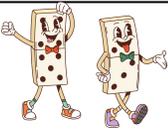


MARCH 2026 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
2 EVENT PREP DAY	3  CRAFTS 10AM	4 Welcome NEW <i>Patient</i> DJ 10AM	5  CRAFTS 10AM	6  ORIGAMY CLASS 10AM
9 EVENT PREP DAY	10  CRAFTS 10AM	11  DJ 10AM	12  CRAFTS 10AM	13  DOMINOES PLACE 10AM
16 EVENT PREP DAY	17  CRAFTS 10AM	18  ZUMBA CLASS 10AM	19  CRAFTS 10AM	20  YOGA 10AM
23 EVENT PREP DAY	24  CRAFTS 10AM	25  DJ 10AM	26  CRAFTS 10AM	27  FRESH MARKET AND BINGOS 10AM
30 EVENT PREP DAY	31  CRAFTS 10AM			

MIAMI LAKES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



Call Us: (954) 799-1050

OUR ADDRESS:
15700 NW 67TH Ave suite 202, Miami Lakes, FL 33014

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF SICK



STAY 6FT APART

