

DECEMBER 2025 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
1  INDIVIDUAL THERAPY	2  KARAOKE 10A EXERCISES 11A	3  EMOTIONAL THERAPY 10A BOARD GAMES 11A	4  ZUMBA 10A BINGO 11A	5  Hello DECEMBER WELCOME NEW PATIENT 9AM
8  INDIVIDUAL THERAPY	9  POETRY CLASS 10AM EXERCISES 11A	10  EMOTIONAL THERAPY 10A CHAIR EXERCISE 11A	11  ZUMBA 10A BINGO 11A	12  UGLY SWEATER 9AM
15  INDIVIDUAL THERAPY	16  ART AND CRAFT 10AM EXERCISES 11A	17  EMOTIONAL THERAPY 10A BOARD GAMES 11A	18  MERRY CHRISTMAS 9AM	19 
22  INDIVIDUAL THERAPY	23  KARAOKE 10A EXERCISES 11A	24  CLOSED FOR Holidays WE WISH YOU A Merry Christmas!	25  CLOSED FOR Holidays WE WISH YOU A Merry Christmas!	26  NEW YEAR'S EVE 9AM
29  INDIVIDUAL THERAPY	30  KARAOKE 10A EXERCISES 11A	31  CLOSED FOR NEW YEARS		

GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
3387 S. Jog Rd, Suite 106
Greenacres, FL 33467

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS





NEW YEAR'S EVE



MedFlorida
Wellness Centers