





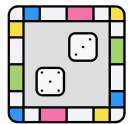
















MAY-2026- EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  EXERCISES 10AM
4 	5 	6  NUTRITION CLASS 10AM	7  BOARD GAMES 10AM	8  EXERCISES 10AM
11  BOARD GAMES 10AM	12  PARTY BINGO 10 AM	13  TECNOLOGY CLASS 10AM	14  BOARD GAMES 10AM	15  EXERCISES 10AM
18  BOARD GAMES 10AM	19  PARTY BINGO 10 AM	20  NUTRITION CLASS 10AM	21  BOARD GAMES 10AM	22  EXERCISES 10AM
25 	26  HAPPY BIRTHDAY CELEBRATION 10 AM	27  YOGA	28  COOKING TIME 10 AM	29  EXERCISES 10AM

DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-975-3871

OUR ADDRESS:
1950 W Hillsboro Blvd Suite
105, Deerfield Beach, FL
33442

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

PRIMARY CARE
MEDICAL CENTER



PHARMACY: FREE RX
HOME DELIVERY*



FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE*



WALK-IN URGENT CARE
CENTER



WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS



MEDFLORIDA.TV

SOCIAL SERVICES: FREE
APPLICATION HELP



EN ESPAÑOL



SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE

OR VISIT ONLINE:
medflorida.info/well

ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO

O VISITE PAGINA WEB:
medflorida.info/bien



*FOR MEDICARE
RECIPIENTS

Questions? Please call: (561) 975-3871