

AUGUST 2025 - EVENT CALENDAR - JOIN US!

45TH ST LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
4477 Medical Center Way,
Suite A
WPB, FL 33407

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 EVENT PREP DAY
4 BINGO 10AM	5 BOARD GAMES 10 AM	6 EXERCISES 10AM SUPER BINGO	7 COGNITIVES ACTIVITIES 10AM	8 EVENT PREP DAY
11 ART AND CRAFTS 10AM	12 BOARD GAMES 10 AM	13 EXERCISES 10AM FASHION PARTY	14 CHAIR EXERCISE 10AM	15 EVENT PREP DAY
18 DOMINOS CHAMPIONSHIP 10AM	19 BOARD GAMES 10 AM	20 EXERCISES 10AM NUTRITION CLASS	21 COGNITIVES ACTIVITIES 10AM	22 EVENT PREP DAY
25 BINGO 10AM	26 BOARD GAMES 10 AM	27 EXERCISES 10AM HAPPY BIRTHDAY	28 CHAIR EXERCISE 10AM	29 EVENT PREP DAY

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Please call: 561-633-1484