

# OCTOBER 2025 EVENT CALENDAR - JOIN US!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1	2 <i>Welcome New Patient</i> <b>OCTOBER</b> Breakfast for Patients 11:00-1:00 pm	3
6 <b>EVENT PREP DAY</b>	7  Zumba Class 11:00-1:00 pm	8	9  Bingo Time 11:00-1:00 pm	10
13 <b>EVENT PREP DAY</b>	14  Barber & Nails 10:00-1:00 pm	15	16  Crazy socks Day 11:00-1:00 pm	17
20 <b>EVENT PREP DAY</b>	21  Baking Time 11:00-1:00 pm	22	23  Hat party! 11:00-1:00 pm	24
27 <b>EVENT PREP DAY</b>	28  Lets talk about Arthritis 11:00-1:00 pm	29	30 <b>HAPPY HALLOWEEN</b> And <b>BIRTHDAY PARTY</b> 11:00-1:00 pm	31

**HILLSBOROUGH LOCATION**



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

**Call Us: (561) 281-4459**

**OUR ADDRESS:**

3505 E. Hillsborough Ave  
Suite 201  
Tampa, FL 33610

**IMPORTANT INFORMATION FOR THOSE ATTENDING**



STAY HOME  
IF SICK

WEAR  
A MASK



STAY  
6FT APART



WASH  
HANDS

