

# April 2026 Newsletter



## PEAK News!

### A Month of Visibility, Acceptance and Looking Ahead

April was a powerful month for PEAK as we celebrated World Autism Acceptance Month and continued creating spaces where neurodivergent children and families feel understood, supported and included.

One of the biggest highlights of the month was PEAK being invited onto BBC Radio London after being selected as one of four charities recognised through the BBC Make a Difference Awards 2025. Marco joined Gaby Roslin and Melanie C to talk about the work PEAK is doing to support families navigating the SEND system.

Alongside this, we welcomed more than 100 attendees across our Easter SEN activities, including SEN football sessions coached by Marco, an Easter Egg Hunt, and a special screening of Mario Galaxy at Cineworld. These moments are about more than activities. They are about belonging, confidence and creating positive memories for children and families who often feel excluded from mainstream spaces.

Behind the scenes, the PEAK team also continued building partnerships, attending community school events, and preparing for an exciting few months ahead. Planning is already underway for the return of PEAK Day this July, while our upcoming online community session in May will help make support more accessible for families unable to attend daytime sessions in person.

Fundraising is also now open for Parachute for PEAK, where Marco will be skydiving to raise vital funds to continue supporting neurodivergent children, young people and their families.

[Donate to Parachute for PEAK](#)

Thank you to everyone who continues to follow, support and share our work. Every conversation helps more families find PEAK when they need us most.

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### PEAK on BBC Radio London with Mel C

This month, PEAK was proud to appear on BBC Radio London as part of World Autism Acceptance Month.

Following recognition through the BBC Make a Difference Awards 2025, PEAK was invited to join Gaby Roslin and Melanie C to discuss the importance of supporting neurodivergent children and families.

The conversation helped shine a light on the realities many families face every day, while also celebrating the strength and resilience within the SEND community.

You can listen to the clip here: [Listen to the BBC Radio London appearance](#)

Thank you to everyone who continues to amplify PEAK's work and help raise awareness. Every share, conversation and recommendation helps more families find support.

### Photos from the Easter SEN Sessions



# COMMUNITY!



## Small But Mighty

This month's community session was another reminder of just how important peer support can be for families.

Parents shared deeply personal experiences in a space built on understanding, compassion and honesty. The conversations were emotional, empowering and incredibly supportive. As Charlotte Woodland reflected after the session:

**“It was real empowerment for all in a room of understanding, support and love, not just a coffee with strangers. We are small but mighty.”**

One parent shared words that stayed with us long after the session ended:

**“Marco, you make me feel like I have got wings. When I leave here I feel able to do anything.”**

These sessions continue to show families that they are not alone. Sometimes being heard and understood can change everything.

To make the PEAK community more accessible, our next session will be held online in the evening so families who cannot attend daytime sessions can still connect and be part of the conversation.

If you have not joined one of our community sessions yet, we would love to welcome you. Keep an eye on our social media for upcoming dates and ways to get involved.

## Podcast Update

April also saw the release of our very first live podcast episode, which was watched by more than 250 people in just one day. The response reminded us how valuable honest conversations and shared experiences are within the SEND community.



Follow to be notified of the next episode here



# FUNDRAISING



## Bobby's Jurassic Coast Challenge

Bobby is taking on a challenging 10km Jurassic Coast trail run to raise awareness of autism and support families helped by PEAK. After once feeling worried about sharing his diagnosis, Bobby is now using his experiences to help others feel understood.

Support Bobby's challenge and help raise awareness for autistic children and young people.

[Support Bobby's Challenge](#)



## In Memory of Martin Bevan

Following the unexpected loss of Martin Bevan in March, his family chose to support PEAK through donations made in his memory. So far, £380 has been raised to help PEAK continue supporting families across the community.

Honour Martin's memory by helping PEAK continue supporting families.

[Donate in Memory of Martin](#)



# Parachute for PEAK

## Taking support to new heights

This July, Marco will be skydiving to raise £25,000 for PEAK.

Every donation helps PEAK continue providing advocacy, guidance and support for families navigating life with neurodivergent children. Businesses can also sponsor the skydive, with opportunities for recognition throughout the campaign.

Sometimes, to make a difference, you have to take the leap.

Support Marco's challenge and help PEAK continue being there for families.

[Sponsor Marco's Parachute for PEAK](#)

# PEAK DAY

**SATURDAY**  
11th July 10 - 4pm!

Huntsgrove Primary School  
Gloucester GL2 4EP

- Petting Zoo
- Food Stalls
- Bouncy Castles
- Craft Stalls
- SEN Disco
- Raffle prizes
- Football Fun
- And much more!

**£4.00**  
Entry Per  
Person  
Children Under  
16 Free

**Inclusive Event!**  
**Fun for the  
whole family!**



# SUPPORTERS

## Building Partnerships in the Community

This month, PEAK continued to strengthen relationships with schools, professionals and wider support services who are committed to improving outcomes for neurodivergent children and young people.

Our work with education settings and advisory services focuses on early understanding, practical support and consistent advocacy for families. Whether it is attending school meetings, contributing to reviews or working alongside professionals, these partnerships help ensure children are seen, heard and supported more effectively.

PEAK also continues to offer training and keynote talks for schools, organisations and professionals. These sessions are designed to build confidence, improve understanding of autism and SEND needs, and support more inclusive practice across education and community settings.

We are also regularly invited to attend school events, parent evenings and professional forums, where shared learning and open conversations can make a real difference to how families are supported day to day.

## Why This Matters

When schools, professionals and advocacy services work together, families experience less isolation and more joined-up support. Too often, parents feel they are repeating their story without being heard. Strong partnerships help change that by creating shared understanding and earlier, more effective support.

This work is not about one meeting or one intervention. It is about building trust, improving communication and creating systems where children and families do not have to fight to be understood.

## Get Involved

If your school, organisation or service would like to invite PEAK to speak, deliver training or attend an event, we would love to hear from you.

Get in touch



## DONATE TODAY

PEAK is a registered charity run by dedicated volunteers supporting the community. If you'd like to contribute to the work we do, please **visit our donation page**:

Donate here



Every donation helps support families who need it most.

Thank you for your consideration and support!

Give as you Live  
Donate



# TESTIMONIALS

## Continuing our Five Star Service!

### The Difference Support Can Make

Families often come to PEAK feeling overwhelmed, unheard and exhausted from battling systems that should already be supporting their child. Hearing that families leave feeling empowered means everything to us.

One parent shared:

**“Such a fantastic charity. Their advice and support has been invaluable over this past 2 years, slowly we are moving forward to where we need to be. Thank you to Hayley especially. We are so grateful for all you have done to help us.”**

We also received many other heartfelt messages this month from families who have spent years fighting for the right support before finally feeling listened to and understood.

Parents described PEAK as:

- “A light in a very dark tunnel”
- “Invaluable support”
- “Professional and supportive every step of the journey”
- “The reason we are finally moving forward”

To every family who trusts us to walk alongside them, thank you.

And to anyone currently struggling, please remember this. You are not alone.



*PEAK have been excellent at providing support and advocating for my son. They have supported us through gaining an EHCP, school and home visits, attending reviews and they will be supporting us at Tribunal. Their communication is great and prompt and no question or query is too small or silly. They have excellent knowledge on law, legislation and parents rights. I would highly recommend.*

**Stephanie Gore**



*Cannot speak highly enough of this amazing charity. Every step of our journey they have been professional and supportive and I'm so grateful. They have been a light in a very dark tunnel and I'm sure I'd be broken right now if it wasn't for them. Thank you so much.*

**Lucy Cannon**

### Have we helped your family?

Leave a Google or Facebook review to help others find PEAK.



# WINS FOR FAMILIES!

## Real Progress for Children and Parents

April was another busy month supporting families through challenges including EHCP delays, inappropriate school placements, tribunal processes and delays in accessing the right provision.

Behind every number is a child and a family trying to access the right support.

One family shared that their child, who previously could not even step through the doors of their old school, has now been accepted into Alderman Knight School. After attending, his mum said:

**“He came out absolutely buzzing. Best afternoon ever he said.”**



Another family successfully reached a tribunal resolution after PEAK’s support and advice helped them secure the right setting for their child.

We also received emotional feedback from a parent after Marco completed a report for their daughter:

**“For the first time ever I feel heard and understood.”**

These moments remind us why advocacy matters so much.

If your family is struggling to navigate the SEND system, PEAK is here to help. Please reach out. You do not have to face it alone.

**Reach out to PEAK**



**Over 464  
voluntary  
hours**

## FEBRUARY RESULTS

## TOTAL

Children Supported	62
EHCP Support and awarded	3
School Support Meetings	15
Direct Home Support Interventions	2
Housing Case Supported	1
Educational Placements Awarded	6
Diagnosis Support	2
Community Session attendees	17
Podcasts released	1

# A MESSAGE FROM OUR FOUNDER



As I reflect on April, I keep coming back to the importance of community.

Whether it was speaking on BBC Radio London, watching children enjoy our Easter SEN activities, or hearing parents share openly in our community sessions, every moment reminded me why PEAK exists.

Behind the scenes, the team has been working incredibly hard preparing for PEAK Day in July, while also continuing to support families through some really difficult situations. The reality is that many parents are still facing delays, barriers and exhausting battles just to access the right support for their children. But what continues to inspire me is the resilience of the families we work alongside every single day.

I am especially proud that we are continuing to make PEAK more accessible, including launching more online opportunities for families who cannot always attend in person.

Thank you to everyone who has supported us this month. Whether you attended a session, shared our work, donated, volunteered your time or simply reached out for support, you are part of this community too.

As we move into May, please remember that you do not have to navigate this journey alone. We are here, and we will keep pushing forward together.

With gratitude,

*Marco Cetara*

## Dates for the Diary

### Upcoming Community Sessions

- 20<sup>th</sup> May [Online]
- 19<sup>th</sup> June [In person]

### Awareness Days

- 11<sup>th</sup> - 17<sup>th</sup> May Mental Health Awareness Week
- 15<sup>th</sup> May - International Day of Families
- 21<sup>st</sup> May - Global Accessibility Awareness Day