

# DECEMBER 2025 - EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  <b>CROCHET CLASS</b> 10AM	<b>2</b>  <b>BOARD GAMES</b> 10 AM	<b>3</b>  <b>EXERCISES 10AM</b> WELCOME DECEMBER	<b>4</b>  <b>CHAIR EXERCISE</b> 10AM	<b>5</b> <b>EVENT PREP DAY</b>
<b>8</b>  <b>BINGO</b> 10AM	<b>9</b>  <b>BOARD GAMES</b> 10 AM	<b>10</b>  <b>EXERCISES 10AM</b> CHOCOLATE EXCHANGE	<b>11</b>  <b>COGNITIVES ACTIVITIES</b> 10AM	<b>12</b> <b>EVENT PREP DAY</b>
<b>15</b>  <b>ART AND CRAFTS</b> 10AM	<b>16</b>  <b>BOARD GAMES</b> 10 AM	<b>17</b>  <b>EXERCISES 10AM</b> UGLY SWEATER	<b>18</b>  <b>CHAIR EXERCISE</b> 10AM	<b>19</b> <b>EVENT PREP DAY</b>
<b>22</b>  <b>EXERCISES 10AM</b> MERRY CHRISTMAS	<b>23</b>  <b>BOARD GAMES</b> 10 AM	<b>24</b>  <b>Sorry We're CLOSED</b>	<b>25</b>  <b>Sorry We're CLOSED</b>	<b>26</b> <b>EVENT PREP DAY</b>
<b>29</b>  <b>EXERCISES 10AM</b> NEW YEAR'S EVE	<b>30</b>  <b>BOARD GAMES</b> 10 AM	<b>31</b> <b>CLOSED</b> FOR NEW YEARS		

**45TH ST LOCATION**



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

**Call Us: 561-633-1484**

**OUR ADDRESS:**  
4477 Medical Center Way,  
Suite A  
WPB, FL 33407

## IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME  
IF SICK**

**WEAR  
A MASK**



**STAY  
6FT APART**



**WASH  
HANDS**



# MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE  
MEDICAL CENTER**



**PHARMACY: FREE RX  
HOME DELIVERY\***



**FREE FUN WEEKLY  
EVENTS: FOOD,  
DANCING & MORE\***



**WALK-IN URGENT CARE  
CENTER**



**WATCH FREE CLASSIC  
MOVIES ON THE  
WEEKEND &  
GENERAL  
INFO WEEKDAYS**



**MEDFLORIDA.TV**

**SOCIAL SERVICES: FREE  
APPLICATION HELP**



**EN ESPAÑOL**



**SCAN THE CODE TO SEE THESE  
OPTIONS ON YOUR PHONE**

**OR VISIT ONLINE:**  
[medflorida.info/well](http://medflorida.info/well)

**ESCANEE EL CÓDIGO PARA  
VER ESTAS OPCIONES EN SU  
TELÉFONO**

**O VISITE PAGINA WEB:**  
[medflorida.info/bien](http://medflorida.info/bien)



**\*FOR MEDICARE  
RECIPIENTS**

**Questions? Please call: 561-633-1484**