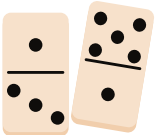








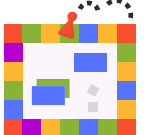



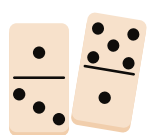








JUNE 2026 - EVENT CALENDAR - JOIN US!

Monday	Tuesday	Wednesday	Thursday	Friday
1  DOMINO 10AM	2  CRAFT 10AM	3  ZUMBA 10AM	4 <i>Welcome June</i> PARTY 10AM	5  EXERCISE 11AM
8  CRAFT 10AM	9  NUTRITION AND EXERCISE 10AM	10  CRAFT 10AM	11  WESTERN PARTY 10AM	12  EXERCISE 11AM
15  BOARD GAMES 10AM	16  PAINTING DAY 10AM	17  TECHNOLOGY CLASS 10AM	18 <i>Happy Father's Day</i> PARTY 10AM	19  EXERCISE 11AM
22  DOMINO 10AM	23  NUTRITION AND EXERCISE 10AM	24  ZUMBA 10AM	25  BIRTHDAY PARTY 10AM	26  EXERCISE 11AM
29  CRAFT 10AM	30  PAINTING DAY 10AM			

TAMARAC LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

These events will take place at the **Lauderhill location**



Call Us: (561) 975-3871

 Hablamos español

OUR ADDRESS:
7229 W Oakland Park Blvd,
Suite 103, Lauderhill, FL
33313

IMPORTANT INFORMATION FOR THOSE ATTENDING



MEDICARE RECIPIENTS LEARN MORE ABOUT:

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HOME DELIVERY*



FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE*



WALK-IN URGENT CARE
CENTER



WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS



MEDFLORIDA.TV

SOCIAL SERVICES: FREE
APPLICATION HELP



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TELÉFONO

O VISITE PAGINA WEB:
medflorida.info/bien



*FOR MEDICARE
RECIPIENTS

Questions? Please call: (561) 975-3871