

AUGUST 2026 - EVENT CALENDAR - JOIN US !

MIAMI LAKES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)

 **NEED
TRANSPORTATION?
ANY QUESTIONS?**

Call Us: (954) 799-1050

OUR ADDRESS:

**15700 NW 67TH Ave suite
202, Miami Lakes, FL 33014**

Monday	Tuesday	Wednesday	Thursday	Friday
3 EVENT PREP DAY	4  CRAFTS 10AM	5 Welcome NEW <i>Patient</i> DJ 10AM	6  CRAFTS 10AM	7  SUPER BINGO 10AM
10 EVENT PREP DAY	11  CRAFTS 10AM	12  TAICHI 10AM	13  CRAFTS 10AM	14  SUPER BINGO 10AM
17 EVENT PREP DAY	18  CRAFTS 10AM	19  KARAOKE 10AM	20  CRAFTS 10AM	21  SUPER BINGO 10AM
24 EVENT PREP DAY	25  CRAFTS 10AM	26  FRESH MARKET 10AM	27  CRAFTS 10AM	28  SUPER BINGO 10AM
31 EVENT PREP DAY				

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**

