

Trust in God

Analyze the situation. Repent for taking faith off. Fear God.

Proverbs 3:5-8 - Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. Don't be impressed with your own wisdom. Instead, fear the LORD and turn away from evil. **Then you will have** healing for your body and strength for your bones.

Steps to place your trust in God:

1. Analyze the situation.

Lack of trust is simply misplaced faith. We are always trusting in something! Find out where you placed your faith so you can get it back!

- Is your trust in past experiences? (your understanding)
- Is your trust in your own deductions of possibilities (your wisdom)?
- Is your trust in your ability to worry about negative outcomes? (fear)
- Is your trust in your ability to feel powerful rather than vulnerable (your will)?

2. Repent for placing your faith in things other than God.

- “do not depend on your own understanding.”
- Repent for believing in your past experiences or worrisome speculations about the future.
- Repent for stressing rather than praying.
- Repent for being “impressed with your own wisdom.”

3. Fear God.

- Ask for the “fear the LORD and turn away from evil.”
 - It is “evil” in God’s eyes to place your trust in anything other than Him. See it as a sin rather than a personality trait.
- Seek His will in all you do.
 - Surrender your worries, will, fears, and even your understanding/wisdom from prior experiences. He may want to do a new thing!
- Thank God:
 - For what He is capable of doing,
 - For His good intentions for you,
 - For Him working all things to the good.
- Declare the Scriptures over your situation:
 - You will start believing what you meditate on and speak out loud.