

Muletown *{local}*

COLUMBIA & MAURY COUNTY

OCTOBER 2022

**MEET LOCAL
BUSINESSES**

LOCAL ADVENTURE | LOCAL DISCOVERY



Stop hitting snooze on your *mammogram.*

Breast cancer affects **one** in **eight women**.
The best defense is early detection.

Mammograms can detect breast cancer in its early stages before any signs or symptoms may be present. That's why Maury Regional Health recommends that all women ages 40 and older receive a mammogram each year.

Schedule a mammogram:
Call 931.380.4044 today.



**MAURY REGIONAL
HEALTH**



Columbia | Hohenwald | Lewisburg | Spring Hill | Waynesboro

We know you're busy. That's why we're committed to offering convenient mammography services at locations throughout southern Middle Tennessee. Call 931.380.4044 today to schedule.



Hannah Points
REALTOR®
931.797.3428
hannahpoints@kw.com

Teresa Points
REALTOR®
931.797.2824
teresapoints@kw.com



POINTS YOU *home sweet* **HOME**

KELLERWILLIAMS.
REALTY

615.302.4242



5083 MAIN STREET | SPRING HILL | EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED



**YOUR PREMIER ORAL SURGERY OFFICE
IN MIDDLE TENNESSEE**



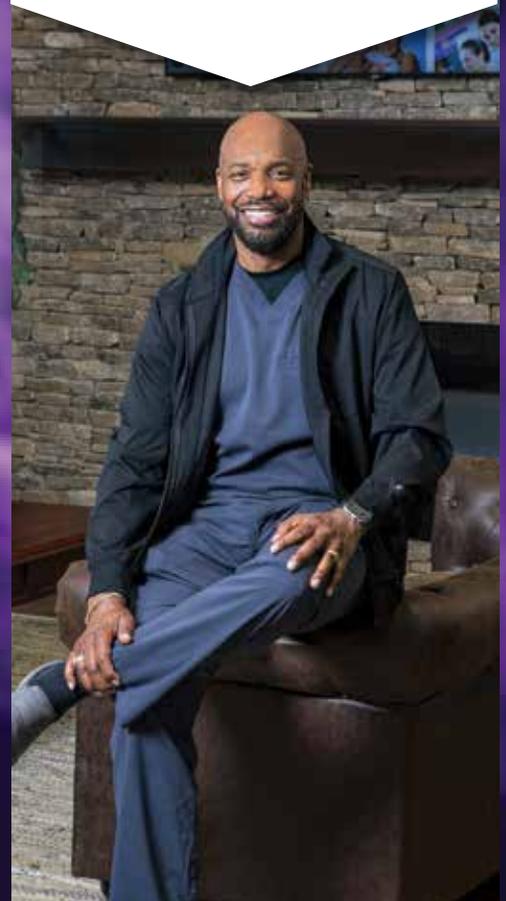
Happy Halloween

**from the Spring Hill
Oral & Maxillofacial
Surgery Team!**

Our convenient appointments make scheduling work for you. We have the capability and state licensure to administer general anesthesia to ease anxiety and offer a comfortable experience. Call us today!



**ORAL & MAXILLOFACIAL
SURGERY**



**WE PROVIDE A FULL SCOPE OF
ORAL & MAXILLOFACIAL SURGERY INCLUDING:**

DENTAL IMPLANTS

WISDOM TOOTH REMOVAL

CALL TODAY! 615.302.8471 | SPRINGHILLOMS.COM

DR. D. CARL JACKSON | SPRING HILL ORAL & MAXILLOFACIAL SURGERY

4012 O'HALLORN DRIVE, SUITE A | SPRING HILL

Inside {local} October '22



6 LOCAL ARTISAN DESIGNS PERFECT PLAN

Love of history and art provides career path



12 A MOVING CENTURY

Local company becomes a family tradition



14 A COURSE IN FIGHTING FIRES

Residents can join fire academy for free



16 HOSPITAL REACHES HEIGHTS

Local hospital ranks high when it counts



Creative Director: Dennis Carroll

LOCAL FOCUS SERVICE DIRECTORY 22, 23 CALENDAR 26 RECIPE 28

ON THE COVER: *October is a great time to get out and explore the backroads of Maury County; to enjoy the changing landscapes, and old structures, like this one pictured located in the Williamsport community. Photo by Robbie Mathis.*

ADVERTISING INFORMATION Interested in advertising to over 7,000 homes in Maury County? We can promote your business through direct mail delivery and social media promotions. We offer very creative opportunities to local businesses, reach out today for more details. Contact Jeff at 615-828-2542, or email jbryant@wilcolocal.com

Muletown Local is published by WilcoLocal Media & Marketing, published twelve times per year, and delivered both online and by postal delivery to over 7,000 homes in the Spring Hill area. Advertising claims are the sole responsibility of the consumer to check the validity and honesty of the offer made by the business. WilcoLocal Media and Spring Hill Local are not responsible for claims made by the business owners. Please submit any questions or comments to jbryant@wilcolocal.com.

For advertising information contact Jeff Bryant at 615-828-2542, or jbryant@wilcolocal.com



Photography by Michael Tedesco.

FOR LOCAL ARTIST HOBBY BECOMES CAREER

PAM WINDSOR

A typical workday finds Jill Harper painting in her home studio in Spring Hill, her dog Daisy Mae, right there at her feet. Harper always loved art as a hobby, but a little more than a decade ago, she found herself able to devote more time to it.

"I grew up drawing and doing art and always enjoyed it," she explains. "Then, when I had my second son, and I started staying home with them, I wanted to do something on the side. I started doing local craft shows and art shows. Then I started getting into stores, and it became a full-time job for me. It's amazing. I love it so much!"

Her paintings, which vary in size and subject matter, have become very popular with customers in the stores that display her work, like Vintage 615 in Spring Hill, the Faded Farmhouse

in Columbia, and Mercantile 1858 with locations in Franklin and Arrington.

"I paint churches, barns, flowers, but I do love seasonal pieces, too," she says. "Because when people collect, they can get additional paintings to trade out. If you have a fall piece out, when it's time for Christmas, you can put a new one in the same spot."

She also paints local landmarks, showcasing famous and familiar spots such as the Ryman, the Franklin Theater, Arrington Vineyards, and others. Harper was born in Memphis but moved to Franklin when she was 12 years old. She has a rich appreciation for the area's history, as well as history in general. She has a degree in Human Ecology-Housing and Design from Tennessee Tech.

"I especially love painting some of the older landmarks because there's so much history and character to them. I learned a



FINDING THE RIGHT INSURANCE
DOESN'T HAVE TO BE **SCARY**

OUR LICENSED AGENTS MAKE
SHOPPING FOR INSURANCE
A **TREAT!**

*We help you protect
what matters most.*

Call, click, or come by today!



Proudly representing Erie Insurance since 2003



DeBerryInsurance.com

931.486.3300

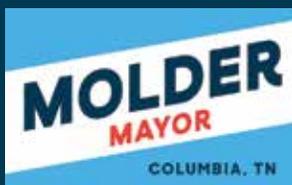
5232 Main Street | Spring Hill

Re-Elect Chaz Molder For Mayor

Responsible leadership for today

with an eye towards the future.

- Over 1,000 jobs created in 4 years
- Over \$500 million capital investment
- No property tax increases; reduction of expenditures
- Preservation of historic downtown
- Focus on arts, parks and public safety
- First dog park in the city



MAYOR CHAZ MOLDER:
Delivering For Our Community

Paid for by the Committee to Re-Elect Mayor
Chaz Molder, Tina Adams, Treasurer



Photography by Michael Tedesco.

< FROM PAGE 8

lot about architecture in school and just love it.”

She uses acrylic/latex paint to create a textured feel that sometimes gives her paintings a vintage look. She’s passionate, too, about experimenting with different colors.

“That’s another reason I like design - is color,” she says. “I love choosing different color palettes and keeping and adding color in, but making it neutral, also. So, it can still match if you change your colors.”

In addition to the artwork she sells at area stores, Harper does quite a bit of commissioned work. It can include everything from custom paintings for someone’s home that incorporates a specific wall color within the painting itself to create a perfect match, to paintings of buildings and landmarks with special meaning.

“I’ve done a lot of churches where people get married. I paint for some realtors, and I’ll do closing gifts such as a painting of the

home they sold if it was a family home, or a new home. It’s a lot of fun.”

She never dreamed when she started pursuing her art on a part-time level, it would work out so well.

“When I started doing it on the side, I had no expectations. I feel the community here really supports artists and small businesses, and I guess that’s why it works. And I’m also thankful to the shop owners because they’ve been so good to me. Being in the shops is a huge blessing because that’s not always easy.”

Harper, who has a strong faith, says she’s grateful to be able to do what she loves.

“On the back of my business card, it says, ‘I love using the talent God gave me.’ I truly believe there’s so much talent, not in me, but in the world. And for me to be able to do this, I know it’s God leading it.”

To learn more about her art, visit jillharperdesigns.com



VOTED MAURY COUNTY'S #1 FAMILY ENTERTAINMENT CENTER
 & #1 PLACE TO HAVE A BIRTHDAY PARTY

GREAT FOOD AND FULL SERVICE BAR | 32 BOWLING LANES | HUGE ARCADE | LASER TAG | BUMPER CARS | PRIVATE PARTY ROOMS
 730 Mooresville Pike , Columbia | 931.381.BOWL | tennpin.com



**BURNING
 ACRE** | LUXURY
 EDIBLES



BURNINGACRE.COM
 931-901-0340

2484 PARK PLUS DR.
 COLUMBIA, TN.



Photography provided.

MOVING FORWARD ALMOST 100 YEARS

BY PAM WINDSOR

Powell Ledbetter has lived in Columbia all his life but has seen quite a bit of America. He and his wife, Kim, own VIP Moving & Storage of Tennessee. It's a family business that's been moving people all over the country for the past 90 years.

"My grandfather, Marshall Ledbetter Sr, founded the business in 1932, and it's been right here on West 12th Street ever since." While it's always been at the same location, some changes have occurred through the years.

"It started out as a small moving company," Ledbetter explains. "Actually, my grandfather was one of the largest North American Van Line agents in the country. And when he passed away, my dad wanted to scale it back, make it more manageable,

and offer a personal-type service. Today, we've taken the best of everything, and I think we've got it figured out."

Ledbetter and his staff, which includes Kim and four longtime trusted employees, handle moves from anywhere in one part of the country to another. They transport household goods anywhere in America, using their newly expanded warehouse in Columbia for storage when needed. Every move starts with a personal approach that continues throughout the entire process.

"Kim runs the office, and she does all of our estimates," says Ledbetter. "For example, we've had a lot of people moving from the West Coast, so for those, she'll fly out, do the estimate, then come back. That way, she gets to see the actual shipment. And when we give someone an estimate, it's guaranteed, it won't be a dollar more."

PAGE 12 >



THE
REPUBLICANS'
CHOICE

Debbie
Matthews
MAYOR
OF COLUMBIA

Paid for by committee to elect Debbie Matthews, Mayor, Ken McArthur, treasurer

Get your life back.

Beat Arthritis, Diabetes, Anxiety, Joint Pain,
IBS, Insomnia and more

BEST DELTA 8 IN TN

15% OFF

for New Customers
with this ad

Not valid with everyday specials, or
combined with other offers



Your CBD Store
COLUMBIA | SPRING HILL

FREE
DELIVERY
ON ALL
PRODUCTS

931.223.8787

1506 NASHVILLE HWY. | COLUMBIA
NORTH OF HYUNDAI, NEXT TO HOTEL O



CRYE-LEIKE,
REALTORS®

JIMMY "D" DUGGER

Serving Maury County & Southern Middle TN
REALTOR • BROKER • AUCTIONEER

www.jimmyddugger.com

c: 615-210-5027

o: 931-540-8400

jimmyd@jimmyddugger.com

"HE'S TOO MUCH JELLY FOR ONE BISCUIT"



DUMPSTER AND DUMP TRAILER RENTALS
COMMERCIAL OR RESIDENTIAL WASTE
HOME AND ESTATE CLEAN OUT
YARD & BRUSH DEBRIS
RENT BY THE DAY, WEEK, OR WEEKEND

*14 FT DUMP TRAILER | *16 FT DUMP TRAILER
*13 YARD DUMPSTER | *21 YARD DUMPSTER

HEATH FITZGERALD, OWNER

931-797-8564



< FROM PAGE 10

When it comes to the actual move, the same core group follows it through from beginning to end.

“We pack, load, transport, and deliver,” Ledbetter says. “The same people that come in and pack you will be the same crew that loads you. I’m going to be your driver to wherever the destination is, and I’ll generally fly one or two of my guys out to where we’re delivering, so they’ll be there to help. This way, there’s consistency. You don’t have four people come in and pack up, then have a different crew at the destination where nobody knows how to put anything together because they weren’t there when it was taken apart.”

VIP Moving & Storage has built a strong reputation, mostly through word-of-mouth. Ledbetter says his goal is not to just relocate people once but to move those same families again and again.

There have been many repeat customers, chief among them

– the Tennessee Titans. Ledbetter’s family formed a relationship with the team over two decades ago.

“We actually moved them here from Houston in 2000, my dad and his company, when he was alive. I drove a truck at the time and moved Coach Fisher and some of the executives here.”

Things went so well, Ledbetter has since moved some of those same people to other locations, and currently transports the Titan’s game day equipment when they play in other cities.

There’s a lot of pride, as well as responsibility, in running a family business, especially one in its third generation. Powell, who began working as an 8-year-old kid with a broom in the warehouse 50 years ago, wouldn’t have it any other way.

“I enjoy it. I like working; I like the physical part of it. You’re only as good as your last move, and I want to be the best we can be every time we pull up.”

See the VIP Moving & Storage ad on page 31 for more information.



COLUMBIA EYE
PHYSICIANS

Jacob Fleenor, M.D.

Ophthalmologists **Timothy Gordon, M.D.** and **Ralph Hamilton, M.D.** board certified ophthalmologists, are excited to welcome Dr. Jacob Fleenor to their practice at Columbia Eye Physicians, PLLC. Dr. Fleenor is from Rogersville, TN., and attended UT Knoxville. He received his MD degree from Quillen College of Medicine in Johnson City and completed his ophthalmology training at Baylor Scott and White Medical Center in Temple, TX.

1050 N. JAMES CAMPBELL BLVD. COLUMBIA | 931-375-1050
MON-THURS 7:30 - 4:00 FRI 7:30 - 11:00 | COLUMBIAEYE.NET

Jameson Manor

for Tennessee District 64



Democrat for State Representative

Twitter @coachjm68
Instagram: **Manorfor64**
Facebook: **Jameson Manor**
jamesonmanortn.com

PAID FOR BY JAMESON MANOR FOR 64

Miller's Thrillers

15TH SEASON
OF WOW
FACTOR!

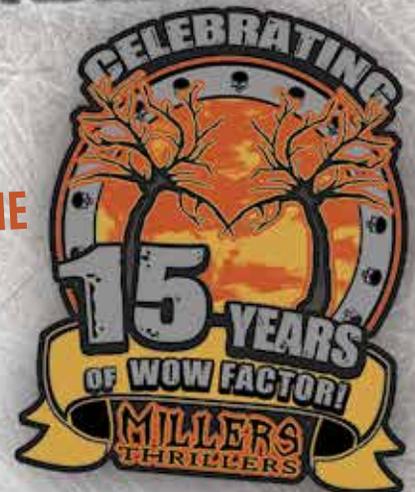


HAUNTED
PHOSPHATE
MINES! AND THE CREEPY
INHABITANTS

LIVE
ZOMBIE
HAYRIDE
RELOADED

RELOADED!
TRAVELING THRU
RUGGED
TERRAIN
SHOOTING LIVE
ZOMBIES WITH
PAINTBALL GUNS

TRAMPOLINE
ACROBATS



ZOMBIE DRUMLINE
STILT WALKERS
FIRE PERFORMERS
JUGGLERS
5 PHOTO OP AREAS
LIGHT & LASER
& FIREWORKS SHOWS
AND MUCH MORE!



millersthillers.net

1431 Carters Creek Pike | Columbia TN | 5 minutes from Spring Hill



Photography provided

CITIZENS FIRE ACADEMY

Columbia Fire & Rescue is gearing up for their second annual Citizens Fire Academy this fall! CFR's Citizens Academy is a free six-week program that provides adults age 18 and up with the opportunity to learn all about what it takes to be in the fire service. Classes will take place every Monday and Saturday from October 10th through November 14th. Under close supervision of CFR firefighters, participants will use the skills and knowledge they will have obtained in Citizens Fire Academy classes to participate in hands on department activities including, donning and doffing firefighter turnout gear, deploying hoses, placing ladders, per-

forming search and rescue operations and more! Participants will get to witness a mock life-saving vehicle extrication, learn how to properly use a fire extinguisher, perform CPR and gain an understanding of basic and advanced life support skills. Citizens Fire Academy is a great way to learn more about day to day operations of your local fire department! For more information about Citizens Fire Academy check out Columbia Fire & Rescue's Facebook page @ColumbiaTNFire or visit the City of Columbia's website: tn-columbia.civicplus.com/701/Citizens-Fire-Academy



MODERN ORTHODONTICS OLD-FASHIONED CARE

24/7 ACCESS TO DR. WES

RELAXED ONE-ON-ONE VISITS

HIGH-TECH, CUSTOM
TREATMENTS FOR ALL AGES

NO CRAZY WAITS OR
ASSEMBLY LINE CARE

COMPLIMENTARY
CONSULTATIONS

615.282.5038



Dr. Wes
ORTHODONTICS



DR. WES CHLADNY

4012 O'HALLORN DRIVE, SUITE B, SPRING HILL | drwesortho.com



WINNER



W'lin's

**HAND MADE PHO NOODLE SOUPS,
BAO & DUMPLINGS, AND
BUBBLE TEA. GET YOUR HANDS
DIRTY WITH OUR SOUTHERN
STYLE SEAFOOD! VEGAN &
GLUTEN FREE MENU AVAILABLE**

\$5 OFF
\$30 OR MORE

BUY ONE LUNCH
SPECIAL - GET ONE
HALF OFF

W'lin's expires 10/31/22

W'lin's expires 10/31/22

WED - MON 11AM-9PM | LUNCH MON, WED-SAT 11AM-3PM | CLOSED TUESDAY

2105 WALL STREET | SUITE 103 | SPRING HILL | **615.302.8088** | **ORDER ONLINE** WlinsTN.com



U.S. NEWS & WORLD REPORT NAMES MAURY REGIONAL AMONG HIGH PERFORMING HOSPITALS

U.S. News & World Report has recognized Maury Regional Medical Center (MRMC) as a high performing hospital in the areas of colon cancer surgery, heart failure treatment, kidney failure treatment, stroke treatment, hip fracture treatment and knee replacement for 2022–23.

The annual U.S. News & World Report Best Hospitals rankings and ratings, now in their 33rd year, are designed to assist patients and their physicians in making informed decisions about where to receive quality care for challenging health conditions or common elective procedures.

“Maury Regional Medical Center’s health care team is committed to ensuring all our patients receive the best possible outcomes,” said Maury Regional Health Interim CEO and Chief Medical Officer Martin Chaney, MD.

For the 2022–23 rankings, the Best Hospitals list evaluated

hospitals in more than 30 medical and surgical services. The list’s methodology are based largely on objective measures, such as survival rates, patient experience, level of nursing care and how successfully each hospital helps patients return home.

To calculate the rankings for overall performance, specialties, states and metro areas, U.S. News evaluated each hospital’s performance using a variety of measures from data provided by the Centers for Medicare & Medicaid Services, American Hospital Association, professional organizations and medical specialists. In the areas of procedures and conditions, the ratings are based on objective patient care measures.

For more information about the 2022–23 rankings by U.S. News & World Report, visit [Health.USNews.com/Best-Hospitals](https://www.health.usnews.com/best-hospitals).

clean + healthy crawl space = healthy family

Improve your indoor air quality!

crawl space encapsulation

- Protect your home and health from moisture
- Improve air quality
- Protect floors from warping
- Reduce heating & cooling costs by up to 15%
- Increase your resale value
- Eliminate mold and mildew



The Clean Air Co. LLC

615-758-3717

TheCleanAirCo.com

WE ALSO OFFER
**AIR DUCT
CLEANING**

“WHAT YOU CAN’T SEE CAN HURT YOU”



MAURY COUNTY TOURISM REPORTS RECORD BREAKING YEAR

Visitors returned to Maury County in 2021 with spending totaling \$109.55 million, a 38% increase over 2020, according to new information released today by the Tennessee Department of Tourist Development. The five sectors included in the visitor spending report are Accommodations, Food and Beverage, Recreation, Retail, and Transportation. Each sector experienced increases for 2021.

“Maury County proved to be a popular place to visit in 2021, and our visitor spending surpassed even our 2019 levels, which is fantastic news,” said Erin Jagers, Executive Director of Maury County Visitors Bureau. Maury County is the fastest growing county in Tennessee. We are ranked 20 of 95 counties in visitor spending.

Maury County has so much to offer. We promote Tourism in print, digital advertising, billboards, social media and more. Visitors come to tour the 11th President James K Polk home, Duck River, travel team sports tournaments, festivals and music events, historic sites, unique downtowns, parks, farms, weddings, great restaurants, boutiques, wineries and breweries -- the list goes on and on.

Tourism not only benefits local businesses, but also residents of Maury County. Visitors directly generated \$109.55 million in state and local taxes, which is equivalent to \$248 in tax savings for every Maury County household, according to today's state report. In other words, if it were not for state and local taxes generated by tourism, each Maury County household would pay \$248 more in state and local taxes.

For more information, please contact Erin Jagers at ejagers@maurycounty-tn.gov



RELIABLE. HOMETOWN. QUALITY.
931-379-3775

**LUMBER | METAL ROOFING
AND SIDING | FEED | HARDWARE
POLE BARNs | REBAR
CULVERTS | MULCH | GRAVEL
SAND | EQUIPMENT RENTALS
SEASONAL FLOWERS
AND GOODS | CONCRETE**

MidTennSupplyllc.com
COME BY AND SEE US!

301 NEW CANAAN RD | COLUMBIA

EMAIL: INFO@MIDTENNSUPPLY.COM



**MON-TUES 7:30-4:30 - WED 7:30-2:00
THURS-FRI 7:30-4:30 - SAT 7:30-12:00**



A1 PROFESSIONAL TREE SERVICE

We save trees and your money.

Emergency Number 24/7/365

615-982-2265

WWW.A1PROTREES.COM

50
YEARS
EXPERIENCE



100% Customer Satisfaction
You don't pay until you're happy!



NOBODY DOES IT BETTER FOR LESS!

we **save** trees. we **love** trees.

Do **NOT** sign a contract with the other guys until you get our price. **We'll save you money and headaches!** We'll do a professional job with our state-of-the-art equipment.

FREE STUMP GRINDING
WHEN WE REMOVE THE TREE, THE STUMP IS FREE!
Offer Expires 10/31/22

- Senior and Military Discounts
- Fully Insured for Your Protection
- Specialized in Extra Large and Dangerous Trees
- Custom Lot and Lakefront Clearing
- Free Evaluation of the Integrity of Every Tree Before Purchasing a House or Lot

Other companies make you wait - **WHY WAIT?** We make your job priority and guarantee our work.

PROFESSIONAL PORTRAITS

PACKAGES STARTING AT \$150

Michael Dominic Tedesco is a photographer in Nashville, formerly New York City. Clients include: Mutual of America, Farm Bureau Insurance, Penguin Publishing Group, Gotham Books, Avery Books, Bloomberg Markets, Men's Health, Women's Health, Men's Fitness, The Source, CMJ, St. Johns University, Decker Design, Jujamcyn Theaters, Journal Communications, Warner Music Nashville, University of Tennessee, Meharry College, Edge Artist Management and many Departments of Agriculture in the United States. View more work at www.tedescopictures.com



PICTURE NASHVILLE

917-549-5551
PictureNashville.com

MICHAEL DOMINIC TEDESCO
HEADSHOT & PORTRAIT PHOTOGRAPHER

mdt@tedescopictures.com
tedescopictures.com
facebook.com/TedescoPictures
instagram.com/tedescopictures

MTB&J

MID-TENNESSEE
BONE & JOINT CLINIC
— A Division of TOA, P.A. —



931.381.BONE (2663)
WWW.MTBJ.NET
MIDTENNESSEEBONEJOINTCLINIC  



Jeffrey T Adams MD
*Shoulder Surgery
Sports Medicine*



Randall L Davidson Jr MD
Foot & Ankle Surgery



A Lee Hunter Jr MD MBA
*Surgery of the Hand &
Upper Extremity*



Christopher M Loftis MD
Shoulder & Elbow Surgery



Scott W McCall MD
*Knee Replacement
Sports Medicine*



Jonathan R Pettit MD
Sports Medicine



Zachary K Pharr MD
*Sports Medicine
Shoulder & Elbow
Hip Arthroscopy*



Erion Qamirani MD PhD
Spine Surgery



W Cason Shirley MD
*Joint Replacement
Sports Medicine*



Carson D Strickland MD
Foot & Ankle Surgery



Kenneth T Sykes MD PhD
Interventional Pain Medicine



J Fredrick Wade MD
*Knee & Hip Replacement
Lumbar & Cervical Spine*

Proudly providing specialized, compassionate and exceptional care
to Middle Tennessee!

1050 N JAMES CAMPBELL BLVD | SUITE 200 | COLUMBIA TN

THE MULETOWN

ALAN'S FLOORING, DOORS & MORE

alans.flooringdoorsmore@gmail.com
alansflooringdoorsmore.com

**FREE ESTIMATES....CALL US TODAY!
INSTALLATION AVAILABLE**

ALAN FEILD, owner
304 E. James M. Campbell Blvd. Columbia
615.800.1646 - MON-SAT 9-6



Tillis Jewelry
105 W 7th STREET
Columbia, Tennessee

Custom Design
Instore Repair
Engagement
Vintage

Follow us on Facebook and Instagram

Pizazz Salon

Denise Collins
OWNER/STYLIST

MEN | WOMEN | CHILDREN
ACCEPTING NEW CLIENTS

931-626-5240
denisel2@charter.net

1129 TROTWOOD #25 | COLUMBIA



SOUTHERN ELECTRIC

\$25 OFF

NO JOB TOO SMALL
Take Advantage of our
Discounts by Visiting
www.callsouthernelectrictoday.com

EXPIRES 10/31/22 • Must Present Coupon

615-261-4800



We Now Offer FINANCING PLANS

EASY APPLICATION PROCESS | FAST APPROVAL | SIMPLE PROCESS

LANDSCAPE LIGHTING
RECESS CAN LIGHTING | REMODELING
BREAKER PANEL UPGRADES
CEILING FAN INSTALLATION
LIGHTS & OUTLETS | SPAS & POOLS
NEW CONSTRUCTION

callsouthernelectrictoday.com

Parkway Wine & Spirits

CHECK US OUT ON FACEBOOK

**GREAT PRICES &
GREAT SELECTION**

Mon - Thur 9AM-9PM | Fri - Sat 9AM-10PM | Sun 12PM-7PM

Located in the Crossings of Spring Hill Shopping Center next to Cracker Barrel

2026 CROSSINGS CIR | SPRING HILL | 931.451.7118

JOHNSON'S CARPETS & FLOORS

COMMERCIAL | RESIDENTIAL | CARPET
WATERPROOF LVT | HARDWOOD
LAMINATE | SALES & INSTALLATION

931.388.1386
johnsonscarpette.com

M-FRI. 8-5 | 1208 S. MAIN | COLUMBIA



Don Johnson

ATHENS INSURANCE



Andy Crichton
Agent

Auto | Home | Business | Life

*"Combining the coverage
you need with the
service you deserve."*

acrichton@athensins.com

931.398.5533

700 N. MAIN STREET | SUITE 100-101 | COLUMBIA | 931.398.5533

So Clean

JANITORIAL SERVICES, LLC

Complete Floor Care & Office Cleaning

Errol Murphy, Owner

931-388-3624 office | 931-446-6256 cell
SoCleanJainitorial@cpws.net | SoClean-U-Save.com

HOME & SERVICES DIRECTORY

15cent PRESSURE WASHING
RESIDENTIAL AND COMMERCIAL

The Best In Town

931-446-1031
contactus@15centpressurewashing.com
15centpressurewashing.com

Scan QR code to check out website

TENNESSEE DRYER VENT CLEANING

615.669.7173

TennesseeDryerVentCleaning.com
email: Luke@tncleanvents.com

FLAG WORLD

Over 4,000 Flags in Stock | Flag Pole Installation
Decals, Military Pins, Patches, Kites, Windsocks,
Yard Spinners, Mailbox Covers.

craig@flagworldamerica.com | flagworldamerica.com

CRAIG EILERMAN, OWNER | 32 PUBLIC SQ. | COLUMBIA | 931.548.2076

KEEPING DIRT WORK CLEAN

615.957.3001
Barry Moss

MOSS EXCAVATION

DIRT WORK, LAND CLEARING, & GRADING

30% OFF
ALL WINDOW COVERINGS EXCLUDING SHUTTERS

ADDITIONAL
10% OFF

AT TIME OF ESTIMATE ONLY. SOME RESTRICTIONS APPLY. NOT VALID WITH OTHER OFFERS.

FREE IN-HOME CONSULTATION • INSTALLATION INCLUDED

Call 615.887.1823 for FREE In Home Consultation
or email us at theblindgirls@gmail.com

RESIDENTIAL & COMMERCIAL FENCING

FREE ESTIMATES

931-548-2151
midtnfence.com

Now Hiring

Davis HEATING & COOLING
Home Comfort Specialists

ACCREDITED BUSINESS

American Standard
HEATING & AIR CONDITIONING

931-388-2090 | davisheatingandcooling.net

2319 Campbell Park Drive, Columbia

BEASLEY'S YARD

Making landscapes shine for over 17 years!

The area's top selection of...

**Mulch • Topsoil • Decorative Gravel
Sand • Grow Mix • Compost
Flagstone • Boulders & much more!**

DELIVERY AVAILABLE
OPEN MONDAY – SATURDAY
visit our facebook page or website for hours of operation

2580 COLUMBIA HWY. | COLUMBIA
BeasleysYard.com | 931.486.2575

Want to introduce your business to over 7,000 homes each month?

CONTACT **ROBBIE MATHIS** TO LEARN MORE ABOUT ADVERTISING HERE
rmathis@wilcolocal.com
OR 615-243-2690



ROLLING HILLS
COMMUNITY CHURCH
COLUMBIA CAMPUS

JOIN US SUNDAYS 10AM

RIVERSIDE ELEMENTARY
203 CARTER ST. COLUMBIA, TN 38401

LEARN MORE AT
ROLLINGHILLS.CHURCH/CLC



COLUMBIA

MT. PLEASANT

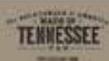
SPRING HILL

Experience Maury

Maury County Visitors Bureau
302 West 7th Street
Columbia, Tennessee 38401
931-375-4106



WWW.EXPERIENCEMAURY.COM





GT AUTOMOTIVE

**ENGINE/TRANSMISSION
DIAGNOSTICS**

A/C SYSTEM | BRAKES

**GENERAL AUTOMOTIVE
REPAIR AND SERVICE**

1319 S. MAIN ST COLUMBIA | 931.408.8350
FAMILY OWNED AND OPERATED

Excellence In Private Christian
EDUCATION

— COLUMBIA ACADEMY —

COLUMBIA: PRESCHOOL - 12TH GRADE • SPRING HILL: PRESCHOOL-6TH GRADE



KNOWLEDGE



CONFIDENCE



CHARACTER

CABULLDOGS.ORG



Hal Landers
OWNER

LANDERS

INSURANCE AGENCY

**AUTO | HOME
LIFE | BUSINESS**

*Celebrating 20
Years in Business*

931.380.2003

GREAT RATES | GREAT SERVICE



514 N. GARDEN ST. | COLUMBIA

landersinsuranceagency.com



Delicious iced coffee, smoothies or frappes

**DELICIOUS FRESH ROASTED COFFEE
BREAKFAST & LUNCH SERVED ALL DAY**

931.223.5347

1909 SHADY BROOK ST
COLUMBIA

(corner of James Campbell Blvd.)

M-FRI. 6AM-6PM | SAT. 7AM-6PM
CLOSED SUNDAY



COMMUNITY CALENDAR

Big Bleu Pickin' Party!



Saturday, October 15, 2022 AT 9 AM – 5 PM

Big Bleu Pickin' Party

Historic Public Square, Columbia

Flea market style fun in the parking lot at the corner of Woodland and E. 7th St.! Live music, food trucks, and lots of junk! Bring the gang for this FREE event! Come early and see some great classic cars across the street at Columbia Cars and Coffee the same day from 7-10am.

Saturday, October 15 7:00PM - 11:00PM

Rory Feek - Home Concerts

Hardison Mill Homestead Hall

4544 US-431 | Columbia

Rory is one-half of the Grammy-award-winning duo, Joey+Rory. He and his wife, Joey, toured the world and sold nearly a million records before her untimely passing in March 2016. Rory's highly anticipated first solo album "Gentle Man" was released June of 2021. More info and ticket info at www.RoryFeek.com.



November 5, 2022

Fall Festival & Chili Cook-Off

Highland Realm Blueberry Farm 4443

Hampshire Pike Hampshire

Highland Realm Blueberry Farm presents the first annual Fall Festival and Chili Cook-Off. Enjoy the sights, sounds and flavors of the season in a beautiful country setting in the hills of Middle Tennessee. Live music, chili tasting, food trucks, local vendors, inflatables for the kids and more.

ECZEMA

AFFECTS 1 IN 10 PEOPLE

WE CAN HELP



Eczeza, also known as atopic dermatitis, is a common disease that affects approximately 1 in 10 people during their lifetime. Although eczema often presents in childhood, it can affect adults as well. Although we don't fully understand eczema, genetics and environmental conditions both play prominent roles.

WHAT IS ECZEMA?

Eczeza is a defect in the top layer of the skin, the epidermis, that causes the barrier to the outside world to become impaired. Important components of the epidermis, such as ceramides, become depleted, leading to dry, red, and inflamed patches on the skin. Eczeza typically affects the flexural areas of the extremities (creases in the arms and legs), but can affect any area of the body. If present long enough, eczeza can lead to a

thick leathery appearance of the skin, also known as lichenification.

HOW DO YOU TREAT ECZEMA?

The treatment of eczeza revolves around attempting to restore hydration and depleted nutrients to the epidermis. Moisturizers, especially those with ceramides, are the backbone of all treatment regimens. Topical steroids are often prescribed in order to reduce inflammation and restore barrier function. In more severe cases, oral or injectable medications are often used by board certified dermatologists to control symptoms. If you or a loved one suffers from eczeza, make an appointment with one of our Board Certified Dermatologists to see what treatments are available.

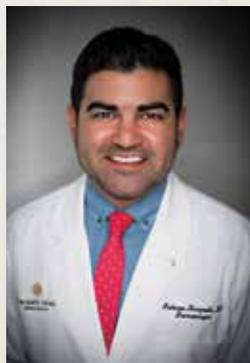
For more information, please go to harpethvalleydermatology.com or call us at **615-905-8083**.



Dr. Benjamin Bashline



Dr. Megan Morrison



Dr. Pezhman Shoureshi



Harpeth Valley
DERMATOLOGY

990 ELLISTON WAY | SUITE 101 | THOMPSON'S STATION

Great RECIPES

Roasted Chicken and Vegetable Soup

PREP TIME: 15 MINUTES
COOK TIME: 35 MINUTES
SERVINGS: 4

INGREDIENTS

1 DOLE® HOMESTYLE ROASTED HERB SHEET PAN MEAL STARTER KIT

1 CONTAINER (32 OUNCES) CHICKEN BROTH

1 CUP WHOLE-WHEAT PASTA SHELLS, COOKED

Prepare sheet pan meal starter kit according to package instructions. Transfer to cutting board and carefully cut chicken and vegetables into 1/2-inch pieces.

In medium saucepot over medium-high heat, bring chicken broth to simmer. Stir in pasta shells, chicken and vegetables. Reduce heat to medium. Cook 5 minutes, or until heated through, stirring occasionally.



#16402 Source: Dole



1000 SUNNYSIDE DRIVE *For Sale*

Columbia, TN 38401 • 5 Beds, 3/1 Baths, 3181 SqFt



PRICED AT \$529,000

An extremely sought after location at the end of Sunnyside Dr. Walking distance to the golf course at Graymere Country Club. A fantastic, quiet low traffic neighborhood. This handsome tri-level in gracious surroundings is designed for easy hospitality & relaxed living. Beautiful hardwood floors, fireplace and if needed, room for an extended family member. Traditional styling & attractive landscaping add to the many other appealing features of this well-located home. This home is a short distance to medical facilities, churches, & shopping.

2708 GRAY CIRCLE *For Sale*

Columbia, TN 38401 • 4 Beds, 2 Baths, 2267 SqFt



PRICED AT \$449,000

Luxurious in every detail, this is a home of distinction with quality you will appreciate. **TOTALLY REMODELED!** Brand new Kitchen with SS Appliances, New luxurious primary bath with designer walk in shower, beautiful hardwood floors, new lighting throughout, fireplace. 2018-Metal Roof, new HVAC unit, new water heater. This attractive, brick ranch w/full basement is located in one of our most desirable neighborhoods. Half acre lot with mature trees. Only a few minutes to hospital, doctors & shopping.

CRYE-LEIKE[®]
REALTORS[®]

Sally Woodard

Managing Broker

Cell: 931-698-4969

Office: 931-540-8400

sally.woodard@crye-leike.com



www.clhomes.com

1118 Nashville Hwy. • Columbia, TN 38401

OUR CREATIVITY DELIVERS YOUR SUCCESS

WE CAN HELP! Everything from simple flyer designs to image campaigns to media plans we can craft a message and present it for success.

DIRECT MAIL CAMPAIGNS AND POST CARDS | LOGO AND IMAGE DESIGN | BUSINESS CARDS | POSTERS AND FLYER AD CAMPAIGNS
STRATEGIC PLANNING | PUBLIC RELATIONS | ONLINE OR TRADITIONAL MEDIA CONSULTATION



WilcoLocal

Call 615.828.2542 or jbryant@wilcolocalmedia.com



TENNESSEE COLLEGE OF APPLIED TECHNOLOGY

HOHENWALD

TCAT Hohenwald is an accredited Tennessee Board of Regents AAETEO Institution

813 WEST MAIN STREET, HOHENWALD 931-796-5351

www.tcathohenwald.edu

Premier Provider of Workforce Technical Education

OFF CAMPUS LOCATIONS ▶

LINDEN COLUMBIA MT. PLEASANT COLLINWOOD WAYNESBORO
MT. PLEASANT SUMMERTOWN LAWRENCEBURG

Graduation in less than 2 years
92% Completion
95% Placement
98% Licensure



Administrative Office

Aesthetics

Automotive

Building Construction

CAD Technology

Cosmetology

Industrial Maintenance

Machine Tool

Manicuring

Cosmetology Instructor

Digital Graphic Design

Forestry & Agriculture

Patient Care Technician

Power Sports

Practical Nursing

Electro-Mechanical

Electronic Systems

Emergency Medical Technology

Surgical Technology

Telecommunications

Welding



TENNESSEE TITANS GAME DAY MOVERS

*A third generation Family Owned Moving Company
Offering the Finest in Nationwide Relocation Services*

- Private, Executive and Corporate Relocations
- Complete Packing and Crating Services
- 50,000 SF Secure, Climate-Controlled Storage Facility



FAMILY OWNED
CALLING COLUMBIA
HOME SINCE 1932

vipmovingandstorage.com
vipmoving@live.com



NASHVILLE 615.586.6676 • COLUMBIA 931.388.0557 • LOS ANGELES 310.513.3730

PRSTD STD
U.S. POSTAGE
PAID
FRANKLIN, TN
#357

ECRWSS
Local Customer

Imagine your home, totally organized!

Custom Closets, Garage Cabinets
Home Offices, Pantries
Laundries and Hobby Rooms

**40% OFF plus
Free Installation**

40% off National Retail Price on any order of \$1000 or more.
30% off National Retail Price of any order of \$700 or more.
Not valid with any other offer. Free installation with any
complete unit order of \$600 or more. With incoming order,
at time of purchase only. Offer good through 9/30/22

Call for a free in home design
consultation and estimate

615-261-8700

www.closetsbydesign.com

Licensed and Insured. Financing Available



MT



ClosetsbyDesign

