | SIGNS

931-223-5015 | MULETOWNTRADINGCO.COM

116 E. JAMES CAMPBELL PKY COLUMBIA
M-F 10-5 | EVERY OTHER SAT 10-2 | SERVING ALL OF MIDDLE TENNESSEE



Hannah Street

REALTOR®

931.797.3428

hannahpoints@kw.com

Teresa Points

REALTOR®

931.797.2824

teresapoints@kw.com



KELLERWILLIAMS.
REALTY

615.302.4242



5083 MAIN STREET | SPRING HILL |
EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED



Photography by Michael Tedesco

< FROM PAGE 10

never afford one. The thing I don't like is the struggle. Vintage guitars don't always play in tune, they can be noisy, troublesome, and finicky. So, when I approached this, I said let's take what makes vintage guitars special and fix all of the things that make them challenging."

He had a lot of success in Washington state, where he started, moving from one bigger building to another.

"And then COVID happened," he says. "Then, the rioting and everything, and it made things extremely difficult for us. It was no longer a safe place to raise a family, and the way of life didn't align

with how we wanted to live."

So, he and his family headed to Nashville, where he was already doing business with artists buying his guitars.

"We wanted to be part of a community and be in a small town, and we found this building in Mount Pleasant. We fell in love with it and the people here. It's been amazing."

Marvin has an exceptional team that shares his passion for creating one-of-a-kind guitars.

To learn more about Casey Marvin and Veritas Guitars visit veritasguitars.com.

LET THE NEW YEAR RING IN A NEW YOU WHEN IT COMES TO SKIN CARE.

It is never too late to implement changes to your skin care routine that will help you age gracefully. Make your New Year's resolution the gift of healthy skin by considering the following:



Moisturize: It is important to moisturize your skin in order to build a better skin barrier that is less prone to dryness and inflammation. At Harpeth Valley Dermatology, we have our Intense Recovery Cream that contains a blend of active ingredients to reduce skin sensitivity, increase moisture levels, and protect against environmental damage. Ceramides are a key building block found in our moisturizer and it restores a strong barrier function to prevent the irritation, redness, and symptoms of rash. This is a fine product to use in the winter time to prevent dryness or a therapeutic product for any irritated red skin that can develop due to physical or chemical factors.

Sunscreen: It is important to both protect the skin from Ultraviolet A related aging rays as well as skin damaging Ultraviolet B related burning rays. Although there is controversy regarding certain chemical sunscreens, you can never go wrong with a pure physical blocker which is comprised of either Zinc Oxide or Titanium dioxide. At Harpeth Valley Dermatology, we offer our Hydroessence SPF 40 which includes a physical blocker coupled with moisturizing agents and Hyaluronic acid to boost moisture retention and prevent fine lines and wrinkles. This is a perfect complement to any anti-aging regimen.

At Harpeth Valley Dermatology, we have an assortment of products to set you on the right path to glowing and healthy skin for years to come. Please feel free to stop by or visit our online store. Harpethvalleydermatology.com

Retinol: This vitamin A derivative stimulates cellular regeneration to boost both collagen and elastin production improving skin grain and tone. As a result there is a reduction in fine lines and wrinkles and a softening to deep creases. At Harpeth Valley Dermatology we are proud of our Tretinol product as it contains a high strength retinol coupled with both Vitamin C and E. A retinol is a key component to the anti-aging process and our Tretinol provides that and more with less irritation than other retinols.

Vitamin C: This is a versatile component to the anti-aging regimen as it provides an increase in collagen production, antioxidant protection, as well as correction of hyperpigmentation and reduction of fine lines and wrinkles. At Harpeth Valley Dermatology, we have our Vita-CE with ferrulic acid that delivers unparalleled results in reversing skin aging and enhancing photo-protection. Our product has been shown to reduce sunburn cells by 96% meanwhile providing key anti-oxidants to rejuvenate skin, fight free radical, and provide maximum protection against environmental factors.

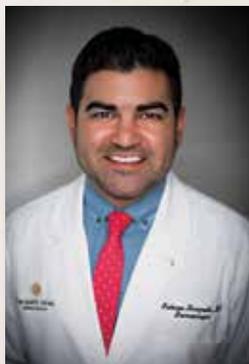
For more information, please go to harpethvalleydermatology.com or call us at **615-905-8083**.



Dr. Benjamin Bashline



Dr. Megan Morrison



Dr. Pezhman Shoureshi



Harpeth Valley
DERMATOLOGY

990 ELLISTON WAY | SUITE 101 | THOMPSON'S STATION



L to R: Trey Britton, Lexy Greene, Susan Reed, Sandy Finney, Tonia Nicholson, Melissa Pierce, Vanessa Burgos, Hal Landers. Photo by Robbie Mathis

A MULTI-LINE AGENCY WITH “PERSONAL TOUCH SERVICE”

BY JASON ZASKY

Hal Landers has owned and operated Landers Insurance Agency since 2002, so he has seen a lot of change in Columbia over the past two decades. But what hasn't changed is his agency's commitment to providing great service to clients.

“We have the words ‘Great Rates, Great Service’ on our business cards and our billboards,” begins Landers. “We have found that by offering a great product and attaching that to great service, that's a satisfied customer.”

Specifically, Landers and his team of seven focus on providing what he refers to as “personal touch service,” which is a rarity in today's world.

“If you call us, someone is going to answer the phone immediately. If you need to discuss your coverage, or need a new policy, someone here is going to take the time to ask you questions, listen to your needs, and help you buy the product that fits your needs and your budget. We are not here to just sell you a policy,” he emphasizes. “And if you have a claim, we have an in-office claims

manager to help maneuver you through it.”

As to products, Hal Landers Insurance is a multi-line agency that writes auto, homeowners, life, and business policies. In short, they can help anyone from the day they start driving through the end of life.

“Auto and home — which is also called personal line insurance — is our bread and butter,” says Landers, but life and business insurance are as important as ever.

“A big thing now in business insurance is cyber liability and data breach liability. That's a big concern for business. And life insurance, I hope that is on everybody's mind, especially in light of the pandemic.”

That said, Landers has a handful of recommendations for clients and potential customers, one of which is to do an annual review of your coverages and needs.

“There's a lot to look out on the auto side,” he begins, with electric vehicles and ridesharing programs already common and driverless vehicles likely to change the landscape significantly in

PAGE 16 >



TENNESSEE COLLEGE OF APPLIED TECHNOLOGY

HOHENWALD

TCAT Hohenwald is an accredited Tennessee Board of Regents AAREO Institution

813 WEST MAIN STREET, HOHENWALD 931-796-5351

www.tcathohenwald.edu

Premier Provider of Workforce Technical Education

OFF CAMPUS LOCATIONS ▶

LINDEN COLUMBIA MT. PLEASANT COLLINWOOD WAYNESBORO
MT. PLEASANT SUMMERTOWN LAWRENCEBURG

Graduation in less than 2 years
92% Completion
95% Placement
98% Licensure



Administrative Office

Aesthetics

Automotive



Building Construction

CAD Technology

Cosmetology

Industrial Maintenance

Machine Tool

Manicuring



Cosmetology Instructor

Digital Graphic Design

Forestry & Agriculture

Patient Care Technician

Power Sports

Practical Nursing



Electro-Mechanical

Electronic Systems

Emergency Medical Technology

Surgical Technology

Telecommunications

Welding



WINNER



OPEN VALENTINES DAY



TUESDAY FEBRUARY, 14

W'lin's

HAND MADE PHO NOODLE SOUPS, BAO & DUMPLINGS, AND BUBBLE TEA. GET YOUR HANDS DIRTY WITH OUR SOUTHERN STYLE SEAFOOD! VEGAN & GLUTEN FREE MENU AVAILABLE

\$5 OFF

\$30 OR MORE

W'lin's expires 3/5/23

BUY ONE LUNCH SPECIAL - GET ONE

HALF OFF

W'lin's expires 3/5/23

WED - MON 11AM-9PM | LUNCH MON, WED-SAT 11AM-3PM | CLOSED TUESDAY

2105 WALL STREET | SUITE 103 | SPRING HILL | 615.302.8088 | ORDER ONLINE WlinsTN.com



Photo provided.

< FROM PAGE 14

the coming years.

“And on the homeowner’s side, home values have increased. You need to look at the value of your home — is that properly covered?” he adds, before turning to the topic of bundling.

“People should also be taking advantage of as many discounts as they can. If you can put your home and auto together or home, auto, and life together, that gives you a multi-policy discount. Also, pay an annual premium if you can because there are usually annual discounts,” he advises.

Insurance specifics aside, Landers says he loves living and working in Columbia, which helps explain why he chose to open his own independent agency there after spending the first three years of his career working in Williamson County.

“Number one, I love the people. I have lived here my entire life,” he begins. “You have that small town feel where you know everybody, and you can walk down the street, and everybody knows your name. The reason I wanted my business here is to be able to continue to work with the people in this community.”

That said, he believes Columbia has done a good job of main-

taining its personality, even as it has seen an influx of people from outside Maury County.

“You’ve got a lot of people moving here because they like the value of what they get, and they like the small-town feel,” he explains, before noting that Columbia’s growth is helping the agency grow.

“Most of our clients come to us by referral. We advertise around town, but the best way to advertise is taking great care of your clients. With the amount of competition in selecting an insurance agency, we could not survive for 20 years without providing great rates and great service,” he says.

As for the agency’s future, Landers is confident that its best days are yet to come.

“We are going to continue to grow and continue to provide the best service we can. I don’t see Landers Insurance Agency slowing down,” he concludes. “We’ve lasted for two decades, and I see us remaining a part of this community for decades to come.”

To learn more about Landers Insurance Agency, see their ad on page 22 or visit: landersinsuranceagency.com

Excellence In Private Christian
EDUCATION
— COLUMBIA ACADEMY —

COLUMBIA: PRESCHOOL - 12TH GRADE • SPRING HILL: PRESCHOOL-6TH GRADE



KNOWLEDGE

CONFIDENCE

CHARACTER

CABULLDOGS.ORG



GT AUTOMOTIVE

**ENGINE/TRANSMISSION
DIAGNOSTICS**

A/C SYSTEM | BRAKES

**GENERAL AUTOMOTIVE
REPAIR AND SERVICE**

1319 S. MAIN ST COLUMBIA | 931.408.8350
FAMILY OWNED AND OPERATED

QUIK MART
CONVENIENCE STORES

Edwards Oil Company
Since 1945



**39 LOCATIONS SERVING MIDDLE TENNESSEE
AND NORTHERN ALABAMA!**



FIND A QUIK MART CONVENIENCE STORE NEAR YOU

WWW.QUIKMART.COM



Large selection of guitars, bluegrass instruments, drums, sound equipment, and more !



GIFT CARDS | GUITAR REPAIR | LAYAWAY

BoomersMusic.net | 931.486.0358



2500 HOSPITALITY DR. • COLUMBIA • *Two miles south of Saturn Parkway on Route 31, behind Burger King*

Reserve Your Historic Maury License Plate Today!

Our beautiful courthouse is one of the most recognizable and photographed buildings in Maury County!



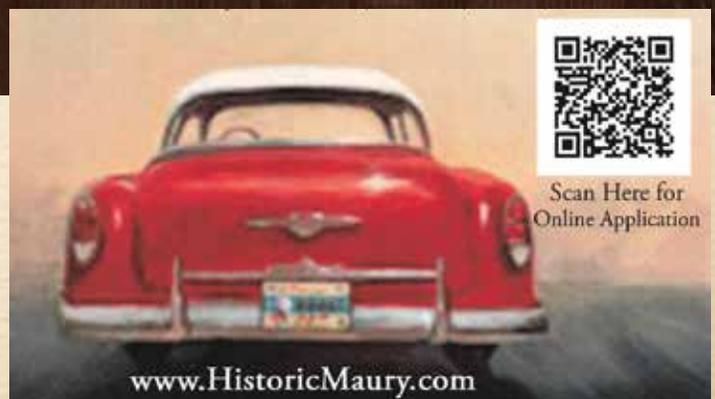
Pre-Order your Tag at: www.HistoricMaury.com

-OR- Mail application and \$35.00 deposit to

MCHS at P.O. Box 147

Columbia, TN 38402-0417

Balance of \$55 to be paid upon pick-up. Proceeds benefit efforts to preserve history in Maury County, TN.



Scan Here for
Online Application



A1 PROFESSIONAL TREE SERVICE

We save trees and your money.

Emergency Number 24/7/365

615-982-2265

WWW.A1PROTREES.COM

50
YEARS
EXPERIENCE



100% Customer Satisfaction
You don't pay until you're happy!



NOBODY DOES IT BETTER FOR LESS!

we **save** trees. we **love** trees.

Do **NOT** sign a contract with the other guys until you get our price. **We'll save you money and headaches!** We'll do a professional job with our state-of-the-art equipment.

FREE STUMP GRINDING
WHEN WE REMOVE THE TREE, THE STUMP IS FREE!
Offer Expires 1/31/23

- Senior and Military Discounts
- Fully Insured for Your Protection
- Specialized in Extra Large and Dangerous Trees
- Custom Lot and Lakefront Clearing
- Free Evaluation of the Integrity of Every Tree Before Purchasing a House or Lot

Other companies make you wait - **WHY WAIT?** We make your job priority and guarantee our work.

THE MULETOWN

Parkway Wine & Spirits

CHECK US OUT ON FACEBOOK

HAPPY NEW YEAR!

Mon - Thur 9AM-9PM | Fri - Sat 9AM-10PM | Sun 12PM-7PM

Located in the Crossings of Spring Hill Shopping Center next to Cracker Barrel

2026 CROSSINGS CIR | SPRING HILL | 931.451.7118

The Best Gifts Come in Small Packages



Tillis Jewelry | 105 W. 7th St. | Columbia | 931.901.0242 | tillisjewelry.com



LAND CLEARING
615-456-2040

CLEARING OUT BRUSH AND TREES
BUSH HOGGING
DIGGING TRENCHES
POST HOLES AND MUCH MORE!

STEVEN ANDERSON

EMAIL:
STEVENANDERSON132@YAHOO.COM

SERVING ALL OF MIDDLE TENNESSEE

SOUTHERN ELECTRIC

\$25 OFF

EXPIRES 3/5/23 • Must Present Coupon

NO JOB TOO SMALL
Take Advantage of our
Discounts by Visiting
www.callsouthernelectrictoday.com

615-261-4800



We Now Offer

FINANCING PLANS

EASY APPLICATION PROCESS | FAST APPROVAL | SIMPLE PROCESS

LANDSCAPE LIGHTING
RECESS CAN LIGHTING | REMODELING
BREAKER PANEL UPGRADES
CEILING FAN INSTALLATION
LIGHTS & OUTLETS | SPAS & POOLS
NEW CONSTRUCTION

callsouthernelectrictoday.com



307 W 11th St |
Columbia, TN 38401
(Inside of the Columbia Arts Building)

Open Tuesday- Saturday
11am- 7pm
Follow us
@OllieandFinn

Making deliciously
crafted sammiches,
soups and more...
Stop on by!

ALAN'S FLOORING, DOORS & MORE

alans.flooringdoorsmore@gmail.com
alansflooringdoorsmore.com

FREE ESTIMATES....CALL US TODAY!
INSTALLATION AVAILABLE

ALAN FEILD, owner
304 E. James M. Campbell Blvd. Columbia
615.800.1646 - MON-SAT 9-6



FLAG WORLD

Over 4,000 Flags in Stock | Flag Pole Installation
Decals, Military Pins, Patches, Kites, Windssocks,
Yard Spinners, Mailbox Covers.

craig@flagworldamerica.com | flagworldamerica.com

CRAIG EILERMANN, OWNER | 32 PUBLIC SQ. | COLUMBIA | 931.548.2076

15cent PRESSURE WASHING
RESIDENTIAL AND COMMERCIAL

The Best In Town

Scan QR code to check out website

931-446-1031
contactus@15centpressurewashing.com
15centpressurewashing.com

RESIDENTIAL & COMMERCIAL FENCING

FREE ESTIMATES



931-548-2151
midtnfence.com

Now Hiring

SERVICES DIRECTORY



Davis
HEATING & COOLING
Home Comfort Specialists




931-388-2090 | davisheatingandcooling.net
2319 Campbell Park Drive, Columbia

**JOHNSON'S
CARPETS & FLOORS**

COMMERCIAL | RESIDENTIAL | CARPET
WATERPROOF LVT | HARDWOOD
LAMINATE | SALES & INSTALLATION



931.388.1386
johnsonscarpett.com
M-FRI. 8-5 | 1208 S. MAIN | COLUMBIA

Don Johnson



30% OFF
ALL WINDOW COVERINGS EXCLUDING SHUTTERS

ADDITIONAL
10% OFF
AT TIME OF ESTIMATE ONLY. SOME RESTRICTIONS APPLY.
NOT VALID WITH OTHER OFFERS.

FREE IN-HOME CONSULTATION • INSTALLATION INCLUDED

Call 615.887.1823 for FREE In Home Consultation
or email us at theblindgirls@gmail.com

ATHENS INSURANCE



Auto | Home | Business | Life

*"Combining the coverage
you need with the
service you deserve."*

acrichton@athensins.com
931.398.5533

Andy Crichton
Agent

700 N. MAIN STREET | SUITE 100-101 | COLUMBIA | 931.398.5533



HEAL THE WORLD

Organic Juice
Smoothie Bar
Supplements & Groceries

columbiahealthfoods.com
931-388-1148
106 W 7th St, Columbia



LUMBER METAL
MID TENN
SUPPLY
FEED HARDWARE

RELIABLE. HOMETOWN. QUALITY.
931-379-3775

**LUMBER | METAL ROOFING
AND SIDING | FEED | HARDWARE
POLE BARNs | REBAR
CULVERTS | MULCH | GRAVEL
SAND | EQUIPMENT RENTALS
SEASONAL FLOWERS
AND GOODS | CONCRETE**

MidTennSupplyllc.com
COME BY AND SEE US!

301 NEW CANAAN RD | COLUMBIA

EMAIL: INFO@MIDTENNSUPPLY.COM



MIDTENN SUPPLY



@MIDTENNSUPPLY

MON-TUES 7:30-4:30 • WED 7:30-2:00
THURS-FRI 7:30-4:30 • SAT 7:30-12:00



Hal Landers
OWNER

LANDERS INSURANCE AGENCY

AUTO | HOME
LIFE | BUSINESS

*Celebrating 20
Years in Business*

931.380.2003

GREAT RATES | GREAT SERVICE



514 N. GARDEN ST. | COLUMBIA

landersinsuranceagency.com



Delicious iced coffee, smoothies or frappes

DELICIOUS FRESH ROASTED COFFEE
BREAKFAST & LUNCH SERVED ALL DAY

931.223.5347

1909 SHADY BROOK ST
COLUMBIA

(corner of James Campbell Blvd.)

M-FRI. 6AM-6PM | SAT. 7AM-6PM
CLOSED SUNDAY



TENNESSEE TITANS GAME DAY MOVERS

*A third generation Family Owned Moving Company
Offering the Finest in Nationwide Relocation Services*

- Private, Executive and Corporate Relocations
- Complete Packing and Crating Services
- 50,000 SF Secure, Climate-Controlled Storage Facility

vipmovingandstorage.com
vipmoving@live.com

FAMILY OWNED CALLING COLUMBIA HOME SINCE 1932



NASHVILLE 615.586.6676 · COLUMBIA 931.388.0557 · LOS ANGELES 310.513.3730

Get your life back.

*Beat Arthritis, Diabetes, Anxiety, Joint Pain,
IBS, Insomnia and more*

BEST DELTA 8 IN TN

15% OFF

*for New Customers
with this ad*

*Not valid with everyday specials, or
combined with other offers*



Your CBD Store
COLUMBIA | SPRING HILL

FREE
DELIVERY
ON ALL
PRODUCTS

931.223.8787

1506 NASHVILLE HWY. | COLUMBIA
NORTH OF HYUNDAI, NEXT TO HOTEL O

MTB&J

MID-TENNESSEE
BONE & JOINT CLINIC

— A Division of TOA, P.A. —

1050 N JAMES CAMPBELL BLVD. STE 200
COLUMBIA, TN 38401 WWW.MTBJ.NET
931-381-BONE (2663) 800-522-2663



Jeffrey T. Adams, MD
Shoulder Surgery
Sports Medicine



Randall L. Davidson, Jr, MD
Foot & Ankle Surgery



A. Lee Hunter, Jr, MD, MBA
Surgery of the Hand
& Upper Extremity



Christopher M. Loftis, MD
Shoulder & Elbow Surgery



Scott W. McCall, MD
Knee Replacement
Sports Medicine



Jonathan R. Pettit, MD
Sports Medicine



Zachary K. Pharr, MD
Sports Medicine
Shoulder & Elbow
Hip Arthroscopy



Erion Qamirani, MD, PhD
Spine Surgery



W. Cason Shirley, MD
Joint Replacement
Sports Medicine



Carson D. Strickland, MD
Foot & Ankle Surgery



Kenneth T. Sykes MD, PhD
Interventional Pain Medicine



J. Fredrick Wade, MD
Knee & Hip Replacement
Lumbar & Cervical Spine

SERVING MIDDLE TENNESSEE SINCE 1975

PRSTD STD
U.S. POSTAGE
PAID
FRANKLIN, TN
#357

ECRWSS
Local Customer

Imagine your home, totally organized!



Custom Closets, Garage Cabinets
Home Offices, Pantries
Laundries and Hobby Rooms

**40% OFF plus
Free Installation**

40% off National Retail Price on any order of \$1000 or more.
30% off National Retail Price of any order of \$700 or more.
Not valid with any other offer. Free installation with any
complete unit order of \$600 or more. With incoming order,
at time of purchase only. Offer good through 1/31/23

Call for a free in home design
consultation and estimate

615-261-8700

www.closetsbydesign.com

Licensed and Insured. Financing Available



MT

1




Closets by Design