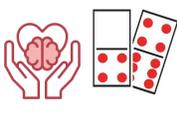


# FEBRUARY 2026 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
2  <b>INDIVIDUAL THERAPY</b>	3  <b>ART AND CRAFT 10AM EXERCISES 11A</b>	4  <b>EMOTIONAL THERAPY 10A DOMINO 11A</b>	5  <b>ZUMBA 10A BINGO 11A</b>	6  <b>WELCOME NEW PATIENT 9AM</b>
9  <b>INDIVIDUAL THERAPY</b>	10  <b>POETRY CLASS 10AM EXERCISES 11A</b>	11  <b>EMOTIONAL THERAPY 10A CHAIR EXERCISE 11A</b>	12  <b>ZUMBA 10A BINGO 11A</b>	13  <b>SAN VALENTINE'S DAY 9AM</b>
16  <b>INDIVIDUAL THERAPY</b>	17  <b>KARAOKE 10A EXERCISES 11A</b>	18  <b>EMOTIONAL THERAPY 10A BOARD GAMES 11A</b>	19  <b>ZUMBA 10A BINGO 11A</b>	20  <b>HAT PARTY 9AM</b>
23  <b>INDIVIDUAL THERAPY</b>	24  <b>NUTRITION 10A EXERCISES 11A</b>	25  <b>EMOTIONAL THERAPY 10A DOMINO 11A</b>	26  <b>ZUMBA 10A BINGO 11A</b>	27  <b>DOM. REP. INDEPENDENCE DAY 9AM</b>
3	4	5	6	7

## GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED TRANSPORTATION?  
ANY QUESTIONS?

Call Us: 561-633-1484

**OUR ADDRESS:**  
3387 S. Jog Rd, Suite 106  
Greenacres, FL 33467

## IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME  
IF SICK

WEAR  
A MASK



STAY  
6FT APART



WASH  
HANDS





H A P P Y

*Valentine's Day*



**MedFlorida**  
Wellness Centers