

APRIL 2024 EVENT CALENDAR - JOIN US!

Monday Tuesday Wednesday Thursday Friday

1	2  DANCE 10am	3  10am	4  APRIL 10am	5
8 PLANNING DAY	9  10am	10  10am	11  FLOWER PARTY 10am	12
15 PLANNING DAY	16  DANCE 10am	17  10am	18  SPRING PARTY 10am	19
22 PLANNING DAY	23  10am	24  10am	25  10am	26
29 PLANNING DAY	30  DANCE 10am			29

LAUDERHILL LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED TRANSPORTATION? ANY QUESTIONS?

Call Us: (786) 290-8292

OUR ADDRESS:
7229 W OAKLAND PARK BLVD SUITE 103,
LAUDERHILL, FL 33313

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF SICK

WEAR A MASK



STAY 6FT APART



WASH HANDS

