

APRIL-2026- EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BOARD GAMES 10AM	2  BOARD GAMES 10AM	3  EXERCISES 10AM
6  BOARD GAMES 10AM	7  EASTER 10AM	8  NUTRITION CLASS 10AM	9  BOARD GAMES 10AM	10  EXERCISES 10AM
13  BOARD GAMES 10AM	14  PATRIOT DAY 10AM	15  TECNOLOGY CLASS 10AM	16  BOARD GAMES 10AM	17  EXERCISES 10AM
20  BOARD GAMES 10AM	21 DOG PARTY PARTY 10AM	22  NUTRITION CLASS 10AM	23  BOARD GAMES 10AM	24  EXERCISES 10AM
27  BOARD GAMES 10AM	28 HAPPY BIRTHDAY CELEBRATION 10 AM	29	30  BOARD GAMES 10AM	

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IMPORTANT INFORMATION FOR THOSE ATTENDING

DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-975-3871

OUR ADDRESS:
1950 W Hillsboro Blvd Suite
105, Deerfield Beach, FL
33442



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS





HAPPY INTERNATIONAL

International
Women's
Day

- MARCH, 8 -