

JULY 2026 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
		1  DJ MEXICANA 10AM	2  CRAFTS 10AM	3  CLOSED
6 EVENT PREP DAY	7  CRAFTS 10AM	8  TAICHI 10AM	9  CRAFTS 10AM	10  SUPER BINGO 10AM
13 EVENT PREP DAY	14  CRAFTS 10AM	15  KARAOKE 10AM	16  CRAFTS 10AM	17  LEO ZUMBA 10AM
20 EVENT PREP DAY	21  CRAFTS 10AM	22  DJ 90s STYLE CLOTHING 10AM	23  CRAFTS 10AM	24  SUPER BINGO 10AM
27 EVENT PREP DAY	28  CRAFTS 10AM	29  FRESH MARKET 10AM	30  CRAFTS 10AM	31  SUPER BINGO 10AM

MIAMI LAKES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: (954) 799-1050

OUR ADDRESS:

15700 NW 67TH Ave suite
202, Miami Lakes, FL 33014

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS

