

# AUGUST 2025- EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  EXERCISES 10AM
4  SEWING AT HOME 10AM	5  CARNIVAL 10AM	6  NUTRITION CLASS 10AM	7 <b>EVENT PREP DAY</b>	8  EXERCISES 10AM
11  ART CLASS 10:00AM	12  KARAOKE PARTY 10AM	13  TECNOLOGY CLASS 10AM	14 <b>EVENT PREP DAY</b>	15  EXERCISES 10AM
18  CROCHET 10:00AM	19  ORANGE PARTY 10AM	20  ZUMBA 10AM	21 <b>EVENT PREP DAY</b>	22  EXERCISES 10AM
25  ART CLASS 10:00AM	26  BIRHDAY PARTY 10AM	27  NUTRITION CLASS 10AM	28 <b>EVENT PREP DAY</b>	29  EXERCISES 10AM

## DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

Call Us: 561-975-3871

**OUR ADDRESS:**  
1950 W Hillsboro Blvd Suite  
105, Deerfield Beach, FL  
33442

## IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME  
IF SICK

WEAR  
A MASK



STAY  
6FT APART



WASH  
HANDS



# MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE  
MEDICAL CENTER**



**PHARMACY: FREE RX  
HOME DELIVERY\***



**FREE FUN WEEKLY  
EVENTS: FOOD,  
DANCING & MORE\***



**WALK-IN URGENT CARE  
CENTER**



**WATCH FREE CLASSIC  
MOVIES ON THE  
WEEKEND &  
GENERAL  
INFO WEEKDAYS**



**MEDFLORIDA.TV**

**SOCIAL SERVICES: FREE  
APPLICATION HELP**



**EN ESPAÑOL**



**SCAN THE CODE TO SEE THESE  
OPTIONS ON YOUR PHONE**

**OR VISIT ONLINE:**  
[medflorida.info/well](http://medflorida.info/well)

**ESCANEE EL CÓDIGO PARA  
VER ESTAS OPCIONES EN SU  
TELÉFONO**

**O VISITE PAGINA WEB:**  
[medflorida.info/bien](http://medflorida.info/bien)



**\*FOR MEDICARE  
RECIPIENTS**

**Questions? Please call: (561) 975-3871**