

February 2026 Newsletter



PEAK News!

Calm, Clear Advocacy for SEND Families

This month, we're celebrating the ways our community comes together to support families and share knowledge.

February has been a month of questions and conversations as families return from half-term alongside the release of the Schools White Paper, *Every Child Achieving and Thriving*. PEAK understands that proposals around SEND reform can feel worrying, and parents may be anxious about potential changes to the support they've worked hard to secure.

It's important to remember that nothing has changed in existing SEND law. Your child's legal rights remain in place, and PEAK continues to provide consistent support to ensure every child's needs are met. In this month's community session, PEAK addressed families' questions, and Marco and Karl discussed the White Paper in more detail in the [latest podcast episode](#).

We've also celebrated a small but exciting milestone - the launch of our podcast and its first episode reaching over 100 listeners! If you haven't listened yet, catch up now on [Spotify](#) or [YouTube](#), and while you're there, remember to follow or subscribe to be notified when new episodes are released.

Looking ahead, there are some inspiring fundraising events happening this year. From individual challenges to community-led initiatives, supporters are raising vital funds that help PEAK provide practical guidance, advice, and direct support to families every day.

Stay up to date with PEAK's news, events, and updates by following us on [Facebook](#).

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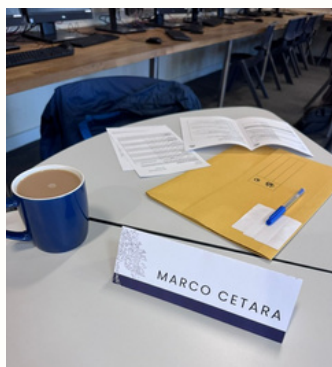
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COMMUNITY!



Our community remains at the heart of everything we do, and February has been a meaningful month of connection, conversation, and shared support.

PEAK was delighted to attend Kingsway Primary Academy's parents' evening, offering guidance and reassurance to families navigating the SEND system. At Denmark Road High School, we supported sixth form students through mock interviews, helping to create inclusive opportunities and giving young people the confidence to shine.

This month's community session provided a supportive space to discuss current challenges, but it also began with something intentionally uplifting. Each parent was invited to share a little about their background and name their favourite thing about their neurodivergent child or children. The aim was simple: to bring positivity and hope, especially on the more challenging days.

Everyone engaged openly and warmly. Connections were formed, stories shared, and practical strategies exchanged. For those needing reassurance, guidance came not only from PEAK, but from others in the room who truly understand the journey. It was a powerful reminder of the strength and solidarity within this community.

PEAK continues to stand alongside families, ensuring every child's rights are protected and that no parent feels alone. Dates of the upcoming PEAK Community Sessions are below, be sure to mark them in your diary.

Are you unable to make these dates? There is another way to ask your questions. Email us at community@parentingempoweredautistickids.com, and we can respond in future sessions, the next podcast, or on social media. If you'd prefer to remain anonymous, just let us know in your email.

We look forward to meeting you at the next community session or hearing from you online.

Community Session Dates!

10:00 - 12:00
Hillview Church, Hucclecote,
Gloucester, GL3 2LQ

27th March
24th April
22nd May

To book your place, please email
community@parentingempoweredautistickids.com

www.ParentingEmpoweredAutisticKids.com
Community@ParentingEmpoweredAutisticKids.com

PEAK logo and social media icons (Facebook, Instagram, YouTube, LinkedIn).



SUPPORTERS

Turning Passion into Action for Families

We're celebrating the inspiring efforts of PEAK supporters. Through a variety of fundraising challenges, our community has raised over £1,600.

Some of these events include:

- Bobby's Jurassic Challenge
- Peak to Peak Challenge across the Malvern Hills
- Jenson's Journey
- Sian's Saucony LDN 10K

Each demonstrates how supporters are turning their energy and passion into meaningful action.

Looking ahead, Marco, our founder, will be taking part in Parachute for PEAK, alongside a new challenge inspired by last year's Peaks for PEAK. Short videos about both events will be shared on social media soon, offering a closer look and showing how you can support Marco to raise funds for PEAK.

If you would like to get involved with fundraising for PEAK, you can donate or create your own challenge. Whether it's a personal milestone, a sporting event, or a workplace initiative, every contribution helps families access the support they need.

Scan the QR code below to visit the PEAK Give as You Live page and get started.



thebrotherstrust.org
parentingempoweredautistickids.com

PEAK

**PARENTING EMPOWERED
AUTISTIC KIDS**

£135,000
granted since 2023

1,200
families supported

Supporting families and educators with children pre or post an autism diagnosis so that your children reach their peak potential.

BROTHERS TRUST
THANK YOU FOR YOUR SUPPORT



DONATE TODAY

PEAK is a registered charity run by dedicated volunteers supporting the community. If you'd like to contribute to the work we do, please **visit our donation page**:

<https://donate.giveasyoulive.com/charity/parentingempoweredautistickids>

Every donation helps support families who need it most.

Thank you for your consideration and support!



TESTIMONIALS

Continuing our Five Star Service!

Families Share Their Wins and Journeys

This month, we've seen firsthand the difference consistent advocacy can make for families.

Some of the support PEAK provided includes:

- EHCPs granted
- Winning a tribunal case for a specialist school placement
- Helping multiple families apply for or amend EHCPs
- Completing tribunal forms, case reviews, and final evidence bundles with parents
- Supporting families in the home

One story particularly touched our hearts. A family reached out after their child, struggling without appropriate provisions, had attempted to take his own life. We worked closely with the parents to prepare an EHC assessment application, which was successfully issued this month. The child now has active provision, and the parents have expressed their immense gratitude.

These stories reflect the resilience of families and the importance of having advocacy they can rely on.

If PEAK has made a difference for your family, we'd love to hear from you. Leave a review on Google or Facebook, or email contact@parentingempoweredautistickids.com



For the voice of all our little ones, this service is knowledgeable, supportive and offers fantastic advice. PEAK offers ideas, creative thinking and possible alternatives to help support our children. We do not have to except unjust decisions made by people we once admired, our mainstream schooling system is failing our children. Every child has the right to an education.

Emma Cane



Giving parents the tools to ensure our children have the best support available to them. Breaking down the minefield of red tape that sometimes makes us give up and settle for what we've been told. The world is different now and a new way of thinking is the only way to flourish in today's world.

Tim Smith

Have we helped your family?

Leave a Google or Facebook review to help others find PEAK.



WINS FOR FAMILIES!



**Over 320
voluntary
hours**

FEBRUARY RESULTS

TOTAL

Children Supported	47
EHCP Support and awarded	19
Documentational Support	11
SEN Appeals Supported	8
Direct Home Support Interventions	3
Educational Placements Awarded	1
Community Session attendees	21
Podcasts released	1

February has been a month of progress and achievements for the families PEAK supports.

Our volunteers contributed hundreds of hours of guidance and practical support, reaching dozens of children and families. This included help with EHCPs, SEN appeals, documentation, home interventions, and securing educational placements. Our community session welcomed 21 attendees, and we also released a new podcast episode to share guidance and strategies more widely.

Behind these numbers are real families benefiting from PEAK's support, whether navigating assessments, understanding their rights, or gaining reassurance and advice. Every interaction demonstrates the impact of PEAK's work, helping families feel informed, empowered, and supported.

If you or someone you know would like support, PEAK can help with applying for EHCPs, preparing for SEN appeals, accessing home or school interventions, or simply providing guidance and reassurance. Get in touch with us today, visit our [website](#) or email contact@parentingempoweredautistickids.com and let us know how we can help you.

A MESSAGE FROM OUR FOUNDER



After settling back to the school routine following the February half-term break, the focus has quickly returned to meetings, updates, paperwork, and making sure the right support is in place. I know how much energy this takes, and I'm constantly inspired by the resilience I see every day within the PEAK community.

The release of the Schools White Paper has understandably raised questions and worries for parents. What stands out most to me, however, is how families, supporters, and our team have come together, staying steadfast in advocating for every child's rights and needs. Even in challenging moments, the strength, care, and perseverance within this community never fail to impress me.

We've celebrated some exciting milestones this month, including the successful launch of our podcast, which reached over 100 listeners with its first episode, and the inspiring fundraising efforts from our supporters. From community challenges to individual initiatives, their energy and dedication are helping us provide vital support to families every day. I'm so proud of what our community has achieved this month, and it's a real reminder of the difference we can make when we come together.

Looking ahead to Spring, Neurodiversity Celebration Week and International Day of Happiness are coming up. These moments remind us of the importance of understanding, inclusion, and wellbeing and are a chance to reflect on how we can continue to support families, celebrate progress, and champion every child's development and rights.

Being part of this community makes all of that possible. Thank you for sharing this journey with us. Together, we keep moving forward for every child.

With gratitude,

Dates for the Diary

Upcoming Community Sessions

- 27th March 2026
 - 24th April
 - 22nd May
-
- 17th - 23rd March Neurodiversity Celebration Week
 - 20th March International Day of Happiness