

DECEMBER 2024 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
2 EVENT PREP DAY	3  NEW PATIENT	4	5  CARE PLUS CHRISTMAS CRAFTS 10:00AM	6
9 EVENT PREP DAY	10	11	12  CARE PLUS GINGERBREAD HOUSE 10:00AM	13
16 EVENT PREP DAY	17	18	19  AETNA PAJAMA PARTY 10:00AM	20
23 EVENT PREP DAY	24	25 	26	27
30 EVENT PREP DAY	31			

AVENTURA LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: (954) 799-1050

OUR ADDRESS:

**21110 Biscayne Blvd # 203
Aventura, FL 33180**

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**

