

APRIL 2024 EVENT CALENDAR-JOIN US!

Monday Tuesday Wednesday Thursday Friday

1  PLANNING DAY	2 Breakfast AND LUNCH  BOARD GAME	3  TROUBADOR 11:00AM	4 Breakfast AND LUNCH  BOARD GAME	5  ZUMBA 11:00AM
8 Breakfast AND LUNCH PLANNING DAY	9 Breakfast AND LUNCH  BOARD GAME	10  Dj 11:00AM	11 Breakfast AND LUNCH  BOARD GAME	12  ORIGAMI 11:00AM
15 Breakfast AND LUNCH PLANNING DAY	16 Breakfast AND LUNCH  BOARD GAME	17  Dj 11:00AM	18 Breakfast AND LUNCH  BOARD GAME	19  DANCE THERAPY 11:00AM
22 Breakfast AND LUNCH PLANNING DAY	23 Breakfast AND LUNCH  BOARD GAME	24  Dj 11:00AM	25 Breakfast AND LUNCH  BOARD GAME	26  EARTH DAY PAINTING 11:00AM
29 Breakfast AND LUNCH PLANNING DAY	30 Breakfast AND LUNCH  BOARD GAME			

MIAMI LAKES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities.

Food, music, raffles & prizes!
To View All Our Locations
Visit: MedFloridaWellness.com



**NEED TRANSPORTATION?
ANY QUESTIONS?**

Call Us: (786) 207-8242

OUR ADDRESS:
15700 NW 67TH Ave suite
201, Miami Lakes, FL 33014

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF SICK

WEAR A MASK



STAY 6FT APART



WASH HANDS

