JULY 2025- EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	PARTY 10AM	NUTRITION CLASS 10AM	EVENT PREP DAY	4 we he CLOSED
PLATING DAY 10AM	BINGO O GO 15 20 1 10 19 25 44 40 18 63 37 60 13 30 33 5 27 48 53 21 70 57 68 54 BINGO PARTY 10 AM	2 ZUMBA 10AM	EVENT PREP DAY	EXERCISES 10AM
ART CLASS 10:00AM	SUMMER PARTY 10AM	TECNOLOGY CLASS	EVENT PREP DAY	18 EXERCISES 10AM
ART CLASS 10:00AM	PARTY TWVe!	NUTRITION CLASS 10AM	EVENT PREP DAY	EXERCISES 10AM
ART CLASS 10:00AM	29 BIRHDAY PARTY 10AM	ZUMBA 10AM	EVENT PREP DAY	

DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and wellbeing through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: MedFloridaWellness.com



NEED TRANSPORTATION? ANY QUESTIONS?

Call Us: 561-975-3871

OUR ADDRESS:

1950 W Hillsboro Blvd Suite 105, Deerfield Beach, FL 33442

<u>IMPORTANT INFORMATION FOR THOSE ATTENDING</u>









