

APRIL 2024 EVENT CALENDAR-JOIN US!

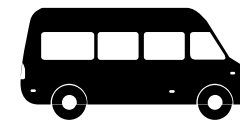
Monday	Tuesday	Wednesday	Thursday	Friday
1 PLANNING DAY	2  TECH CLASS 11:00AM	3	4  KARAOKE 11:00AM	5
8 PLANNING DAY	9  YOGA 11:00am	10	11  PAINT 11:00AM	12
15 PLANNING DAY	16  ORIGAMI 11:00AM	17	18  TROBADOR 11:00AM	19
22 PLANNING DAY	23  ART AND CRAFT 11:00AM	24	25  SINGER AND BIRTH CELEBRATION 11:00AM	26
29 PLANNING DAY	30  EXERCISE 11:00AM			

AVENTURA LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: MedFloridaWellness.com



**NEED TRANSPORTATION?
ANY QUESTIONS?**

Call Us: (561) 693-7417

**OUR ADDRESS:
21110 Biscayne Blvd
Suite 203
Miami, FL 33180**

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF SICK

WEAR A MASK



STAY 6FT APART



WASH HANDS

