

NOVEMBER 2021 EVENT CALENDAR-JOIN US!

Monday Tuesday Wednesday Thursday Friday

1	2	3	4  Nutrition Coaching Talk 2PM	5  Welcome New Patients Party 10AM-1PM
8	9	10	11  Nutrition Coaching Talk 2PM	12  Autumn Party 10AM-1PM
15	16	17	18  Nutrition Coaching Talk 2PM	19  Red Party 10AM-1PM
22	23	24  Thanksgiving Party 10AM-1PM	25 	26 
29	30	31	01  Nutrition Coaching Talk 2PM	02  Hello December & B-Day Party 10:30AM- 2PM

MARGATE LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations, Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED TRANSPORTATION?
QUESTIONS?

Call Us: 305-930-9341

OUR ADDRESS:
6101 W Atlantic Blvd
Suite 103
Margate, FL 33063

IMPORTANT INFORMATION FOR THOSE ATTENDING

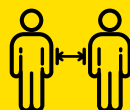


STAY HOME IF SICK

WEAR A MASK



STAY 6FT APART



WASH HANDS

