

JUNE 2026 - EVENT CALENDAR - JOIN US!

LAUDERHILL LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: MedFloridaWellness.com



NEED TRANSPORTATION?
ANY QUESTIONS?

Call Us: (561) 975-3871

Hablamos español

OUR ADDRESS:
7229 W Oakland Park Blvd,
Suite 103, Lauderhill, FL
33313

Monday	Tuesday	Wednesday	Thursday	Friday
1 DOMINO 10AM	2 CRAFT 10AM	3 ZUMBA 10AM	4 <i>Welcome June</i> PARTY 10AM	5 EXERCISE 11AM
8 CRAFT 10AM	9 NUTRITION AND EXERCISE 10AM	10 CRAFT 10AM	11 WESTERN PARTY 10AM	12 EXERCISE 11AM
15 BOARD GAMES 10AM	16 PAINTING DAY 10AM	17 TECHNOLOGY CLASS 10AM	18 <i>Happy Father's Day</i> PARTY 10AM	19 EXERCISE 11AM
22 DOMINO 10AM	23 NUTRITION AND EXERCISE 10AM	24 ZUMBA 10AM	25 BIRTHDAY PARTY 10AM	26 EXERCISE 11AM
29 CRAFT 10AM	30 PAINTING DAY 10AM			

IMPORTANT INFORMATION FOR THOSE ATTENDING

STAY HOME
IF SICK

WEAR
A MASK

STAY
6FT APART

WASH
HANDS

MEDICARE RECIPIENTS LEARN MORE ABOUT:

PRIMARY CARE
MEDICAL CENTER



PHARMACY: FREE RX
HOME DELIVERY*



FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE*



WALK-IN URGENT CARE
CENTER



WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS



MEDFLORIDA.TV

SOCIAL SERVICES: FREE
APPLICATION HELP



EN ESPAÑOL



SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE

OR VISIT ONLINE:
medflorida.info/well

ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO

O VISITE PAGINA WEB:
medflorida.info/bien



*FOR MEDICARE
RECIPIENTS

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