



























APRIL 2024 EVENT CALENDAR - JOIN US!

Monday Tuesday Wednesday Thursday Friday

1	2  Tai Chi / Ruben  Mini Bingo	3  CHEF DAY 11AM	4  Zumba Gold  MINI KARAOKE 11AM	5  Spring PAJAMA DAY
8	9  Tai Chi / Ruben  Mini Bingo	10  Chair Yoga  Bingo! LAUNDRY BINGO 11AM	11  Zumba Gold  MINI KARAOKE 11AM	12  CASINO MUSIC PARTY
15	16  Tai Chi / Ruben  Mini Bingo	17  ART AND CRAFT 11AM	18  Zumba 11AM  MINI KARAOKE 11AM	19  BIRTHDAY PARTY 11AM
22	23  Tai Chi / Ruben  FOOD PANTRY 11AM	24  MEGA BINGO 11AM	25  Zumba Gold  MINI KARAOKE 11AM	26  Talent Show Med-Show
29	30  MOVIE DAY 11AM			

KISSIMMEE LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED TRANSPORTATION?
ANY QUESTIONS?



Call Us:
Hablamos español 321-335-9777

OUR ADDRESS:
819 N CENTRAL AVE.
KISSIMMEE FL 34741

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS

