

JULY 2026 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
		1  EMOTIONAL THERAPY 10A DOMINO 11A	2  4TH OF JULY 9AM	4  CLOSED FOR HOLIDAY
6  INDIVIDUAL THERAPY	7  ART AND CRAFT 10AM EXERCISES 11A	8  EMOTIONAL THERAPY 10A CHAIR EXERCISE 11A	9  ZUMBA 10A BINGO 11A	10  BAZAR DAY 9AM
13  INDIVIDUAL THERAPY	14  NUTRITION 10A EXERCISES 11A	15  EMOTIONAL THERAPY 10A BOARD GAMES 11A	16  ZUMBA 10A BINGO 11A	17  COLOMBIA INDEPENDENCE 9AM
20  INDIVIDUAL THERAPY	21  KARAOKE 10A EXERCISES 11A	22  EMOTIONAL THERAPY 10A DOMINO 11A	23  ZUMBA 10A BINGO 11A	24  SAILOR'S 9AM
27  INDIVIDUAL THERAPY	28  ART AND CRAFT 10AM EXERCISES 11A	29  EMOTIONAL THERAPY 10A CHAIR EXERCISE 11A	30  ZUMBA 10A BINGO 11A	31  Happy Birthday JUNE'S BIRTHDAY 9AM

GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
3387 S. Jog Rd, Suite 106
Greenacres, FL 33467

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Call Indira TEL: 561-633-1484