

OCTUBRE 2026 - EVENT CALENDAR - JOIN US!

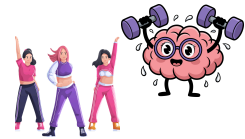
Monday

Tuesday

Wednesday

Thursday

Friday

			1  KARAOKE 10 AM	2  FALL INTO WELLNESS 10 AM
5 	6  YOGA & ART 10 AM	7  ZUMBA 10 AM BRAIN FITNESS 11AM	8  ART & CRAFT 10 AM	9  COWBOY PARTY 10 AM
12 	13  YOGA & ART 10 AM	14  ZUMBA 10 AM BRAIN FITNESS 11AM	15  BREAST CANCER AWARENESS 10 AM	16  CULTURAL HERITAGE 10 AM
19 	20  YOGA & ART 10 AM	21  ZUMBA 10 AM BRAIN FITNESS 11AM	22  ART & CRAFT 10 AM	23  CASINO GAME PARTY 10 AM
26 	27  YOGA & ART 10 AM	28  ZUMBA 10 AM BRAIN FITNESS 11AM	29  KARAOKE 10 AM	30  PARTY TIME 10 AM

KISSIMMEE- LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 407-923-2647
321-334-1350

OUR ADDRESS:
819 NORTH CENTRAL AVE,
KISSIMMEE FL, 34741.

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF YOU ARE SICK





COWBOY PARTY

YEE-HAW!

Put on your hat and enjoy
great company!

★ FRIDAY
OCTOBER
2, 2026
PARTY STARTS AT
10:00 AM

- ★ Music & Fun
- ★ Games & Activities
- ★ Raffles & Prizes
- ★ Healthy Snacks & Refreshments



819 North Central Ave.
Kissimmee, FL 34741

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TRANSPORTATION
AVAILABLE
FOR SENIORS

★ Event for Seniors ★



SUPER HERO PARTY

BE A HERO!

Come ready for fun, games
and super surprises!

★ FRIDAY
OCTOBER
9, 2026
PARTY STARTS AT
10:00 AM

- ★ Hero Games
- ★ Fun Activities
- ★ Raffles & Prizes
- ★ Healthy Snacks & Refreshments

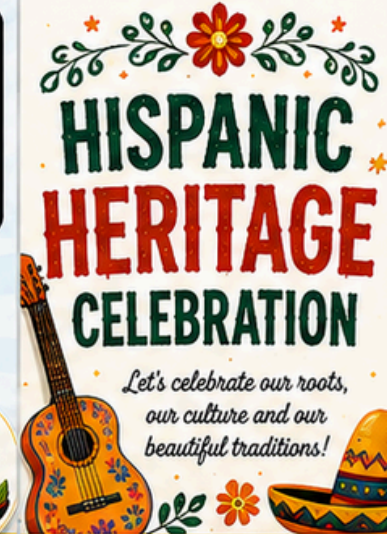


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HISPANIC HERITAGE CELEBRATION

Let's celebrate our roots,
our culture and our
beautiful traditions!

★ FRIDAY
OCTOBER
16, 2026
PARTY STARTS AT
10:00 AM

- ★ Music & Culture
- ★ Games & Activities
- ★ Traditional Food
- ★ Healthy Snacks & Refreshments



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TRANSPORTATION
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CASINO PARTY

Feeling lucky?
LET'S PLAY & WIN!

★ FRIDAY
OCTOBER
23, 2026
PARTY STARTS AT
10:00 AM

- ★ Casino Games
- ★ Fun & Prizes
- ★ Games & Activities
- ★ Healthy Snacks & Refreshments



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TRANSPORTATION
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HALLOWEEN PARTY TIME! & BIRTHDAY CELEBRATION!

Let's celebrate Halloween
and all our amazing
birthdays!

★ FRIDAY
OCTOBER
30, 2026
PARTY STARTS AT
10:00 AM

- ★ Costume Fun
- ★ Music & Fun
- ★ Games & Activities
- ★ Raffles & Prizes
- ★ Birthday Celebrations
- ★ Healthy Snacks & Refreshments



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JOIN US **EVERY FRIDAY**
FOR FUN, COMMUNITY
& GREAT MEMORIES!



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MedFlorida
Wellness Centers

WE CARE. WE LISTEN. WE MAKE A DIFFERENCE.