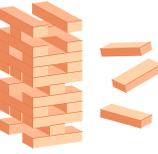


# FEBRUARY-2026- EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>  <b>BOARD GAMES</b> 10AM	<b>3</b>  <b>RED PARTY</b> 10AM	<b>4</b>  <b>NUTRITION CLASS</b> 10AM	<b>5</b>  <b>BOARD GAMES</b> 10AM	<b>6</b>  <b>EXERCISES</b> 10AM
<b>9</b>  <b>BOARD GAMES</b> 10AM	<b>10</b>  <b>SAN VALENTINE PARTY</b> 10AM	<b>11</b>  <b>YOGA</b> 10AM	<b>12</b>  <b>BOARD GAMES</b> 10AM	<b>13</b>  <b>EXERCISES</b> 10AM
<b>16</b>  <b>BOARD GAMES</b> 10AM	<b>17</b>  <b>BINGO PARTY</b> 10AM	<b>18</b>  <b>TECNOLOGY CLASS</b> 10AM	<b>19</b>  <b>BOARD GAMES</b> 10AM	<b>20</b>  <b>EXERCISES</b> 10AM
<b>23</b>  <b>BOARD GAMES</b> 10AM	<b>24</b>  <b>Happy Birthday</b> PARTY 10AM	<b>25</b>  <b>NUTRITION CLASS</b> 10AM	<b>26</b>  <b>BOARD GAMES</b> 10AM	<b>27</b>  <b>EXERCISES</b> 10AM

## DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
 Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
 TRANSPORTATION?  
 ANY QUESTIONS?

**Call Us: 561-975-3871**

**OUR ADDRESS:**  
 1950 W Hillsboro Blvd Suite  
 105, Deerfield Beach, FL  
 33442

### IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME  
 IF SICK

WEAR  
 A MASK



STAY  
 6FT APART



WASH  
 HANDS

