

February 2025 Newsletter



PEAK NEWS!

Recognition For Peak!

South Gloucestershire Community Award!

We're delighted to have received our first Community Award to highlight Peak's ongoing work with the community outside of our county.

Peak were awarded by Councillor Franklin Owusu-Antwi, chair of South Gloucestershire council in recognition of Peak's Voluntary work in the community as a Group Community award.

The ceremony took place in Bristol on Wednesday 5th February.

This award highlights our incredible team who commit their time, dedication and continuous passion to support families in and outside of our home county highlighting the work we are also doing Nationally.

Congratulations team Peak!



In This Newsletter

Peak News

Community Events

Fundraising & Grants

Wins for Families & Supporting Us

Volunteering & Peaks for Peak Challenge

Message from our Founder & Reminders

COMMUNITY EVENTS!



Support Group Empowerment!

Further to the success from our first community support group session in January, Peak had another fantastic turn out on 28th February, where our support group took place in Hucclecote.

Our event allowed parents and carers to speak to other families in similar scenarios and receive on the spot, expert advice by our team.

The next community Group Session will take place 21st March in Hucclecote again. Follow our social media pages to receive updates.

To book your place, please register through community@parentingempoweredautistickids.com



Winter Forest School Fun!

Leigh and her team created another fun Forest School for February half term! The weather was wet, but the mud was fun!

The children and families had an amazing few days of pure joy, learning how to make fires, exploring, meeting new friends to help build on their social development. And of course, a much needed respite to parents in need.

A memorable experience for all the children who attended!

If you've enjoyed Forest School, we'd love to hear your thoughts!
Please leave us a review on our Facebook page and/or Google

You can find out news about future Forest Schools through our Social Media pages and website.



FUNDRAISING COMPLETED CHALLENGES!

THE WOODLAND'S PEAK'S FOR PEAK CHALLENGE!



The Woodland's Peak's for Peak Challenge Completed!

Charlotte and her family undertook an incredible challenge and journeyed from Gloucester to Glasgow - 666 miles! As a family they covered the distance by walking, running and hiking!

Congratulations on your completion, and thank you for raising beyond your target of £520 for Peak!

LAURA'S PEAK'S FOR PEAK CHALLENGE!



Laura's Peak's for Peak Challenge Completed!

Laura set herself a goal to get to 50 km by either walking, running or swimming.

Congratulations on your incredible achievement and for raising £170 for Peak!

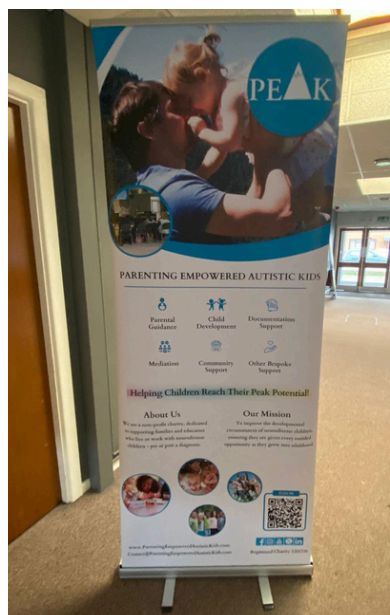
Please contact admin@parentingempoweredautistickids.com to start your own fundraiser for PEAK!

BACK TO BACK PROMO GRANTS!

Promotion Material Grant Wins!

Peak received two grant wins for promotional materials: Roller banners, outdoor banners, posters, leaflets and business cards!

We'd like to thank Footfall and Giving Print for awarding us with these essential materials to advertise our charity so we can reach more families!



WIN'S FOR FAMILIES!



February has been an incredible month for Team PEAK, filled with hard-fought victories for the families we support. Behind every success is the tireless dedication, persistence, and commitment of our team, who go above and beyond to challenge decisions, secure essential provisions, and ensure families receive the support they deserve.

A huge congratulations to all the families who have won their battles in february! And a heartfelt well done to Team PEAK—your dedication and passion make these life-changing moments possible.



FEBRUARY RESULTS	TOTAL
Children Supported	76
Documentation Support	15
Awarded EHCP	3
School Support Meetings	8
School Observations	4
Tribunal Cases Settled	6
Diagnosis Confirmed	3
Overturned Diagnosis	1
Forest School Sessions	6
Community Sessions	1

SUPPORT PEAK!

PEAK is a registered charity run by dedicated volunteers supporting the community. If you'd like to contribute to the work we do, please visit [our donation page](https://donate.giveasyoulive.com/charity/parentingempoweredautistickids):

<https://donate.giveasyoulive.com/charity/parentingempoweredautistickids>

Every donation helps support families who need it most.
Thank you for your consideration and support!



VOLUNTEER WITH US

Thinking about volunteering? Why not reach out to us here at PEAK! We are a friendly bunch, with the same mission :

To Help Children Reach Their Peak Potential!

We are looking for passionate people who want to help shape our children's future and make an everlasting change. We strive for each family we meet to help change their circumstances for the better.

If you are interested, please reach out to us at admin@parentingempoweredautistickids.com

And help us to keep making those changes!



FOUNDER'S PEAKS FOR PEAK CHALLENGE!

The Peaks for PEAK Challenge is set for June 2025, where our founder will take on the incredible challenge of hiking to the highest peak in Europe — Monte Rosa, to the Margherita hut, which stands at a towering 4554 meters! This is no small challenge! The name 'Rose' actually means 'rouse' – meaning Glacier! It will be an icy and rocky hike across the snow and high winds. Climbing this peak will take up to five days to complete!

We are looking for organisations who would like to contribute to our mission by sponsoring our event. In return we showcase their benevolence with branded items and more. For full details please visit the fundraising page: <https://donate.giveasyoulive.com/fundraising/peaks-for-peak>

We welcome anyone who would like to reach out to their work or who run their own business and would like to contribute and raise money to support our mission.

Please contact us at admin@parentingempoweredautistickids.com

A MESSAGE FROM OUR FOUNDER

It is both a pleasure and an honour to be part of this incredible community of parents and carers who work tirelessly to advocate for their children. Parenting is never easy, and when unexpected challenges arise, it can feel like an uphill climb. But together, we can make that climb a little easier.

PEAK was founded on the belief that real change is possible. With the dedication of our amazing team and the support of this community, we are already making a difference - something truly reflected in the incredible Community Award we received in February. This recognition belongs to all of us, and it inspires us to continue pushing forward.

March is shaping up to be an exciting month, with key events including:

- Neurodiversity Celebration Week (17th – 23rd March) – Raising awareness and celebrating neurodiverse minds.
- Mother's Day (30th March) – A moment to acknowledge the strength and love of all the incredible mums in our community.
- Our Next Group Community Support Session (21st March) – Be sure to register at community@parentingempoweredautistickids.com.

Stay updated with all our latest news by visiting www.parentingempoweredautistickids.com.

As always, we are here for you. If you need support, please don't hesitate to reach out at contact@parentingempoweredautistickids.com.

You are not alone. Together, we can make a real change. Lets help our children reach their peak potential, together!

With gratitude,

Marco Cetara

Thank you for reading!



A Few Dates To Remember

- The next community group session is Friday 21st March.
- Neurodiversity week takes part 17 - 23rd March
- World Autism week 1 - 6 April
- Autism Acceptance Month 1st - 30th April
- World Autism Day 3rd April