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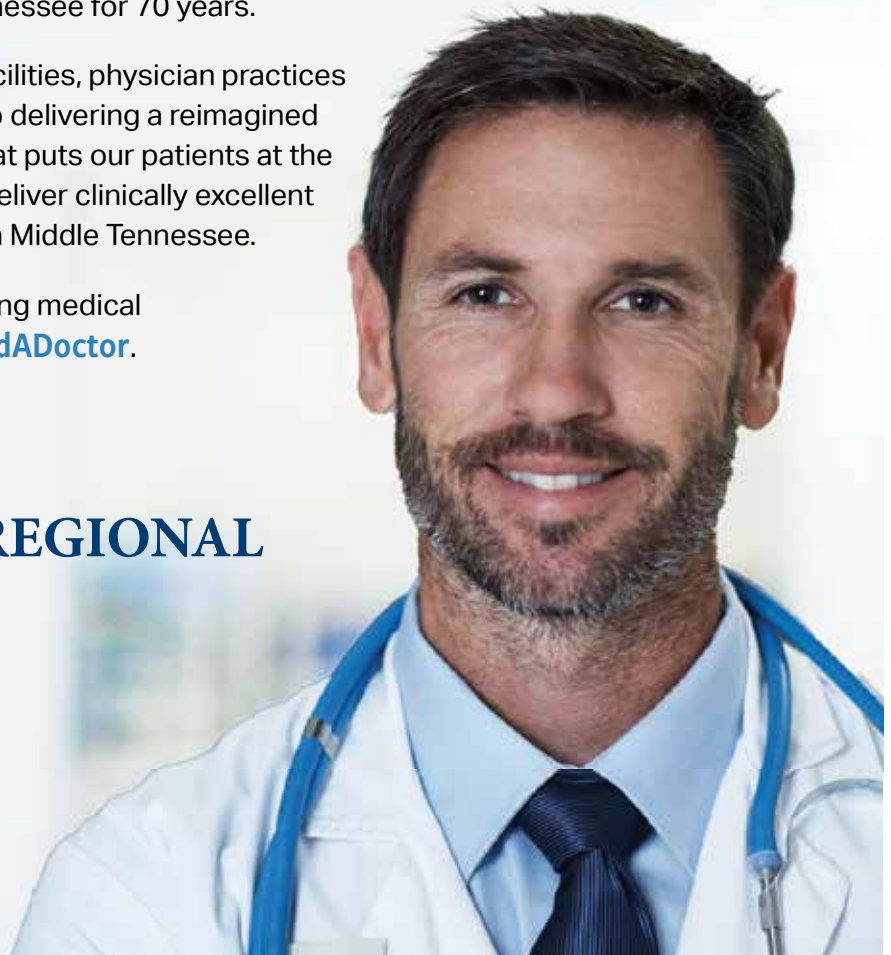
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# Inside *{local}* June '24



**8**

## PICKING COLUMBIA

American picker loves historic restoration



**14**

## HAPPY TO BE HERE

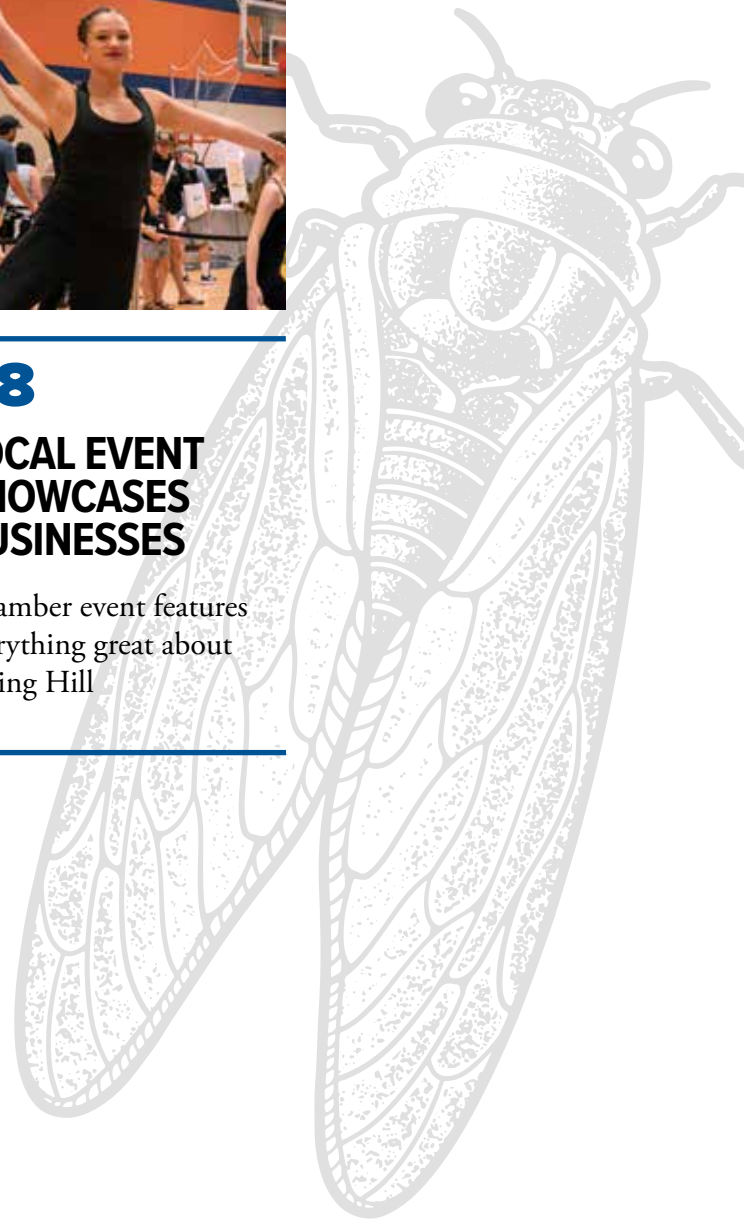
Couple enjoys practicing in Columbia



**28**

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**ON THE COVER:** *Mike Wolfe loves being a part of Columbia's community and revitalization of the historic downtown. photo provided by Eric Ahlgrim*

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Mike Wolfe is a regular participant of Cars and Coffee in what is now known as Columbia's Motor Alley. Photography by Robbie Mathis



Photography by Robbie Mathis

# RESTORATION HOMETOWN

**PAM WINDSOR**

As host of his American Pickers TV show, Mike Wolfe spends a lot of time on the road. But when he's back home in Tennessee, you'll often find him in downtown Columbia.

"Columbia has my heart," he says. "I started working on projects here about six years ago. I had done a lot of work in LeClaire, Iowa where I'm from. I worked on the Tourism Board, I was on the City Council, and I was involved in renovating buildings there. And when I came here, there were a lot of historic buildings downtown, and I love restoring old buildings."

He connected with other like-minded people who wanted to revitalize downtown in a way that would attract visitors and promote tourism. He purchased some of those older buildings, renovated them, and opened downtown Columbia's first downtown Airbnb.

He decorated it with antiques and collectibles like those American Picker items he finds during his travels.

"It's called Two Lanes Guesthouse, and it's above the bicycle shop housed in the 1857 building on the square," Wolfe says. "We wanted to encourage people to stay in the historic district and experience the great things happening in Columbia, whether it's dining or retail. We've got the record store, the bookstore, Ted's Sporting Goods, a great health food store, and more."

As he encouraged others to open new businesses on the town square, Wolfe began rebuilding a group of structures that previously housed old car dealerships or gas stations. He drew on his passion and appreciation for transportation to highlight a unique part of Columbia's history.

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# LEGENDS



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Cars and Coffee is held the third Saturday of every month in Columbia's Motor Alley. Photography by Robbie Mathis

**< FROM PAGE 8**

"If you look at all of the buildings I'm doing, the Chevy dealership, the Esso gas station, the Texaco station, the Packard dealership," he says, "the common theme with all of that stuff is transportation history.

That area is now called Columbia's Motor Alley. It's become the gathering spot for popular events like Cars & Coffee, held on the third Saturday of every month.

"We've got live music down here, we have a coffee vendor and a food truck," Wolfe says. "People like it because it's very loose. They show up, park wherever they want, they're here for three hours, and then they leave. It's not a typical car show where everything's organized."

In addition to buildings downtown, Wolfe is also renovating a historic home.

"It's an 1873 Italianate on West 6th Street," he explains. "I fell in love with and decided I'm going to restore this house."

Wolfe has found a way to balance his many restoration projects

and his traveling for American Pickers. He also owns two Antique Archaeology stores that sell the items he collects along the way. One of the stores is located in Nashville, the other in LeClaire, Iowa. After fourteen years of doing the show, he still enjoys it.

"I have fun with it because I like the travel, I like the people, I like the discovery, and I like making something out of nothing every day," he says. "And that's what we do when we're on someone's property. We have to kind of figure out what's the approach, what's important here, what's the story?"

That skill set has come in handy in his efforts to help promote and develop Columbia. It's been rewarding to see the growth so far, while continuing to build for the future.

"We keep chipping away at these projects," Wolfe says. "And now we have people coming here from all over. It's cool to see people experiencing Columbia. Everybody I've talked to that comes to town absolutely loves it. So, that's really neat."





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Dr. Sam Hutton and Dr. Emalie Hutton own Hutton Family Dentistry on Wedgewood Drive in Columbia. Photography by Robbie Mathis

# TRUE FAMILY DENTISTRY

## JASON ZASKY

“I knew at eight years old that I wanted to be a dentist. It’s all I ever wanted to do,” begins Dr. Emalie Hutton, half of the husband-and-wife dentist team at Hutton Family Dentistry on Wedgewood Drive in Columbia. “I know the exact date and time because my hygienist put it in my chart.”

Meanwhile, her husband, Dr. Sam Hutton, a Columbia native, didn’t become sure about dentistry till late in his college career at the University of Tennessee (Chattanooga), even though he was the son of a pediatric dentist. Certainly, he never imagined he would go on practice in his hometown—in the same space his father once did.

“Things have come full circle for him. Growing up, he helped maintain the interior and exterior of this building,” adds Dr. Em-

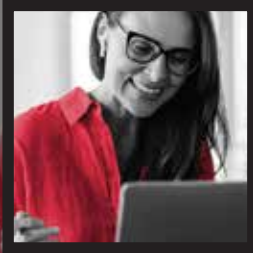
alie, before noting that the space was fully renovated in 2022 and that the interior bears little resemblance to its former self.

“It was down to the studs when we looked at it, so we had a beautiful blank slate to re-work it how we wanted. But the fact that it was previously a dental office meant that everything was kind of where we needed it already,” she continues.

That said, the “new” office (which opened in December 2022) is large enough to handle additional growth, both in terms of patients and staff. It also has state-of-the-art technology, including “a cone beam machine that allows us to take 3D x-rays, so diagnostically we are able to have all the information when we are making decisions,” notes Dr. Emalie. “We also added a surgical suite that is large enough to hold a general anesthesiologist. We see a lot of extraordinarily anxious patients, and we can put them fully under,”

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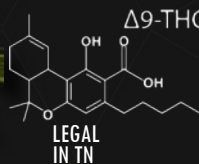
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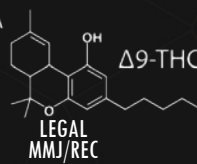


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#### < FROM PAGE 14

she says, noting that a group from Nashville Office Based Anesthesia (NOBA) comes in when patients need or want to be fully sedated.

Better yet, Dr. Sam and Dr. Emalie complement each other well in terms of specialization.

“Dr. Emalie has a very distinct skill set that is extremely beneficial for a cosmetic practice,” offers her husband. “And I really enjoy the surgical aspect of immediately getting someone out of pain and replacing a tooth, whether it’s with an implant or something else.”

That means between the two of them, the Hutton’s can take care of everything a patient might need in-house.

“It’s also wonderful to be able to have someone else chairside with you and to collaborate in real-time,” chimes in Dr. Sam. “We have both practiced solo in the past, and it’s a lonely profession at times, but if you have someone else in your corner it makes all the difference.”

Another thing that figures to make a difference in the young couple’s lives going forward is a shorter commute. The Hutton’s and their two young children have been living in Franklin, but they recently purchased a home in Columbia and will be making the move in June.

“I have been living in Middle Tennessee for most of my life,” says Dr. Emalie, an Oklahoma native, “but I really love the community here in Columbia. I love First Fridays and the town square,

and it’s great to see people investing in the local community. Columbia is also a great place to raise young kids, and the fact that we get to have distinct seasons is wonderful,” she adds.

“I was born and raised here, and I never thought I would come back,” adds Dr. Sam. “As you’re growing up, you think the grass is greener and there’s something better out there. Well, I have lived in a couple cool cities and they were fun, but not better. Plus, this isn’t the Columbia where I grew up, as we have new bars and restaurants, and there are fun things to do with kids downtown.”

That said, the Hutton’s are looking forward to the day when their relatively young practice is mature enough to give back to the community by providing free dental services for a day at least once or twice a year.

“When people hear I am a Columbia native, they are more inclined to trust me. It just seems like you are one of their people. I’d like to leverage that into a way to give back. We get just as much good out of giving back as they get from receiving the services,” notes Dr. Sam.

Dr. Emalie concurs about the good feelings being mutual. “We’ve really enjoyed Columbia and practicing here, and Columbia has loved us back.”

#### CONTACT

Hutton Family Dentistry  
1706 Wedgewood Dr. | Columbia, TN 38401 | 931-240-2009  
[huttonfamilydentistry.com](http://huttonfamilydentistry.com)



# ESSENTIAL SUN PROTECTION TIPS FOR SUMMER



*As summer arrives, it's crucial to prioritize sun protection and shield your skin from harmful UV rays. In this concise guide, we'll explore key strategies to keep your skin safe and healthy during the sunny season.*

## **Apply Broad-Spectrum Sunscreen:**

Choose a broad-spectrum sunscreen with a Sun Protection Factor (SPF) of 30 or higher. Broad-spectrum sunscreens protect against both UVA and UVB rays. Apply sunscreen generously to all exposed areas, including the face, neck, arms, and legs. Reapply every two hours or after swimming or excessive sweating.

## **Seek Shade:**

When the sun is at its peak, usually between 10 a.m. and 4 p.m., seek shade whenever possible. Shade provides a natural barrier from direct sunlight and reduces the intensity of UV exposure.

## **Wear Protective Clothing:**

Covering up is an effective way to shield your skin from the sun. Opt for lightweight, loose-fitting clothing made from tightly woven fabrics. Wear long-sleeved shirts, wide-brimmed hats, and sunglasses with UV protection to safeguard your face, eyes, and neck.

## **Be Mindful of Sun Reflection:**

Water, sand, and snow can reflect sunlight and increase UV exposure. Take extra precautions in such environments by applying sunscreen more frequently, wearing protective clothing, and using sunglasses to shield your eyes.

Prioritizing sun protection is essential during the summer. By following these key tips, you can enjoy outdoor activities while safeguarding your skin from harmful UV rays. Remember, consistent sun protection habits contribute to long-term skin health. Stay safe and enjoy the sunny season responsibly!

## **Stay Hydrated:**

Proper hydration is essential for maintaining healthy skin. Drink plenty of water throughout the day, especially when spending time outdoors. Hydrated skin is more resilient and less prone to sun damage.

## **Use Additional Sun Protection Measures:**

In addition to sunscreen, consider using other sun protection measures such as umbrellas, sun hats, and sun-protective clothing. These provide extra layers of defense against harmful UV rays.

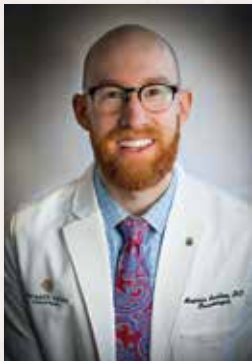
## **Check Medications:**

Certain medications, including antibiotics, diuretics, and acne treatments, can increase your skin's sensitivity to the sun. Check with your healthcare provider or pharmacist to determine if any medications you are taking require additional sun protection.

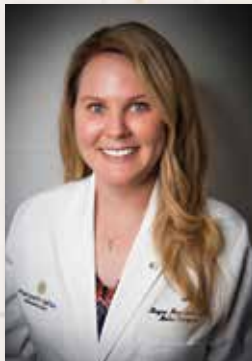
## **Be Mindful of Children:**

Children's skin is delicate and more susceptible to sunburns. Ensure they are adequately protected by applying sunscreen, using appropriate sun-protective clothing, and encouraging them to seek shade when needed.

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# COMMUNITY SNAPSHOTS



## CITY OF COLUMBIA WELCOMES HANNA MILLER AS NEW PUBLIC INFORMATION OFFICER

The City of Columbia is pleased to welcome Hanna Miller as the new Public Information Officer. Hanna brings a dynamic skill set and a passion for community engagement to her new role. As the new Public Information Officer, Hanna will be responsible for maintaining transparent communication between the city government and its residents, ensuring that accurate and timely information is readily available to the public. She will assist the Tourism & Marketing Department with a variety of initiatives involving social media, public relations, and community involvement.

"I am honored to take on this new role within the City of Columbia," said Hanna. "I am excited to continue serving this wonderful community and to further enhance communication and engagement."



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The advertisement features a dark, textured background with a diamond-plate pattern. At the top, logos for Kawasaki, Kohler Engines, Briggs & Stratton, and RedMax are displayed. Below these are logos for eXmark, Cub Cadet, and SCAG Power Equipment. Three riding lawn mowers are shown: a red eXmark on the left, a yellow Cub Cadet in the center, and an orange SCAG on the right. At the bottom, the company name 'Center Star Sales & Service' is written in a large, bold font, followed by the tagline 'Lawn Mower Sales, Service & Repairs' in a script font and the phone number '931-381-0005'.





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Photography provided

# EXPERIENCE SPRING HILL THIS MONTH

Get ready to mark your calendars for Saturday, June 22, 2024, because it is time for Experience Spring Hill, The Event presented by TriStar Spring Hill ER. Taking place at Summit High School from 10:00 a.m. to 2:00 p.m., this is the event of the summer that promises an extraordinary day of community spirit, fun, and discovery—free for the entire family.

“The Spring Hill Chamber of Commerce is very excited to host our unique annual eat, shop, and play event,” said Executive Director Rebecca Melton. “This event provides a venue in which residents can learn about the local businesses and services that make up this wonderful city. Furthermore, it speaks directly to our organization’s mission of serving our business community and positively influencing the business culture to create a better Spring Hill.”

Experience Spring Hill, The Event, isn’t just an ordinary event; it’s a gathering that celebrates the essence of community and local pride. Although food vendors and a few retail vendors will have items for sale, there are no fees to attend and partake in the festivities. This event is a perfect opportunity to enjoy a day out with family and friends.

So, don’t miss out on this incredible opportunity to engage with your community, discover new interests, and enjoy a day filled with fun and excitement. Whether you’re looking to shop, eat, play, or just enjoy a day out, this event promises to deliver a spectacular experience. You can secure your free tickets at the event website, [www.experiencespringhill.com/experience-spring-hill-event](http://www.experiencespringhill.com/experience-spring-hill-event).





# Special Census 2024 is Coming Soon to Columbia

Beginning in August through November, the City of Columbia will conduct a special census. Everyone in the city limits of Columbia will receive an invitation to respond online, then home visits will take place after that to make sure everyone has an opportunity to be counted.



An accurate count of our current population may help Columbia qualify for additional funding for services we depend on every day. Businesses may also use U.S. Census Bureau data to choose locations for new stores and create new jobs.

Learn more at [www.ColumbiaTn.com](http://www.ColumbiaTn.com)



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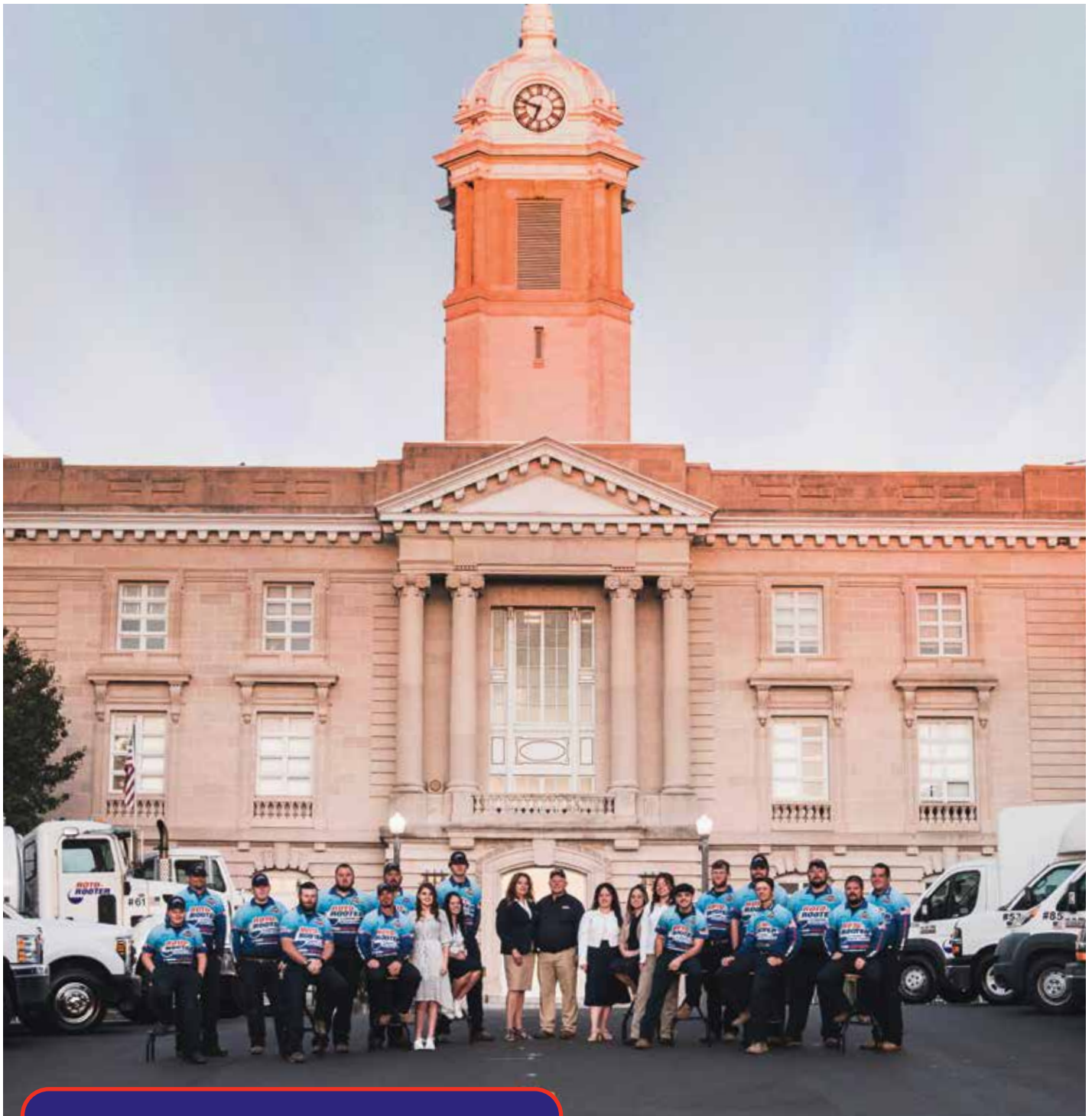
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