

















# APRIL 2024 EVENT CALENDAR - JOIN US!

Monday    Tuesday    Wednesday    Thursday    Friday

1	2  <b>ENGLISH CLASSES</b> 10-30am	3  <b>BINGO</b> 10-30am	4  <b>NUTRITION &amp; EXERCISES</b> 2pm	5 
8 <b>EVENT PREP DAY</b>	9  <b>SPANISH CLASSES</b> 10-30am	10  <b>BOARD GAMES</b> 10-30am	11  <b>NUTRITION &amp; EXERCISES</b> 2pm	12  <b>KARAOKE</b> 10am
15 <b>EVENT PREP DAY</b>	16  <b>ENGLISH CLASSES</b> 10-30am	17  <b>BINGO</b> 10-30am	18  <b>NUTRITION &amp; EXERCISES</b> 2pm	19  <b>COLOR SPLASH</b> 10am
22 <b>EVENT PREP DAY</b>	23  <b>SPANISH CLASSES</b> 10-30am	24  <b>THERAPEUTIC EXERCISES</b> 10-30am	25  <b>NUTRITION &amp; EXERCISES</b> 2pm	26  <b>BIRTHDAY PARTY</b> 10am
29 <b>EVENT PREP DAY</b>	30  <b>DRAWING DAY</b> 10-30am			

## MARGATE LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

**Call Us: (407) 764 0806**

**OUR ADDRESS:**  
**6101 West Atlantic Blvd**  
**Suite 103**  
**Margate, FL 33063**

## IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME  
IF SICK

WEAR  
A MASK



STAY  
6FT APART



WASH  
HANDS

