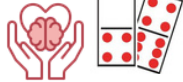


AUGUST 2026 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
3  INDIVIDUAL THERAPY	4  KARAOKE 10A EXERCISES 11A	5  EMOTIONAL THERAPY 10A DOMINO 11A	6  ZUMBA 10A BINGO 11A	7  WELCOME NEW PATIENT 9AM
10  INDIVIDUAL THERAPY	11  ART AND CRAFT 10AM EXERCISES 11A	12  EMOTIONAL THERAPY 10A CHAIR EXERCISE 11A	13  ZUMBA 10A BINGO 11A	14  SUMMER VIBES 9AM
17  INDIVIDUAL THERAPY	18  NUTRITION 10A EXERCISES 11A	19  EMOTIONAL THERAPY 10A BOARD GAMES 11A	20  ZUMBA 10A BINGO 11A	21  WEAR YOUR FAVORITE COLOR 9AM
24  INDIVIDUAL THERAPY	25  KARAOKE 10A EXERCISES 11A	26  EMOTIONAL THERAPY 10A DOMINO 11A	27  ZUMBA 10A BINGO 11A	28  AUGUST BIRTHDAY'S 9AM
31  INDIVIDUAL THERAPY				

GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
3387 S. Jog Rd, Suite 106
Greenacres, FL 33467

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**



UPCOMING EVENTS

SENIORS

HEALTHY
SNACKS
WILL BE
SERVED!



FRIDAY

AUGUST

07

10:00 AM

WELCOME NEW PATIENT

JOIN US FOR:

- Meet Our Team
- Community & Support
- Refreshments
- Giveaways & More!

WELCOME
TO OUR
COMMUNITY!

HEALTHY
SNACKS
WILL BE
SERVED!

FRIDAY

AUGUST

14

10:00 AM

SUMMER VIBES

JOIN US FOR:

- Music & Fun
- Games & Activities
- Raffles & Prizes
- Healthy Snacks
- And much more!

HEALTHY
SNACKS
WILL BE
SERVED!

FRIDAY

AUGUST

21

10:00 AM

WEAR YOUR FAVORITE COLOR

JOIN US FOR:

- Music & Fun
- Games & Activities
- Raffles & Prizes
- Healthy Snacks
- And much more!

HEALTHY
SNACKS
WILL BE
SERVED!

FRIDAY

AUGUST

28

10:00 AM

AUGUST BIRTHDAY CELEBRATION!

JOIN US FOR:

- Birthday Celebrations
- Music & Fun
- Games & Activities
- Raffles & Prizes
- Healthy Snacks
- And much more!

HEALTHY
SNACKS
WILL BE
SERVED!



3387 S. Jog Rd, Suite 106,
Greenacres, FL 33467



561-633-1484
INDIRA SANTANA

Your wellness
is our mission!

