

APRIL 2024 EVENT CALENDAR-JOIN US!

Monday Tuesday Wednesday Thursday Friday

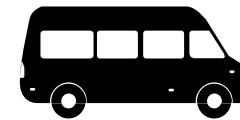
1 Zumba Class 9:00am -1:00pm 	2 9:00am -1:00pm Arts and Crafts 	3	4  Health is wealth Mental Health Class 9:00am -1:00pm	5
8 9:00am -1:00pm 	9 9:00am -1:00pm 	10	11  WELCOME Spring Party 9:00am -1:00pm	12
15 9:00am -1:00pm 	16 9:00am -1:00pm Arts and Crafts 	17	18  Sunglasses Party	19
22 9:00am -2:00pm 	23 9:00am -1:00pm 	24	25  April Birthdays 9:00am -1:00pm	26
29 9:00am -1:00pm Zumba Class 	30 9:00am -1:00pm Arts and Crafts 			

PSL East Location



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: MedFloridaWellness.com



NEED TRANSPORTATION?
ANY QUESTIONS?

Call Us: (772-307-9456)

OUR ADDRESS:
9109 S. US 1 Highway, Suite 101,
Port St. Lucie FL, 34952

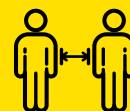
IMPORTANT INFORMATION FOR THOSE ATTENDING

 **STAY HOME IF SICK**

WEAR A MASK



STAY 6FT APART



WASH HANDS

