




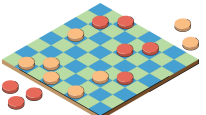






OCTOBER-2025- EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1  TECNOLOGY CLASS 10AM	2  BOARD GAMES 10AM	3  EXERCISES 10AM
6 EVENT PREP DAY	7  CRAZY SOCKS PARTY	8  NUTRITION CLASS 10AM	9  BOARD GAMES 10AM	10  EXERCISES 10AM
13 EVENT PREP DAY	14  HAT PARTY 10AM	15  YOGA 10AM	16  BOARD GAMES 10AM	17  EXERCISES 10AM
20 EVENT PREP DAY	21  BIRTHDAY PARTY 10AM	22  ZUMBA 10AM	23  BOARD GAMES 10AM	24  EXERCISES 10AM
27 EVENT PREP DAY	28  HALLOWEEN PARTY 10AM	29  YOGA 10AM	30  DOMINO GAME 10AM	31  EXERCISES 10AM

DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-975-3871

OUR ADDRESS:
1950 W Hillsboro Blvd Suite
105, Deerfield Beach, FL
33442

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Please call: 561-975-3871