

AUGUST 2026 - EVENT CALENDAR - JOIN US!



Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 DOMINO 11AM ZUMBA 10 AM	5 YOGA 10 AM	6 SCHOOL PARTY 9AM	7 NEW PATIENT TOUR'S 9AM
10 	11 ZUMBA 10 AM	12 BINGO 11AM YOGA 10 AM	13 KARAOKE PARTY 10 AM	14 NEW PATIENT TOUR'S 9AM
17 	18 ARTS AND CRAFTS 11 AM ZUMBA 10 AM	19 ICE CREAM DAY 11AM YOGA 10 AM	20 NATIONAL SENIOR CITIZENS DAY (10AM)	21 NEW PATIENT TOUR'S 9AM
24 	25 ZUMBA 10 AM	26 YOGA 10 AM	27 BIRTHDAY'S 10AM	28 NEW PATIENT TOUR'S 9AM
31				

HAINES CITY LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-987-4779

OUR ADDRESS:
175 Patterson Rd,
Haines City, FL 33844

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF YOU ARE SICK



UPCOMING EVENTS

★ SENIORS ★

THURSDAY

AUGUST

06

10:00 AM



BACK TO SCHOOL PARTY!

*Let's celebrate learning,
laughter and new beginnings!*

JOIN US FOR:

- Music & Fun
- Games & Activities
- Raffles & Prizes
- Healthy Snacks
- And much more!

HEALTHY
SNACKS
WILL BE
SERVED!



THURSDAY
AUGUST 6, 2026
PARTY STARTS AT
10:00 AM

175 Patterson Rd,
Haines City, FL 33844
561-987-4779
Miguelina Hoyos

THURSDAY

AUGUST

13

10:00 AM

KARAOKE Party

TBT

Sing, remember and enjoy
the greatest hits
from all times!

JOIN US FOR:

- Music & Fun
- Games & Activities
- Raffles & Prizes
- Healthy Snacks
- And much more!

THURSDAY
AUGUST 13, 2026
PARTY STARTS AT
10:00 AM



80's • 90's • 2000's

HEALTHY
SNACKS
WILL BE
SERVED!



THURSDAY

AUGUST

20

10:00 AM

NATIONAL SENIOR CITIZEN DAY

Honoring our seniors
with love and respect.

JOIN US FOR:

- Music & Fun
- Raffles & More
- Reflections
- Healthy Snacks
- And much more!

THURSDAY
AUGUST 20, 2026
STARTS AT
10:00 AM



HEALTHY
SNACKS
WILL BE
SERVED!



THURSDAY

AUGUST

27

10:00 AM

AUGUST BIRTHDAY CELEBRATION!

- MUSIC
- RAFFLES
- SURPRISES & MORE

THURSDAY
AUGUST 27, 2026
STARTS AT
10:00 AM



HEALTHY
SNACKS
WILL BE
SERVED!




TRANSPORTATION
AVAILABLE
WE'LL PICK YOU UP!



MedFlorida Wellness Center
175 Patterson Rd,
Haines City, FL 33844



FOR MORE INFORMATION
561-987-4779
Miguelina Hoyos

Your wellness
is our mission!

