

# APRIL 2024 - EVENT CALENDAR - JOIN US!

Monday      Tuesday      Wednesday      Thursday      Friday

1	2	3  <ul style="list-style-type: none"> <li>• Exercises 10a</li> <li>• Super Bingo</li> </ul>	4	5
8	9	10  <ul style="list-style-type: none"> <li>• Exercises 10a</li> <li>• Nutrition</li> </ul>	11	12
15  Welcome NP Breakfast	16	17  <ul style="list-style-type: none"> <li>• Exercises 10a</li> <li>• Painting 11a</li> </ul>	18	19
22	23	24  <ul style="list-style-type: none"> <li>• Exercises 10a</li> <li>• Red Party</li> </ul>	25	26
29	30			

**45TH ST LOCATION**



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
 Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
 TRANSPORTATION?  
 ANY QUESTIONS?

**Call Us: 561-401-3712**

**OUR ADDRESS:**

**4477 Medical Center Way,  
 Suite A  
 WPB, FL 33407**

**IMPORTANT INFORMATION FOR THOSE ATTENDING**



STAY HOME  
 IF SICK

WEAR  
 A MASK



STAY  
 6FT APART



WASH  
 HANDS



# MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE  
MEDICAL CENTER**



**PHARMACY: FREE RX  
HOME DELIVERY\***



**FREE FUN WEEKLY  
EVENTS: FOOD,  
DANCING & MORE\***



**WALK-IN URGENT CARE  
CENTER**



**WATCH FREE CLASSIC  
MOVIES ON THE  
WEEKEND &  
GENERAL  
INFO WEEKDAYS**



**MEDFLORIDA.TV**

**SOCIAL SERVICES: FREE  
APPLICATION HELP**



**EN ESPAÑOL**



**SCAN THE CODE TO SEE THESE  
OPTIONS ON YOUR PHONE**

**OR VISIT ONLINE:**  
[medflorida.info/well](http://medflorida.info/well)

**ESCANEE EL CÓDIGO PARA  
VER ESTAS OPCIONES EN SU  
TELÉFONO**

**O VISITE PAGINA WEB:**  
[medflorida.info/bien](http://medflorida.info/bien)



**\*FOR MEDICARE  
RECIPIENTS**

**Questions? Call ANDREA TEL: 561-401-3712**