




FEB 2023 EVENT CALENDAR-JOIN US!

Monday Tuesday Wednesday Thursday Friday

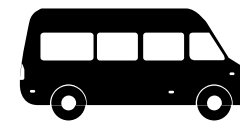
		1	2	3  Nutrition Class & Art Craft 10:30AM
6	7	8	9 Art Craft 10:00 AM	10  Valentines Day / Bingo Party 10:30AM
13	14	15	16	17  Time Reading 10:30AM
20	21	22	23	24  Art Craft 10:30AM
27	28			

AVENTURA LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: MedFloridaWellness.com



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 305-948-9595

OUR ADDRESS:
21110 Biscayne Blvd, Suite
203, Aventura, FL 33180

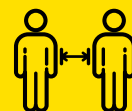
IMPORTANT INFORMATION FOR THOSE ATTENDING



WEAR A MASK



STAY 6FT APART



WASH HANDS

