

November 2025 Newsletter



Autism Specialist Award Advanced 2025



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PEAK NEWS!

PEAK Achieves Highest National Autistic Society Accreditation

PEAK is proud to officially announce that it has been recognised and accredited as an "Advanced Specialist" Service by the National Autistic Society.

This is the highest accreditation awarded by this nationally recognised organisation and is reserved only for services that demonstrate exceptional practice, deep expertise, and a consistent commitment to delivering the very best support for autistic children, young people, and their families nationally.

This Advanced Specialist recognition reflects the quality, passion, and integrity that sits at the heart of everything we do. It acknowledges our child-centred approach, the strength of our relationships with families, the impact of our community programmes, and the dedication we put into creating environments where neurodiverse young people feel safe, understood, and empowered.

It also highlights the rigorous standards we meet across every area of our work – from one to one family consultations led by our team, to our inclusive safeguarding, leadership, and our commitment to continuous improvement.

"Accordingly, PEAK is recommended for an Advanced Award in Autism Accreditation. The Committee congratulates PEAK for demonstrating excellence in supporting autistic young people."

– The National Autistic Society

We would like to give a huge THANK YOU to all our incredible PEAK volunteers. Your time, energy, and commitment have played a vital role in helping us achieve this accreditation. Every session you support, every family you welcome, and every piece of energy you give makes a difference – this award belongs to you as much as to PEAK.

A word from our founder:

"Receiving this recognition is incredibly humbling. PEAK began with a simple mission: to create a place where autistic young people and their families felt truly seen and supported. To now be recognised at the highest level by the National Autistic Society is an honour beyond words. I am deeply grateful to our volunteers, staff, families, and young people – this achievement is a reflection of all of you."

MORE NEWS



A Little Alpaca with a Big Heart: Welcoming Baby Marco to the World



There are moments that remind us just how much love and connection can grow from the work we do — and this is one of them.

PEAK is delighted to share the sweetest news: a baby alpaca has been born and named Marco, in honour of our founder, Marco Cetara. This beautiful gesture comes from Pixie and her family, who wanted to express their gratitude for the support, care, and understanding they've received from PEAK over the years.

Baby Marco arrived safely and has already won everyone's hearts with his gentle nature and fluffy hair! When the PEAK visited to meet the new arrival, it was a perfect reminder of how community, kindness, and compassion create lasting bonds.

The connection between families, children, and the PEAK community continues to inspire us every day — and now, a little alpaca will forever carry that symbol of gratitude and hope.

Welcome to the world, baby Marco — proof that even in the most unexpected places, love and kindness find their way.

COMMUNITY!



A Fantastic Turnout at Our November Community Session

What an incredible turnout we had at our latest Community Session on 21st November. Parents, and carers came together in a space filled with understanding and mutual support. These sessions continue to grow – not just in numbers, but in the depth of connection as families shared their experiences around Emotional Based School Avoidance (EBSA), masking, and the crucial importance of parental respite.

As parents, you are the foundation stones of your children's futures. The compassion and strength you show every day make an extraordinary difference – yet it's just as important to give yourselves permission to pause, breathe, and recharge. Carving out even the smallest pockets of rest in your day can help establish healthy routines that support both your wellbeing and your child's.

And remember: whenever you need guidance, encouragement, or simply a reminder that you're not walking this road alone.



Next Community Support Session
Friday XXX December
Hillview Church, Hucclecote,
10-12pm



To book your space email community@parentingempoweredautistickids.com

COMMUNITY!



Connecting Schools and Services for Better Support

During this month, PEAK visited Finlay Community School in Gloucestershire to meet with parents and professionals for a collaborative networking session. It was a brilliant opportunity to bring schools and services together with one shared goal: improving support for families across Gloucestershire.

Through open conversation and shared insight, we helped raise awareness of the rights, resources, and pathways available to ensure every child has the chance to reach their best developmental outcome.

Together, we continue building a community that understands, empowers, and advocates for neurodivergent young people and their families. Thank you for having us Finlay Community School!

If you would like us to visit your school, please get in touch:
support@parentingempoweredautistickids.com

COMMUNITY!

JOIN US
AT OUR..



PEAK

LIMITED
SPACES!



Family Christmas Disco

SEN friendly disco & games for your
child & their siblings, with a well earned
mince pie for parents and carers!



Bar available.

On: Monday 15th
December
5.30pm -7pm

Chill out zone
available!

At: Gloucester Old Boys
RFC, Myers Road,
Gloucester GL1 3QD



Scan to book your free tickets!

<https://www.ticketsource.co.uk/peak>

Email: community@parentingempoweredautistickids.com



SUPPORTERS



Your Votes Made This Possible!

“Every little helps” — and when that support is placed in the hands of the right people, it can create a ripple that reaches far beyond the moment.

A huge thank you to TESCO and their Community Grant Programme for supporting PEAK once again. We are absolutely thrilled to have been chosen as the top prize winner for the second time running, with more than 20,000 votes cast in support of our charity.

Thank you to every single person who voted for us – your belief in PEAK means the world, and it helps us continue empowering autistic children, young people, and their families across our community.

TESTIMONIALS

Continuing our Five Star Service!

S Stacey Grimmett
1 review

★★★★★ Edited a week ago

PEAK have been an incredible support to us over the last 15 months. They've been there through every stage from preparing and attending meetings supporting with emails and helping me get ready for tribunal nothing has ever been too much trouble.

A special mention has to go to Hayley who has been truly outstanding. She consistently went above and beyond, always taking the time to talk things through and offer clear, practical support. Her calm, kind approach made a huge difference for both me and Jessica, especially during the more.

I'm genuinely grateful for everything PEAK, and especially Hayley, have done for us. Their support has been invaluable, and I would wholeheartedly recommend them to any family navigating the SEND system.

S Slim CeCe
Amazing team! 🌟

2w Like Reply

S Stacey Grimmett
I hope I can make the next one I would love to share our story with others and how PEAK helped us o learnt last year that it's so invaluable to have help and support from PEAK I hope one day I can give back and inspire other families to keep pushing through everything and listening to that advice and knowing that there is light at the end you mustn't give up hope x

2w Like Reply

S Stacey Grimmett
Absolutely amazing Hayley worked so hard with our family and I can't thank her enough for her incredible hard work since September 2024 x PEAK are amazing and I tell everyone about you guys x
I know for a fact that I wouldn't have been able to fight as hard as I have without Hayley x

2w Like Reply



CUSTOMER FEEDBACK



You can leave us a review
on Facebook too!

WIN'S FOR FAMILIES!



**Over 512
voluntary
hours**

NOVEMBER'S RESULTS

TOTAL

Children Supported	163
EHCP Support and awarded	6
Documentational Support	43
School Support Meetings	35
SEN Appeals Supported	12
Direct Home Support Interventions	5
Educational Placements Awarded	4
Diagnosis Support	5
Community Session attendees	25

November has been an incredible month for PEAK – and for the families we support.

Across November, our team has delivered significant wins for families — from successful school meetings and EHCP progress, to reduced anxiety at home, improved communication with professionals, and practical steps that made day-to-day life easier. These results reflect the strength and impact of our work, and it's this standard of support that contributed to PEAK receiving Advanced Specialist Accreditation from the National Autistic Society.

As we move further into the winter months, PEAK remains right beside you — offering understanding, guidance, advocacy, and practical support whenever you need us.

Please reach out if we can support you:

contact@parentingempoweredautistickids.com

A MESSAGE FROM OUR FOUNDER



November has been another extraordinary month for PEAK!

We're incredibly proud to announce that PEAK has been accredited as an "Advanced Specialist" Service by the National Autistic Society. This is the highest accreditation they offer and reflects the impact, and quality of the support we provide to families every day – evident in the real-life wins we've shared with you this month.

Another major celebration this month was our Tesco Community Grant win—for the second year in a row! This £1,500 award will make a real difference as we expand our support services and holiday programmes for neurodivergent families. To everyone who voted in-store: thank you for believing in our mission and standing with us once again.

Across November, our community support sessions and visit to local Finlay Community School, continues to bring parents, carers, and professionals together to share stories, strategies, and support. These sessions remain the heart of PEAK, a place where families feel heard, supported, and empowered.

Looking ahead, we're excited to see as many of you as possible at our Christmas PEAK Party on 15th December, for some festive fun, connection, and celebration of everything our community has achieved this year.

Finally, none of this would be possible without our incredible team of staff and volunteers. Your dedication, compassion, and energy make every achievement, every workshop, and every session possible. Thank you for everything you do.

Thank you to every family, supporter, and friend of PEAK. Together, we'll continue raising voices, breaking barriers, and ensuring every neurodivergent child reaches their Peak Potential. We cannot wait to share more news in our final month of 2025! Stay tuned!

With gratitude,

Marco Cetara

A Few Dates To Remember

- Next Community Session Friday XXX
- 15th December Peak Christmas Party!
- Website updates taking place
- Even more exciting news coming soon - keep an eye out on our social media for updates!

Thank you for reading!