

SEPTEMBER 2026 - EVENT CALENDAR - JOIN US!

Monday	Tuesday	Wednesday	Thursday	Friday
	1  BOARD GAMES 10 AM	2  EXERCISES 10AM WELCOME SEPTEMBER	3  CHAIR EXERCISE 10AM	4 EVENT PREP DAY
7 CLOSED HAPPY LABOR DAY	8  BOARD GAMES 10 AM	9  EXERCISES 10AM SUPER BINGO	10  COGNITIVES ACTIVITIES 10AM	11 EVENT PREP DAY
14  EXERCISES 10AM TABLE GAMES	15  BOARD GAMES 10 AM	16  EXERCISES 10AM HAWAIIAN PARTY	17  CHAIR EXERCISE 10AM	18 EVENT PREP DAY
21  ART & CRAFT 10AM	22  BOARD GAMES 10 AM	23  EXERCISES 10AM HAPPY 20's YEAR	24  COGNITIVES ACTIVITIES 10AM	25 EVENT PREP DAY
28  EXERCISES 10AM TABLE GAMES	29  BOARD GAMES 10 AM	30  EXERCISES 10AM HAPPY BIRTHDAY		

45TH ST LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
4477 Medical Center Way,
Suite A
WPB, FL 33407

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**



MEDICARE RECIPIENTS LEARN MORE ABOUT:

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MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Call Indira TEL: 561-633-1484