

# THE POWER OF ART (R)



## The Power of Art Courses / Video & Curricula

Visionary School of Arts sends trained teaching teams to schools and organizations to teach The Power of Art® 9-week courses for

Gifted Children  
At Risk Children  
Trafficked and Abused Children

**Current Needs: Sponsorship of Semester Courses / Summer Courses for trafficked and abused children ages 5 to 17**

**Course Description:** The author of the Power of Art® Curriculum is authored by Lynne Barletta, Founder of Visionary School of Arts (VSOA) and Florida Faith Alliance to fight child trafficking. Students of VSOA have won over 600 local national and international awards for leadership and fine art since 2010. The Power of Art® has been successfully piloted the Power of Art (R) for children at Martin County High School, Martin County Boys and Girls Clubs, Banner Lake, Hobe Sound, All About Achieving educational program, home school programs, trafficked children in Juvenile Justice, Sandy Pines Residential Treatment Center, Jupiter, Fl. and schools for trafficked and abused children.

All videos are designed for a 1.5 hour class, or slightly less for grades 2-5, Students are taught to draw with the right side of the brain with continued exploration of various mediums, with animals, scenery, abstracts, faces, cartooning, and more. Each drawing or painting has a story and a life principal with positive affirmations.

The Power of Art® is a pioneering curriculum utilizing positive images combined with life coping skills for youth through drawing and focused attention. Fine art drawing with value, shading, composition, design, and perspective are taught during the course with mental health, and leadership principles. Intentional training for future vision that includes pursuing higher education or trades is woven into objectives and outcomes. Protection from predators is included in an age-appropriate manner. Overcoming trauma, facing giants, vision, inner healing, recognizing real love, and life coping skills that empower good choices with strong character principles.

Instructor training is offered for staff, or trauma informed teachers are trained and sent to facilities.

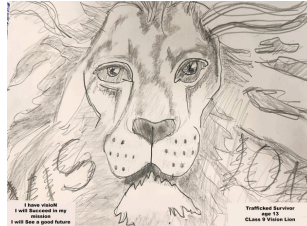
Visionary Centers International Inc. / DBA  
Visionary School of Arts EIN 65-1087149 / 501c3  
FloridaFaithAlliance.org / Restoration  
VisionarySchoolofArts.org/Outlying Courses



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“The Power of Art program makes a huge difference with our population of students who have experienced extreme and unimaginable trauma. Students get a powerful sense of acceptance, relief and relaxation from the way the program flows. They report feeling understood and appreciated for who they are.”

*Principal Gary Sparks of Riverbend Academy Endorsement*

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ART WORK  
FROM  
TRAFFICKED  
SURVIVORS  
AGES 10 TO 16



Visionary School of Arts teaching team goes to Riverbend Academy twice a week with our trauma informed teachers to complete rotating classes for 450 Trafficked and Abused children per year. Riverbend Academy is a Martin County school that can offer sponsored courses in site that are on the school calendar for scheduled classes in semester courses and summer school. Principal Gary Sparks has given his written and video endorsement below.

The Power of Art (R) was taught to 76 at risk students at Martin County High School in 2018 with 100% positive comments on classroom Google Surveys given by teachers. A full video endorsement by Martin County Boys and Girls Clubs can be seen at <https://www.visionaryschoolofarts.org/outlying-courses>

## Outcomes

- Improved Mental Health
- Increased creativity
- Stress relief
- Increase life coping skills
- Improvement in overcoming trauma, PTSD, and anxiety
- Growing attention span week by week
- Fine art drawing and painting with professional techniques and approaches
- Fine motor skill development
- Character development
- Overcome perfectionism and being hard on oneself
- Build inner tools for facing challenges
- Learn what real love looks like compared to manipulation
- Increased self-esteem with positivity
- Learn to speak affirmations for positive thinking
- Leadership skill development with entrepreneurship
- Learn to plan for the future with personal vision and mission

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We have seen improvement in attitude, focused attention, communication, and more, due to the Power of Art pilot program at Martin County High School, during the 9-week course with 75 students.

Students discovered their hidden abilities. It was the most popular AVID program, and students expressed positive changes with empowered decisions for their future. 100% of our 75 students who took the course gave positive reports on their Google surveys that this course changed their lives!

*Chessa Zanfini from Dean of At-Risk Children from  
Martin County High School*

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## Behavioral Level Study

The Power of Art III course was piloted at Martin Girls Academy, beginning May of 2016 for the 9-week course. Curricula author, Lynne Barletta with VSOA trained teams taught 20 girls ages 13-22 who had been sex trafficked and abused. All participants had felony charges.

Brian Berger, LMHC, Director of Clinical Services at Martin Girls Academy graphed the behavior and referrals of 20 students over a 10-week period beginning in February of 2017, for students ages 13-18, who participated in the Power of Art III 9-week course. Each participant is evaluated before advancing from Level 1 - Level 5 based on behavior improvement. A group of 10 students, were divided into two groups. Each group was created based on behavioral level placement at the time of the course. Group 1 and Group

### Group 1

*Class Level: 3-5 (Highest)*

#### **Description:**

Group 1 included girls who had moved up into higher levels by earning privileges, completing requirements, completing community service and having fewer referrals.

#### **Referrals and Level Advancement**

- (6) Students had improvement in referrals during this course
- (3) Students had no referrals
- (1) Student showed no change in referrals

#### **Level Advancement:**

- (2) Students began the course at level 5 (Highest)
- (6) students advanced a level during or at the end of the course.

### Group 2

*Class Level: 1-2*

#### **Description:**

Group 2 began with some controlled observation placements due to highly aggressive, threatening, and disruptive behavior.

#### **Referrals and Level Advancement**

- (5) Students had 1-5 referrals during the course
- (8) Students showed improvement in referrals by the end of the course
- (2) students showed no change (Both students missed more than 3 classes)

#### **Level Advancement:**

- (4) Students showed a level advancement by the end of the course

*\*More information on the levels can be found in Addendum A*



## **Martin Girls Academy Progressive Levels of Behavior:**

### **Level One – “Foundations” - Lowest level of behavior:**

Students develop a safety plan, achieve 12 "positive" days as defined by rules and compliance, and complete the Foundation essay. Upon completion of all requirements, students advance to next level.

### **Level Two – “Radiance” - Lower level of behavior:**

Earned very basic privileges - Students must achieve 30 "positive" days, lead one daily meeting, complete 10 hours of volunteer service, and have two positive treatment team meetings. Upon completion of all requirements, students advance to next level.

### **Level Three – “Harmony” - Mid-lower level of behavior:**

Earned privileges through volunteer service and other achievements - within Level Three, students must achieve 60 "positive" days, lead three daily meetings, complete 20 hours of volunteer service, and have four positive treatment team meetings.

### **Level Four – “Elegance” - High mid- level of behavior:**

Earned privileges through more volunteer service mentor-ship programs and more - within Level Four, students must achieve 90 "positive" days, lead five daily meetings, have six positive treatment team meetings, complete 30 hours of volunteer service, and demonstrates ability to solve problems.

### **Level Five – “Grace” – Highest level of behavior:**

Students must achieve 98% of possible points in a day, complete 75 hours of volunteer service, actively participate in Mentorship Program, lead one daily meeting per month, and give at least one tour to a visitor.