

JUNE 2026 - EVENT CALENDAR - JOIN US!

HILLSBOROUGH LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: (561) 281-4459

OUR ADDRESS:
3505 E. Hillsborough Ave
Suite 201
Tampa, FL 33610

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<p>2 Zumba Class 11:00-1:00 pm</p>	<p>3 Arts and Crafts 11:00-1:00 pm</p>	<p>4 Flag Day 11:00-1:00 pm</p>	5
<p>EVENT PREP DAY</p>	<p>9 Yoga Class 11:00-1:00 pm</p>	<p>10 Barber & Nails 10:00-1:00 pm</p>	<p>11 June Teenth Day 11:00-1:00 pm</p>	12
<p>EVENT PREP DAY</p>	<p>16 Zumba Class 11:00-1:00 pm</p>	<p>17 Arts and Crafts 11:00-1:00 pm</p>	<p>18 Father's Party 11:00-1:00 pm</p>	19
<p>EVENT PREP DAY</p>	<p>23 Yoga Class 11:00-1:00 pm</p>	<p>24 Barber & Nails 10:00-1:00 pm</p>	<p>25 Birhday Party 11:00-1:00 pm</p>	26
<p>EVENT PREP DAY</p>	<p>30 Zumba Class 11:00-1:00 pm</p>			

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS

