



SEPTEMBER 2026 - EVENT CALENDAR - JOIN US !

Monday

Tuesday

Wednesday

Thursday

Friday

	1  GOLDEN BINGO 10 AM	2  ZUMBA 10 AM BRAIN FITNESS 11AM	3  ART & CRAFT 10 AM	4  HAPPY LABOR DAY! PARTY TIME 10 AM
7 	8  YOGA & ART 10 AM	9  ZUMBA 10 AM BRAIN FITNESS 11AM	10  ART & CRAFT 10 AM	11  CEREMONY TIME 10 AM
14 	15  CAFE CON AMOR 10 AM	16  ZUMBA 10 AM BRAIN FITNESS 11AM	17  ART & CRAFT 10 AM	18  WELCOME FALL PARTY TIME 10 AM
21 	22  YOGA & ART 10 AM	23  ZUMBA 10 AM BRAIN FITNESS 11AM	24  ART & CRAFT 10 AM	25  HAPPY BIRTHDAY PARTY TIME 10 AM
28 	29  GOLDEN BINGO 10 AM	30  ZUMBA 10 AM BRAIN FITNESS 11AM		

KISSIMMEE - LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 407-923-2647
321-334-1350

OUR ADDRESS:
819 NORTH CENTRAL AVE,
KISSIMMEE FL, 34741.

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF YOU ARE SICK



HAPPY LABOR DAY!

PARTY TIME!

*Let's celebrate
the hard work and enjoy
great company!*

★ **FRIDAY** ★
SEPTEMBER
4, 2026

PARTY STARTS AT
10:00 AM

- ★ Music & Fun
- ★ Games & Activities
- ★ Raffles & Prizes
- ★ Healthy Snacks & Refreshments

HEALTHY
SNACKS
WILL BE
SERVED!

📍 819 North Central Ave.
Kissimmee, FL 34741

📞 407-444-1456

TRANSPORTATION
AVAILABLE
FOR SENIORS

★ Event for Seniors ★

PATRIOT DAY

We Remember

CEREMONY TIME

★ **FRIDAY** ★
SEPTEMBER
11, 2026

PARTY STARTS AT
10:00 AM

- ★ Moment of Reflection
- ★ Community & Unity
- ★ Patriotic Music
- ★ Honoring Our Heroes

HEALTHY
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WILL BE
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FOR SENIORS

★ Event for Seniors ★

Welcome FALL

PARTY TIME!

*A new season,
a new experience!*

★ **FRIDAY** ★
SEPTEMBER
18, 2026

PARTY STARTS AT
10:00 AM

- ★ Fall Music & Fun
- ★ Games & Activities
- ★ Raffles & Prizes
- ★ Healthy Snacks & Refreshments

HEALTHY
SNACKS
WILL BE
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TRANSPORTATION
AVAILABLE

HAPPY BIRTHDAY!

PARTY TIME!

*Let's celebrate you
and another amazing year!*

★ **FRIDAY** ★
SEPTEMBER
25, 2026

PARTY STARTS AT
10:00 AM

- ♥ Birthday Celebrations
- ♥ Music & Fun
- ♥ Games & Activities
- ♥ Raffles & Prizes
- ♥ Healthy Snacks & Refreshments

HEALTHY
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