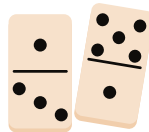
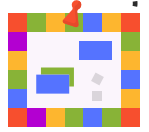
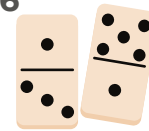


SEPTEMBER 2025 - EVENT CALENDAR - JOIN US!

Monday	Tuesday	Wednesday	Thursday	Friday
1 LABOR DAY CLOSED	2  NUTRITION AND EXERCISE 10AM	3  BINGO 10AM	4  WELCOME NEW PATIENT PARTY 10AM	5  BOARD GAMES 10AM
8 EVENT PREP DAY	9  CRAFT 10AM	10  CHAIR EXERCISE 10AM	11  DISCO PARTY 10AM	12  DOMINO 10AM
15 EVENT PREP DAY	16  NUTRITION AND EXERCISE 10AM	17  PAINTING DAY 10AM	18  WHITE PARTY 10AM	19  BOARD GAMES 10AM
22 EVENT PREP DAY	23  BINGO 10AM	24  COOKING DAY 10AM	25  BIRTHDAY PARTY 10AM	26  DOMINO 10AM
29 EVENT PREP DAY	30  NUTRITION AND EXERCISE 10AM			

LAUDERHILL LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: (561) 975-3871

 Hablamos español

OUR ADDRESS:

7229 W Oakland Park Blvd
Suite 103, Lauderhill, FL
33313

IMPORTANT INFORMATION FOR THOSE ATTENDING

STAY HOME
IF SICK



WEAR
A MASK



STAY
6FT APART



WASH
HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Please call: (561) 975-3871