

April 2025 Newsletter



PEAK NEWS!

Celebrating Five Years of PEAK!

This year marks five incredible years of PEAK – five years of supporting hundreds of children, young adults, families, carers, and professionals. Five years of offering guidance, connection, and community through every challenge – and making real-life change along the way.

From the very beginning, PEAK was built on the belief that no child should go unseen or unheard. All children, both neurodiverse and non-neurotypical, deserve the same opportunities and support to thrive and flourish. That belief has carried us through half a decade of making meaningful, lasting change for the children and families we serve. Our mission is simple: to help every family who reaches out to us for support, and help create that change needed.

We are proud to have an incredible team who share that vision and work tirelessly to bring connection, growth, and hope to this inspiring community.

To honour this special milestone, we're inviting you to be part of something extraordinary. On Saturday 5th July 2025, we'll be hosting PEAK Day – a county-wide celebration of all we've achieved together.

PEAK Day will be a fantastic, fun-filled summer event, featuring everything from our much-loved SEN Forest School and a Petting Zoo to a SEN Disco, bouncy castles, creative craft stalls, delicious food, and special moments for the whole family. Most importantly, it will be a space to connect – bringing together both our neurodiverse and neurotypical communities in celebration.

In the coming weeks, we'll be announcing more of the amazing entertainers, activities, and community partners who will be joining us on the day – so please follow our social media pages to stay updated.

But for now, save the date – because PEAK Day is coming, and we would love nothing more than to celebrate it with you!

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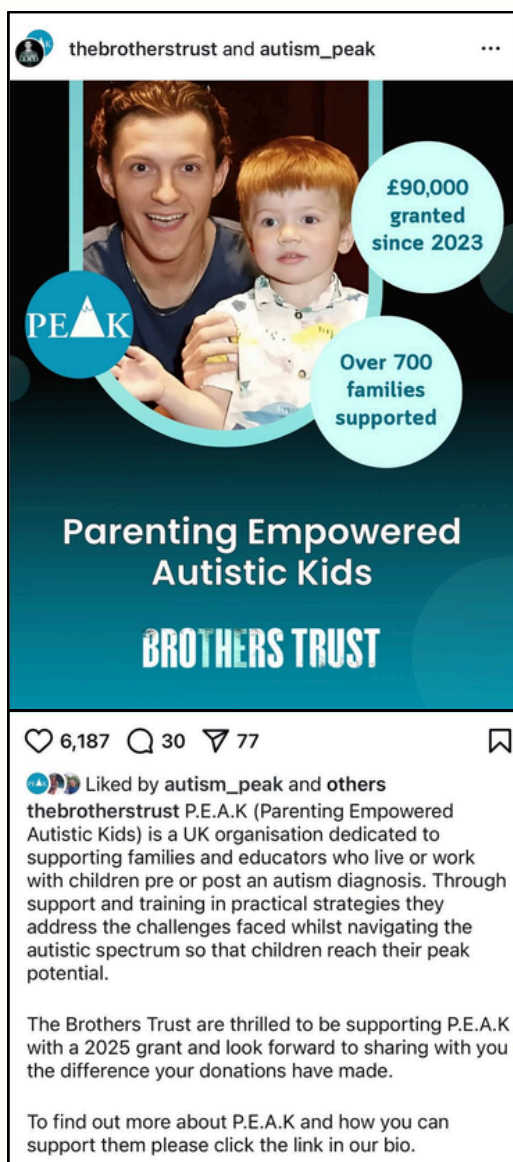
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PEAK SUPPORTERS

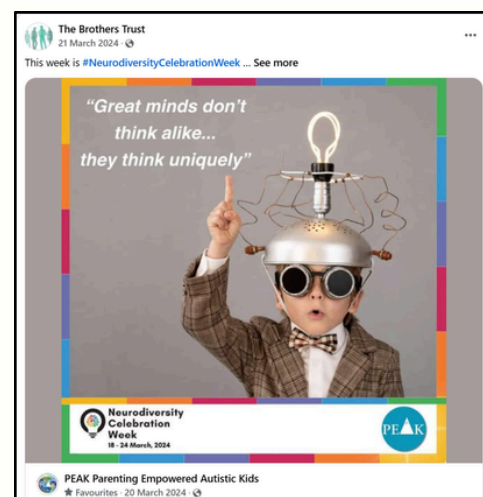


Thank You to The Brothers Trust!

A huge thank you to our incredible supporters, The Brothers Trust, for standing with us for the last two years running and looking forward to our upcoming year together.

Your belief in our mission and sharing our message, has helped our small, friendly neighbourhood charity grow into a national voice for change, reaching and supporting families across the country.

Your ongoing support reminds us what's possible when people come together with a shared purpose. Thank you for believing in our children, our families, and our team here at PEAK.



Kind Donation!

We would like to thank The Regency Lodge in Cheltenham for their kind donation to PEAK.

Your support will directly help us reach more families, grow our community support groups, and continue creating safe, inclusive spaces where parents feel heard, children receive the support they deserve, and families are empowered with the guidance they need.

Together, we're making a real and lasting difference.

COMMUNITY EVENTS!

Connecting Families in Our First Online Community Support Session



Yet another fantastic Community Group Session, and our first evening online one! It was wonderful to welcome both familiar and new faces — each one a reminder of the strength, and inclusion that defines our PEAK community.

A Big thank you to all who attended and trusting us to support you. It is and always will be a privilege we never take for granted.

If you would like to leave us feedback, please feel free to do so on our google page and / or Facebook page.



Our Next Support Group Meet Up!

**SAVE
THE DATE**

Our Next Community Group Session will take place Friday 16th May face to face, at a new temporary location in Hucclecote.

Save the Date!

To reserve your place or to email us with any questions or topics you would like Peak to discuss beforehand, please email them to community@parentingempoweredautistickids.com.



Register your space by emailing:
Community@Parentingempoweredautistickids.com



Friday 16th May 2025
10:00 - 12:00

Hucclecote Methodist Church
9 Carisbrooke Road
GL3 3QP

**Temporary
New
Location!**



COMMUNITY EVENTS

Join PEAK at SATIREV: Supporting Neurodiverse Families, Together



Making A Splash in Bath!

BOOK NOW

PEAK's been invited to speak as the official representative for Neurodiversity at The SATIREV Show on Saturday 10th May

Catch us delivering the Keynote Speech at 9am — where we'll be talking all things neurodiversity!



THE SATIREV SHOW
10TH MAY
RALPH ALLEN SCHOOL, BATH

TICKETS FROM £5

WORKSHOPS

KEYNOTE SPEAKERS

EXHIBITION STANDS

HIGHLIGHTS:

- Menstrual Health
- Women's Health
- IVF / Fertility
- Mental Health
- Menopause
- Neurodivergence
- LGBTQIA+ Inclusion
- & Much much more

SCAN ME



 **SATIREV** WWW.SATIREV.NET

We're excited to announce that PEAK has been invited as the official representative at this year's SATIREV Show in Bath during May 2025 — an inspiring day of talks, workshops, and exhibitions focused on health and wellbeing.

To mark the occasion, PEAK will be delivering the opening keynote talk at 9:00 AM, highlighting the urgent need for better understanding and support for neurodiverse children, young people, and their families. It's a powerful opportunity to share our mission and practical insights with those working to create inclusive, supportive communities.

Throughout the day, you can also visit our PEAK information stall, where our team will be on hand to share resources, offer guidance, and connect with families. Whether you're seeking support, community, or a deeper understanding of neurodivergence, we warmly welcome you to come and say hello.

To learn more about the event, visit: www.satirev.net We'd love to see you there. So please do grab your tickets on the QR code and share with any friends and family who live in Bath!

SEN Adventures in the Forest During Half Term!

This Easter half term, our SEN Forest School welcomed families for another unforgettable outdoor adventure—this time under blue skies! From nature-based exploration to hands-on learning and a sprinkle of seasonal chocolate fun, the sessions were packed with joy, discovery, and connection.

We were thrilled to see so many children thrive in a space designed just for them—where curiosity leads the way and every sensory experience is oozing! These sessions continue to offer a safe, nurturing environment where children can build confidence, explore the natural world, and enjoy the simple joys of outdoor play.

A huge thank you to Leigh and her incredible team for leading such a thoughtful and engaging programme. Our Forest School places filled quickly, so if you'd like to join us for future sessions, be sure to keep an eye on our website and social media for the next booking dates.



Postman Max Deliveries to our Mothers Retreat Winners!



Here's Postman Max delivering our Mother's Day Retreat winners' prizes!

A well-deserved spa day at The Greenway Hotel & Spa, complete with a luxurious afternoon tea.

Congratulations again to all of our winners!

And if you missed out this time, don't worry—our PEAK Team is already working on future competitions. Be sure to follow us on social media for upcoming announcements and more chances to win!

Celebrating World Autism Awareness!

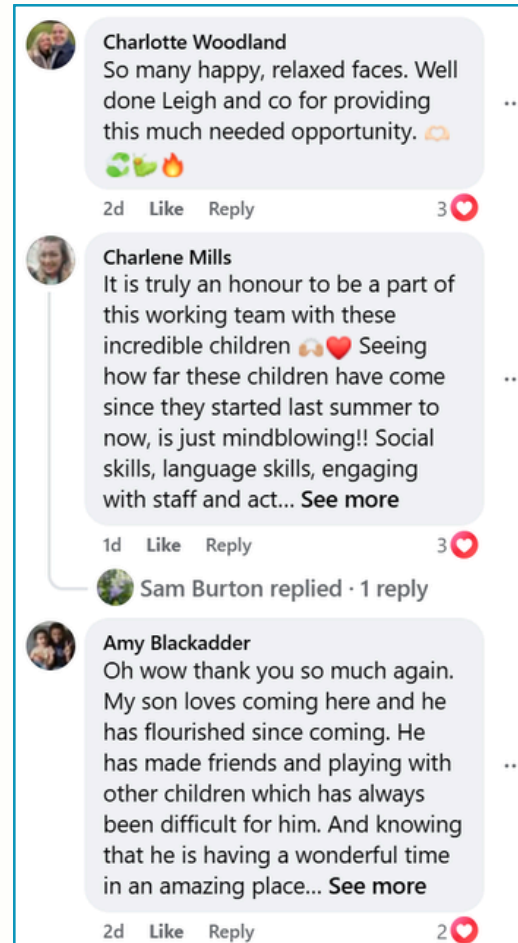


Here at Peak we stand for understanding, acceptance, and the right support for every neurodiverse child to thrive. This month, we proudly joined the global movement to champion inclusion and celebrate the strength and individuality of our community.

It also felt like the perfect time to announce something special—PEAK Day 2025 is coming on Saturday 5th July! A celebration for all, bringing families together for a day of connection, fun, and support.

Together, we're building a world where every child is seen, supported, and valued.

TESTIMONIALS



Your Words Make a Difference!

As we reflect on April, we've been truly moved by the wonderful comments and reviews shared by families about their experiences with PEAK. Every piece of feedback we receive is reviewed and deeply valued - it's a testament to the difference we're making together. Your words not only lift our spirits but also inspire other families to seek the support they deserve.

We're honored to be a part of your journey. If PEAK has helped your family, we'd love to hear from you. Whether you share your thoughts on Facebook or scan the QR code to leave a review on Google, your feedback could help another family find the support they need.

FUNDRAISING!

Founder's Peaks For Peak Challenge!



In just under eight weeks, our founder will take on the incredible challenge of hiking to the highest refuge in Europe — Monte Rosa's Margherita Hut — standing at an awe-inspiring 4,554 metres!

As the challenge draws closer, we're inviting you, businesses, and communities to get involved. You can support us by donating, sharing our fundraiser, or becoming an event sponsor. Sponsors will be proudly showcased through branded gear, online promotion, and event visibility. We have a full sponsor presentation to share, so do reach out for a copy for your organisation.

We also have posters and digital materials available — so if you'd like to share our mission with your workplace, school, or contacts, please get in touch.

To donate or read more about the challenge: <https://donate.giveasyoulive.com/fundraising/peaks-for-peak>

To request posters, get involved, or sponsor the event, contact:

admin@parentingempoweredautistickids.com

Your Peaks for Peak Challenge!

If you would like to set up your own Peaks for Peak Challenge, please reach out to us at admin@parentingempoweredautistickids.com

Or set up your page on the simple step by step guide on Give as You Live.

Whether you're thinking of a hike, a walk/run/cycle/swim, alone or with friends and family - please consider fundraising for Peak.



WIN'S FOR FAMILIES!



**Over 373
voluntary
hours**

FEBRUARY RESULTS

Children Supported	72
EHCP Support	6
Documentational Support	4
School Support Meetings	8
SEN Appeals Supported	5
Direct Home Support Interventions	3
Educational Placements Awarded	2
Community Sessions	1
Forest Schools	3

TOTAL

We know that behind each success story is a journey of struggle, strength, and resilience—and we're proud to be a part of that.

This month, we've witnessed some incredible moments that remind us why our mission is so important. The families we support continue to push forward, and we're here to ensure that they're never alone. From challenging decisions to securing vital provisions, our commitment to these families never wavers. We document these victories as a reminder of what's been achieved, and a testament to the lasting impact PEAK is having in the lives of neurodiverse children and families. These moments show the importance of our work and the difference we make.

We want to take this opportunity to express our deep gratitude to everyone involved—our staff, our supporters, and of course, the families we serve.

As we move forward into May, we carry the energy of April with us, committed to continuing the work and making an even greater impact.

 **Give as you Live
Donate**



A MESSAGE FROM OUR FOUNDER



What an incredible month it's been here at PEAK! From celebrating World Autism Awareness Month with our community online group session, to having the opportunity to visit our Spring Forest School and spending time with wonderful children who have been rejected from other provisions - but we will never turn them away. Not forgetting the thrilling announcement of our Five-Year Celebration Event - PEAK Day, happening on 5th July! This is definitely one to mark on your calendars, as you won't want to miss this unforgettable event!

Over the next few months, we'll be highlighting the entertainers and activities taking place at PEAK Day, so be sure to follow our social media for updates!

If you'd like to help make PEAK Day even more special, we're welcoming donations for our tombola (chocolates, sweets, bottles, toys), raffle prizes, and any other support you can offer. Please reach out to us at admin@parentingempoweredautistickids.com to get involved and make an impact. 100% of the money raised will go directly to supporting the families we work with.

This month, I'd also like to give a huge shout-out to our amazing team of volunteers. Their commitment, hard work, and dedication truly make everything we do possible. A heartfelt thank you to Nanette, Hayley, Charlotte, Laura, Diana, Amy, Claire, Pauline, Leigh, Megan, and Laney – whether in front of or behind the scenes, each of you plays an essential role in supporting our families and making PEAK what it is today.

Your energy and passion are the heartbeat of our mission. This team has been working tirelessly to plan exciting events, showcase our work, and provide hands-on support to our families. Thank you, Team PEAK, on behalf of our entire community.

As always, a massive thank you to our incredible families. We're honoured by the trust you place in us to support you and your children. We're here for you every step of the way, and it's a privilege to be part of your ongoing journey.

For more information on our services, please visit www.parentingempoweredautistickids.com. If you need support, don't hesitate to reach out to us at contact@parentingempoweredautistickids.com.

With gratitude,

Marco Cetara

A Few Dates To Remember

- SATIREV Show Saturday 10th May in Bath.
- The next Community Support Group Session will be Friday 16th May 10 - 12pm in New Location: in Hucclecote.
- Peaks for PEAK Fundraising for our Founders Hike continues, please reach out if you'd like to support
- PEAK Day entertainers and activity announcements during May on our Social Media.

Thank you for reading!